

the Best Care for Mom & Dad

LAUGHTER & FUN... “ACAPULCO” STYLE



An outing to Acapulco Mexican Grill for supper was a fun night last month. Some of our great staff joined us! Laughter, drinks, and good food was enjoyed by all those that attended. We look forward to our next adventure!

On April 27th, at 5 p.m. the Long Term Care Ombudsman will be at our facility to give a presentation to residents, families, and staff. She will be discussing residents' rights and other duties of the ombudsman. Be sure to mark your calendars and plan to join us!

Looking forward: May 14-20 is National Nursing Home Week!



Residents John Martin & Betty Volkman were just a few who joined us in the Mexican fare for an offsite adventure!

DEMENTIA SERIES: 1 OF 3

Providing Person-Centered Care for People with Dementia

Dementia in itself is not a disease, but loss of memory and other mental abilities that affect daily life—it is a series of symptoms that accompany a disease. ***"Dementia is a shift in the way a person experiences the world around him/her."***

Our staff receive ongoing dementia training to provide the best possible care for our residents. Part of their training involves providing person centered care. This includes:

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| 1. Focusing on people living with dementia first and foremost <i>as individuals.</i> | 2. Valuing social interactions and <i>bringing out the best</i> in each resident. | 3. Understanding the world <i>from the perspective of the individual.</i> |
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SAUNDERS
MEDICAL CENTER

Long Term Care



Making The Difference!

♥ KATHY HAGAMAN

Kathy's hometown is Wahoo, she is the oldest of three siblings and has worked at SMC for 33 years! As a Medication Aide she helps residents stay comfortable, clean and everything in between!

THE BEST PART OF MY JOB

I love to make a difference in residents' lives....especially BEING FAMILY to those who have none.

MY FAMILY

I have 2 grown children: 1 girl and 1 boy. My daughter is getting married in May. I love having time with them, along with movies nights with my grandson! All of my family live close by so we see each other a lot.

OUTSIDE INTERESTS

I like hiking, biking and gardening. I love the outdoors! My favorite vacation spot is Colorado.

Pictured above is resident Ginny Schirmer with Kathy.