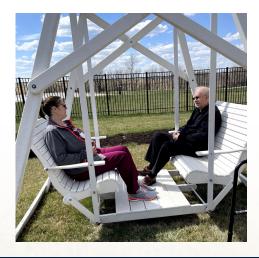
MAY 2024 | NEWSLETTER

the Best Care for Mom Et Dad

It's Gutdoor & Swing Time!

We have been so blessed with a few warmer weather days this past month! We were able to enjoy a swing ride, wine and cheese and watching the Solar Eclipse. Thank you Mother Nature.







May is Mental Health Awareness Month

Reach out to your older friends and loved ones. Let them know that you







We encourage everyone to nurture connections with loved ones, explore a new hobby, or volunteer for something you care about. Staying engaged is great for mental well-being.





Making The Difference

VICTORIA COLEMAN

HOMETOWNBroken Bow, Nebraska

JOB OVERVIEW I have worked at SMC-Long Term Care as a CNA for about a year.

BEST PART OF MY JOB Getting to see the residents and making a difference in their lives.

SOMETHING I'D LIKE TO ACCOMPLISH I would like to go back to

college and get my nursing degree.

OUTSIDE INTERESTS

I enjoy being outside and spending time with my son. I currently play on a sand volleyball team.

FAVORITE MOVIE

Cars—My son loves to watch it with me.

SOMETHING NOT EVERY-ONE MAY KNOW

I have never stayed in one house for more than four years.

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Saturday	Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk	Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk	Magazine/ 18	Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk	Magazine/ 25 Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk	Activities and start times are subject to change without notice. Please see the markerboard in the front entrance for updated changes.
Friday	9:15 Morning 3 Movers with Deanne 10:00 Donut Debate 11:45 Daily Perk 1:30 Kentucky Derby Celebration	9:15 Morning 10 Movers with Deanne 10:00 Busy Bakers 11:45 Daily Perk 2:00 Ladies Event: Muffins and Mimosas	17	!! ents.	9:15 Morning 24 Movers with Deanne 10:00 Busy Bakers 11:45 Daily Perk 1:30 Pretty Nails	
Thursday	9:15 Morning 2 Movers with Deanne 10:15 Trivia 11:45 Daily Perk 2:00 Crazy Crafters	9:15 Morning 9 Movers with Deanne 10:15 Trivia 11:45 Daily Perk 1:30 Pretty Nails	16	Celebrating National Skilled Nursing Care Week!!! ### 12-18th, 2024 Please refer to separate calendar for schedule of events.	9:15 Morning 23 g Movers with Deanne 10:15 Trivia 11:45 Daily Perk 1:00 Outing to Willow Point Gallery/ Museum (x4 spots)	9:15 Morning 30 Movers with Deanne 10:15 Trivia 11:45 Daily Perk 1:00 Outing to Willow Point Gallery/ Museum (x4 spots)
Wednesday	9:15 Morning Movers with Deanne 10:15 Crazy Crafters 11:45 Daily Perk 1:00 Live Well Go Fish Outing 6:45 10-Point Pitch	9:15 Morning 8 Movers with Deanne 10:15 Tabletop Games 11:45 Daily Perk 1:30 Resident Council 6:45 10-Point Pitch	15	lational Skilled Nurs May 12–18th, 2024 parate calendar for	9:15 Morning 22 Movers with Deanne 10:15 Board Games 11:45 Daily Perk 6:45 10-Point Pitch	9:15 Morning 29 Movers with Deanne 10:15 Scrabble 11:45 Daily Perk 2:00 Crazy Crafters 6:45 10-Point Pitch
Tuesday	-Happy- Birthday Berneta B 4th Shirley T 16th	9:15 Morning 7 Movers with Deanne 11:45 Daily Perk 12:15 Food Committee Meeting 2:30 *Special* Bingo	14	Selebrating Nation of the second of the seco	9:15 Morning 21 Movers with Deanne 10:00 Merry Makers Presents: Bill Chrastil 11:45 Daily Perk 2:30 Bingo	9:15 Morning 28 Movers with Deanne 10:30 Men's Club 11:45 Daily Perk 2:30 Birthday Bingo
Monday	May 2024	9:00 Catholic Mass 6 9:30 Morning Movers with Deanne 11:45 Daily Perk 1:30 "What's Poppin" 2:00 Card Sharks	13	Plea	9:00 Catholic 20 Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 1:00 Scatter Joy Acres Animal Visits 2:00 Card Sharks	11:45 Daily Perk 27 2:00 Card Sharks
Sunday	May	Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship GINKO de Mayo	Magazine/ 12	Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship HAPPY DAY	Magazine/ 19 Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship	Magazine/ 26 Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk





Covid-19 Note—
Covid-19 continues to spread throughout the community. Please consider and discuss the new Covid vaccine with your physician. Please protect our residents by not visiting if you have ANY symptoms of Covid or have tested positive for Covid recently.