

the best care for Mom & Dad

Soaking in the Sunshine

The new Lurine B. Little Sunroom also known as “The Little Sunroom,” is officially open and in use. We have loved soaking in the sunshine while playing cards, reading books and doing small group activities. We would love to extend our thanks to everyone involved from the donors to the builders.



Making the Difference

♥ JOEL SCHRADER

HOMETOWN
Ashland, Nebraska

JOB OVERVIEW
I have worked in Long Term care for one year and three months as a Certified Nursing Assistant. The best part of my job is knowing that I've helped someone, somehow, in a tangible way.

FAVORITE ACTIVITY WITH RESIDENTS
Playing a game of catch/toss with a balloon or ball. It's great to practice coordination and teamwork.

FAMILY
My family consists of my two wonderful parents, both of whom are veterinarians, and soon I will be wed to my fantastic fiancé.

GOALS
This August I will begin classes at UNMC to become a Physician Assistant. This is one of my most critical long-term goals.

BEST VACATION SPOT
Ouachita National Forest in Arkansas. I find a lot of pleasure in being outdoors.

New Year, New Directives

INFORMATION MEETINGS **Feb 3rd or 11th • 6-7pm**

Join us for dinner and education on advance directives, code status, and holding family conversations on goals of care. RSVP for this important meeting!

Wahoo Public Library
637 N Maple Street « Wahoo, NE





























RSVP above or
call Candi at
(402) 443-1427

Hosted by **Haley Monhollon** BSN RN, DNP-FNP
Student at Nebraska Methodist College as a
part of a Doctoral Project in partnership with
Saunders Medical Center

February 2026

HAPPY
FEBRUARY
BIRTHDAY!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																					
<p>1</p> <p>8:30 Daily Perk 10:30 Mass on EWTN 1:30 Worship</p> 	<p>2</p> <p>8:30 Daily Perk 9:00 Catholic Mass 9:30 Morning Movers with Deanne 9:30 Rosary 2:30 Bingo 3:15 Carrot Cake Social</p> 	<p>3</p> <p>8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 12:15 Food Committee Meeting 1:30 Pretty Nails 2:00 Card Sharks</p>	<p>4</p> <p>8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Scrabble 2:00 Crazy Crafters 6:45 10-Point Pitch</p>	<p>5</p> <p>8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Trivia 2:00 Merry-makers Presents: Bill Chrastil</p> 	<p>6</p> <p>8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 2:00 Super Bowl Party 6:45 10-Point Pitch</p> 	<p>7</p> <p>8:30 Daily Perk 10:00 Card Sharks</p>	<p>8</p> <p>8:30 Daily Perk 10:30 Mass on EWTN</p> 	<p>9</p> <p>8:30 Daily Perk 9:00 Catholic Mass 9:30 Morning Movers with Deanne 9:30 Rosary 2:30 Bingo 3:15 Pizza Party</p>	<p>10</p> <p>8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Worship with Pastor Emily Cannon 1:30 Pretty Nails 2:00 Card Sharks</p> 	<p>11</p> <p>8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Board Games 1:30 Resident Council 2:00 Crazy Crafters 6:45 10-Point Pitch</p>	<p>12</p> <p>8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Trivia 2:00 Balloon Volleyball</p>	<p>13</p> <p>8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Busy Bakers 10:00 Rosary W/ Charlie 2:00 Music with Johnny Ray Gomez 3:00 Cupid Floats 6:45 10-Point Pitch</p>	<p>14</p> <p>8:30 Daily Perk 10:00 Card Sharks</p> <p>HAPPY Valentine's DAY</p>	<p>15</p> <p>8:30 Daily Perk 10:30 Mass on EWTN</p> 	<p>16</p> <p>8:30 Daily Perk 9:00 Catholic Mass 9:30 Morning Movers with Deanne 9:30 Rosary 1:30 Worship with Pastor Bob Hayden 2:30 Bingo</p> 	<p>17</p> <p>8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 1:30 Pretty Nails 2:00 Card Sharks 2:00 Kings Cake Social</p> 	<p>18</p> <p>8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 1:30 Craft W/ Deb & Jaclyn 1:30 Men's Club W/ Gary 6:45 10-Point Pitch</p> 	<p>19</p> <p>8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Trivia 1:30 Afternoon Devotion and Worship with Audrey</p> 	<p>20</p> <p>8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Women's Group 2:00 Muffins and Mimosas 6:45 10-Point Pitch</p>	<p>21</p> <p>8:30 Daily Perk 10:00 Card Sharks</p>	<p>22</p> <p>8:30 Daily Perk 10:30 Mass on EWTN 1:30 Worship</p> 	<p>23</p> <p>8:30 Daily Perk 9:00 Catholic Mass 9:30 Morning Movers with Deanne 9:30 Rosary 2:30 Birthday Bingo</p>	<p>24</p> <p>8:30 Daily Perk 9:00 Hand Massages with Sandi Hohn 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 1:30 Pretty Nails 2:00 Card Sharks</p>	<p>25</p> <p>8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Board Games 1:30 Activity with Deanne 6:45 10-Point Pitch</p>	<p>26</p> <p>8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Trivia Activity TBD</p>	<p>27</p> <p>8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Busy Bakers 10:00 Rosary W/ Charlie 2:00 Strawberry Shortcakes 6:45 10-Point Pitch</p> 	<p>28</p> <p>8:30 Daily Perk 10:00 Card Sharks</p>
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Project of the
Month:

Valentines for
loved ones



**Activities and
start times are
subject to change
without notice.
Please see the
markerboard in
the front
entrance for
updated changes.**



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Covid-19 Note--

Covid-19 continues to spread throughout the community. Please consider and discuss the new Covid vaccine with your physician. Please protect our residents by not visiting if you have ANY symptoms of Covid or have tested positive for Covid recently.



Award-Winning Care, Close to Home

Saunders Medical Center Long Term Care Earns 5-Star Rating from U.S. News & World Report

Saunders Medical Center Long Term Care in Wahoo, Nebraska, has been recognized by **U.S. News & World Report** with an **overall rating of 5 out of 5** and a designation of **High Performing in Long-Term Care**—a distinction that reflects excellence in resident care, safety, and outcomes.

This recognition highlights the dedication of our care teams who provide **short-term rehabilitation and long-term care** in a warm, supportive environment. With just **60 beds**, our county-owned facility offers a more personal approach—where residents are known, families are welcomed, and care is tailored to individual needs.

Saunders Medical Center Long Term Care participates in **Medicare and Medicaid** and serves individuals who need recovery support following illness or surgery, as well as those seeking long-term, compassionate care close to home.

Above all, this honor reflects what matters most to us: providing trusted, high-quality care for our community—today and for generations to come.

[See full article at SaundersMedicalCenter.com/skilled-and-long-term-care/awards.html](https://saundersmedicalcenter.com/skilled-and-long-term-care/awards.html)

Award-Winning Care

close to home



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MEDICAL CENTER
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BEST
NURSING HOMES

& WORLD REPORT
U.S. News

LONG-TERM CARE
2026



Scan Me

Short-term rehab and long-term care—
Rated **5 out of 5 Stars** and recognized
as **High Performing**.