

FEBRUARY 2026

# the best care for Mom & Dad



## Soaking in the Sunshine

The new Lurine B. Little Sunroom also known as "The Little Sunroom," is officially open and in use. We have loved soaking in the sunshine while playing cards, reading books and doing small group activities. We would love to extend our thanks to everyone involved from the donors to the builders.



## New Year, New Directives

INFORMATION MEETINGS **Feb 3rd or 11th • 6-7pm**

Join us for dinner and education on advance directives, code status, and holding family conversations on goals of care. RSVP for this important meeting!

**Wahoo Public Library**  
637 N Maple Street • Wahoo, NE



RSVP above or  
call Candi at  
**(402) 443-1427**

Hosted by **Haley Monhollon** BSN RN, DNP-FNP  
Student at Nebraska Methodist College as a  
part of a Doctoral Project in partnership with  
Saunders Medical Center



LTC@smcne.com **402 443-4685**  
1760 County Road J, Wahoo, NE 68066



## Making the Difference

♥ **JOEL SCHRADER**

**HOMETOWN**  
Ashland, Nebraska

**JOB OVERVIEW**  
I have worked in Long Term care for one year and three months as a Certified Nursing Assistant. The best part of my job is knowing that I've helped someone, somehow, in a tangible way.

### FAVORITE ACTIVITY WITH RESIDENTS

Playing a game of catch/toss with a balloon or ball. It's great to practice coordination and teamwork.

### FAMILY

My family consists of my two wonderful parents, both of whom are veterinarians, and soon I will be wed to my fantastic fiancé.

### GOALS

This August I will begin classes at UNMC to become a Physician Assistant. This is one of my most critical long-term goals.

### BEST VACATION SPOT

Ouachita National Forest in Arkansas. I find a lot of pleasure in being outdoors.

# February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 Daily Perk 10:30 Mass on EWTN 1:30 Worship	8:30 Daily Perk 9:00 Catholic Mass 9:30 Morning Movers with Deanne 9:30 Rosary 9:30 Bingo 3:15 Carrot Cake Social	2 8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 12:15 Food Committee Meeting 1:30 Pretty Nails 2:00 Card Sharks	3 8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Scrabble 2:00 Crazy Crafters 6:45 10-Point Pitch	4 8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Trivia 2:00 Merrymakers Presents: Bill Chastil	5 8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Trivia 2:00 Merrymakers Presents: Bill Chastil	6 8:30 Daily Perk 10:00 Card Sharks
8:30 Daily Perk 10:30 Mass on EWTN	8:30 Daily Perk 9:00 Catholic Mass 9:30 Morning Movers with Deanne 9:30 Rosary 9:30 Bingo 3:15 Pizza Party	9 8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Worship with Pastor Emily Cannon 1:30 Pretty Nails 2:00 Card Sharks	10 8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Board Games 1:30 Resident Council 2:00 Crazy Crafters 6:45 10-Point Pitch	11 8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Trivia 2:00 Balloon Volleyball	12 8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Trivia 2:00 Cupid Floats 6:45 10-Point Pitch	13 8:30 Daily Perk 10:00 Card Sharks
8:30 Daily Perk 10:30 Mass on EWTN	8:30 Daily Perk 9:00 Catholic Mass 9:30 Morning Movers with Deanne 9:30 Rosary 9:30 Bingo 3:15 Pizza Party	14 *HAPPY* PRESIDENT'S DAY*	15 8:30 Daily Perk 9:00 Catholic Mass 9:30 Morning Movers with Deanne 9:30 Rosary 1:30 Worship with Pastor Bob Hayden 2:30 Bingo	16 8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 1:30 Pretty Nails 2:00 Card Sharks 2:00 Kings Cake Social	17 8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 1:30 Craft W/Deb & Jaclyn 1:30 Men's Club W/ Gary 6:45 10-Point Pitch	18 8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Trivia 1:30 Afternoon Devotion and Worship with Audrey
8:30 Daily Perk 10:30 Mass on EWTN	8:30 Daily Perk 9:00 Catholic Mass 9:30 Morning Movers with Deanne 9:30 Rosary 9:30 Bingo	19 8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Trivia 1:30 Afternoon Devotion and Worship with Audrey	20 8:30 Daily Perk 10:00 Card Sharks	21 8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Women's Group 2:00 Muffins and Mimosas 6:45 10-Point Pitch	22 8:30 Daily Perk 9:00 Catholic Mass 9:30 Morning Movers with Deanne 9:30 Rosary 2:30 Birthday Bingo	23 8:30 Daily Perk 9:15 Hand Massages with Sandi Hohn 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 1:30 Pretty Nails 2:00 Card Sharks
8:30 Daily Perk 10:30 Mass on EWTN 1:30 Worship	24 8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Board Games 1:30 Activity with Deanne 6:45 10-Point Pitch	25 8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Trivia 1:30 Activity with Deanne 6:45 10-Point Pitch	26 8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Trivia Activity TBD	27 8:30 Daily Perk 10:00 Card Sharks	28 8:30 Daily Perk 9:15 Morning Movers with Deanne 10:00 Rosary W/ Charlie 10:15 Trivia 2:00 Strawberry Shortcakes 6:45 10-Point Pitch	29 8:30 Daily Perk 10:00 Card Sharks

HAPPY  
FEBRUARY  
BIRTHDAY!



Jerry N. - 2nd  
Martha H. - 3rd  
Dorothy O. - 4th  
Jo F. - 4th  
Ann Y. - 6th  
Barbara S. - 6th  
Dee P. - 7th  
Norma C. - 9th  
Carla K. - 13th  
Margaret F. - 16th  
Karla D. - 17th

Project of the Month:

Valentines for loved ones



Activities and start times are subject to change without notice. Please see the markerboard in the front entrance for updated changes.



## Award-Winning Care, Close to Home

Saunders Medical Center Long Term Care Earns 5-Star Rating from U.S. News & World Report

Saunders Medical Center Long Term Care in Wahoo, Nebraska, has been recognized by U.S. News & World Report with an **overall rating of 5 out of 5** and a designation of **High Performing in Long-Term Care**—a distinction that reflects excellence in resident care, safety, and outcomes.

This recognition highlights the dedication of our care teams who provide **short-term rehabilitation and long-term care** in a warm, supportive environment. With just **60 beds**, our county-owned facility offers a more personal approach—where residents are known, families are welcomed, and care is tailored to individual needs.

Saunders Medical Center Long Term Care participates in **Medicare and Medicaid** and serves individuals who need recovery support following illness or surgery, as well as those seeking long-term, compassionate care close to home.

Above all, this honor reflects what matters most to us: providing trusted, high-quality care for our community—today and for generations to come.

*See full article at [SaundersMedicalCenter.com/skilled-and-long-term-care/awards.html](http://SaundersMedicalCenter.com/skilled-and-long-term-care/awards.html)*

# Award-Winning Care close to home



**Saunders**  
MEDICAL CENTER  
*Skilled & Long Term Care*



 Scan Me

Short-term rehab and long-term care—  
Rated **5 out of 5 Stars** and recognized  
as **High Performing**.