

the *Best Care* for *Mom & Dad*



family time

Family Harvest Festival was held October 11, 2018. Residents and families enjoyed dinner and entertainment. The evening was filled with smiles, laughter, good food and conversation. Music was provided by Pam Kragt of Lavista, NE. Thank you to everyone who was able to attend and spend time with your family.

Healthy Lung Day is Friday, November 16

November is National COPD Awareness Month. Chronic Obstructive Pulmonary Disease (COPD) includes emphysema, chronic bronchitis, and refractory asthma.

Join us from 8-11am at Saunders Medical Center for this free event to learn more about:

**Smoking Cessation Class Sleep Studies CPAP Equipment
Oxygen Supplies Free Blood Pressure Checks Health & Wellness
Refreshments Raffle Prizes!**



Saunders
MEDICAL CENTER
Skilled & Long Term Care



Making The Difference!

♥ HEATHER MOERKER

Home Town
Ithaca, NE

WHAT DEPARTMENT
DO YOU WORK IN?

LTC, I just recently accepted the position of Life Enrichment Assistant!

WHAT IS THE BEST PART
OF YOUR JOB?

Spending time with the residents. I leave work every day knowing that I've helped someone and made their day better.

TELL US ABOUT YOUR FAMILY

I have a daughter, Braylynn, who is 6 years old, and a son, Braxton, who is 1. I also have a fiancé, Robert.

WHAT IS SOMETHING YOU'D
LIKE TO ACCOMPLISH?




I'd like to finish school and become a Physician Assistant.

WHAT ARE YOUR OUTSIDE
INTERESTS?

I love to spend time with my kids and family.

WHAT IS YOUR FAVORITE
VACATION SPOT?

I love going to Florida.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	 <p>Mary Ann Schense - 1st Mable Bortz - 3rd Rose Nelson - 12th Marcella Meduna - 16th Merlin Davis - 16th</p>					Magazine/Newspaper Articles 3 Self Directed Activity Magazine/Newspaper Articles Family Visits 11:00 Husker Football 6:00 Reno's Old Time Music
	Magazine/Newspaper Articles 4 Family Visits 10:30 Mass on channel 55 1:30 Worship with First Presbyterian Church 7:00 Hee Haw Show	Magazine/Newspaper Articles 5 Sister Elizabeth Visits Family Visits 9:30 Catholic Mass 10:00 Rosary 2:30 Bingo 3:15 Ice Cream Social	Magazine/Newspaper Articles 6 Family Visits 10:00 Donut Debate 10:30 Namaste Care / One to Ones 2:30 Large Motor Games 6:30 The Jimmy Dean Show	Magazine/Newspaper Articles 8 Family Visits 11:00 Bible Study with Connie 2:30 Nails	Magazine/Newspaper Articles 9 Family Visits 10:00 Busy Bakers 3:00 Happy Hour	Magazine/Newspaper Articles 10 Self Directed Activity Magazine/Newspaper Articles Family Visits Afternoon: Husker Football 6:00 Reno's Old Time Music
	Magazine/Newspaper Articles 11 Family Visits 10:30 Mass on channel 55 1:30 Worship with Tim Martinal Our Redeemer Lutheran Church 7:00 Hee Haw Show 	Magazine/Newspaper Articles 12 Sister Elizabeth Visits Family Visits 9:30 Catholic Mass 10:00 Rosary 2:30 Bingo 3:15 Ice Cream Social	Magazine/Newspaper Articles 13 Family Visits 10:00 Donut Debate 10:30 Namaste Care / One to Ones 2:20 Third Grade Readers 6:30 The Jimmy Dean Show	Magazine/Newspaper Articles 15 Family Visits 11:00 Bible Study with Connie 1:00 Residents Council 2:30 Cards	Magazine/Newspaper Articles 16 Family Visits 2:30 Marcy's Merry Musicians 3:00 Happy Hour 10:00 Busy Bakers	Magazine/Newspaper Articles 17 Self Directed Activity Magazine/Newspaper Articles Family Visits Afternoon: Husker Football 6:00 Reno's Old Time Music
Magazine/Newspaper Articles 18 Family Visits 10:30 Mass on channel 55 1:30 Worship with Brian Kottas Ceresco United Methodist Church 7:00 Hee Haw Show	Magazine/Newspaper Articles 19 Sister Elizabeth Visits Family Visits 9:30 Catholic Mass 10:00 Rosary 2:30 Bingo 3:15 Ice Cream Social	Magazine/Newspaper Articles 20 Family Visits 10:00 Donut Debate 10:30 Namaste Care / One to Ones 2:30 Merry Makers Presents Billy Troy 6:30 The Jimmy Dean Show	Magazine/Newspaper Articles 21 Family Visits 9:30 Silly Crafters Nails	Family Visits 	Magazine/Newspaper Articles 23 Family Visits Decorating For the Holidays 10:00 Busy Bakers 11:00 Husker Football	Magazine/Newspaper Articles 24 Self Directed Activity Family Visits Magazine/Newspaper Articles 6:00 Reno's Old Time Music
Magazine/Newspaper Articles 25 Family Visits 10:30 Mass on channel 55 1:30 Worship with Kris Bohac Bethlehem Lutheran Church 7:00 Hee Haw Show	Magazine/Newspaper Articles 26 Sister Elizabeth Visits Family Visits Magazine/Newspaper Articles 9:30 Catholic Mass 10:00 Rosary 2:30 Bingo 3:15 Ice Cream Social	Magazine/Newspaper Articles 27 Family Visits 10:00 Donut Debate 10:30 Namaste Care / One to Ones 6:30 The Jimmy Dean Show More Decorating for the Holidays	Magazine/Newspaper Articles 28 Family Visits Magazine/Newspaper Articles 10:30 Large Motor Exercise/Game 2:30 Silly Crafters	Magazine/Newspaper Articles 29 Family Visits Magazine/Newspaper Articles 11:00 Bible Study with Connie 2:30 What's in the Box? with Karen	Magazine/Newspaper Articles 30 Family Visits 10:00 Busy Bakers 1:30 Movie with Deanne and Sarah in Conference Room A&B	

I ♥ MY HOME
nursing
TOURS DAILY!
443-4685

If you would like to **tour our facility** or **be on our mailing list** to receive our newsletter & calendar, please call Karen at **402 443-4685** or email Angela at **LTC@smcne.com**.



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