

the *Best Care* for *Mom Et Dad*



Making The Difference

♥ BETHANY STUART

HOMETOWN
Ceresco, Nebraska

JOB OVERVIEW
I am a CNA at Long Term Care. The best part of my job is forming a connection with each resident.

I SEE THE RESIDENTS SMILE
When it's time for BINGO! Also, as we visit with them and listen to their stories.

FAMILY
My dad, Chris, is an electrician and my mom, Angela, works in the Lab at SMC. I have 2 older sisters- Kayleigh and Hannah, and a 5-month-old niece, Sage Hope.

SOMETHING I'D LIKE TO ACCOMPLISH
Become a Registered Nurse.

NOT EVERYONE MAY KNOW
I'm really good at Wonderbowl.



Fun at Wanhoo

With summer coming to an end, we would like to take a moment and thank David and his team with *Live Well. Go Fish.* for all the fun that was had this year on the water. We celebrated Hawaiian day, with tons of bubbles, frogs and catching fish! It's always a good time on Lake Wanhoo.



Stay Healthy and Prevent the Spread of Flu this Season

In preparation for the flu season, here are some things we can all do to stay healthy and prevent the spread of illness.

- Get a flu vaccine;
- Clean frequently touched surfaces;
- Wash your hands with soap and water for 20 seconds;

Most importantly, if you are feeling under the weather, stay home and get the rest you need.

Be Well.



Saunders
MEDICAL CENTER
Skilled & Long Term Care

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship</p>	<p>2</p> <p>Magazine/ Newspaper Articles 9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 1:30 Pretty Nails 2:00 Card Sharks</p>	<p>3</p> <p>Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 11:45 Daily Perk 1:30 Resident Council 2:30 Bingo</p>	<p>4</p> <p>Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 11:45 Daily Perk 2:00 Merry-makers presents: Joyce Torchia 6:45 10-point Pitch </p>	<p>5</p> <p>Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:45 TriVia 11:45 Daily Perk 2:00 Sunshine Club (2-3p)</p>	<p>6</p> <p>Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:00 Donut Debate 11:45 Daily Perk 12:30 Food Committee 2:00 Sunshine Club (2-3p) 7:00 FOOTBALL: Huskers VS Illinois (Away)</p> 	<p>7</p> <p>Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk</p>
<p>8</p> <p>Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship</p>	<p>9</p> <p>Magazine/ Newspaper Articles 9:00 Catholic Mass 9:30 Morning Movers with Deanne 10:30 Sunshine Club (10:30a-11:15a) 11:45 Daily Perk 2:00 Card Sharks</p>	<p>10</p> <p>Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 11:00 Lunch outing -Acapulco (Rescheduled Trip) 11:45 Daily Perk 2:00 Sunshine Club (2-3p) </p>	<p>11</p> <p>Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 11:45 Daily Perk 2:30 Bingo 6:45 10-point Pitch</p>	<p>12</p> <p>Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:45 TriVia 11:45 Daily Perk 2:00 Crazy Crafters</p>	<p>13</p> <p>Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:00 Busy Bakers 11:45 Daily Perk 1:30 Pretty Nails </p>	<p>14</p> <p>Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk</p>
<p>15</p> <p>Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship</p>	<p>16</p> <p>Magazine/ Newspaper Articles 9:00 Catholic Mass 9:30 Morning Movers with Deanne 10:30 Sunshine Club (10:30a-11:15a) 11:45 Daily Perk 1:00 Scatter Joy Acres Animal Visits 2:00 Card Sharks</p>	<p>17</p> <p>Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 11:45 Daily Perk 1:30 Pretty Nails</p>	<p>18</p> <p>Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 11:45 Daily Perk 1:30 Saunders Co. Museum (Rescheduled Trip) 6:45 10-point Pitch </p>	<p>19</p> <p>Magazine/ Newspaper Articles 9:00 Messages with Sandi Hohn 9:15 Morning Movers with Deanne 11:45 Daily Perk 2:30 Bingo</p>	<p>20</p> <p>Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:00 Hot Cider & Donuts 11:45 Daily Perk 1:30 Movie Matinee: Hocus Pocus </p>	<p>21</p> <p>FOOTBALL: Huskers VS Northwestern TBD Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk </p>
<p>22</p> <p>Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship</p>	<p>23</p> <p>Magazine/ Newspaper Articles 9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 2:00 Card Sharks</p>	<p>24</p> <p>Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:00 Pumpkin Bowling 11:45 Daily Perk 2:30 Bingo</p>	<p>25</p> <p>Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 11:45 Daily Perk 2:00 Crazy Crafters</p>	<p>26</p> <p>Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:00 Painting Pumpkins 11:45 Daily Perk 2:00 Caramel Apple Bar</p>	<p>27</p> <p>Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:00 Busy Bakers 11:45 Daily Perk 1:30 Pretty Nails </p>	<p>28</p> <p>FOOTBALL: Huskers VS Purdue TBD Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk </p>
<p>29</p> <p>Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship</p>	<p>30</p> <p>Magazine/ Newspaper Articles 9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 2:00 Card Sharks</p>	<p>31</p> <p>Magazine/ Newspaper Articles 9:00 Kindergarten Trick or Treaters 11:45 Daily Perk 2:30 Bingo </p>	<p>Happy Birthday</p> <p>Joann N. - 1st Marian C. - 7th Kathy H. - 16th Herbert H. - 17th Dorothy P. - 18th</p>	<p>Activities and start times are subject to change without notice. Please see the markerboard in the main entrance for updated changes.</p> 		



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I ❤️ MY HOME
 nursing

Keep Your COVID Protection Up to Date

Updated Covid-19 vaccines became available in early September. These shots target a subvariant of omicron which is related to most Covid viruses currently being spread.

The CDC suggests everyone 6 months of age and older should get an updated COVID-19 vaccine.