

GIVING hope

"Always remember: you're braver than you believe, and stronger than you seem, and smarter than you think."

—A.A. Milne

Join us to Walk for MS

Join us for Walk MS: Nebraska 2026 on Saturday, April 25th at Heartland of America Park on The Riverfront in Omaha. The site opens at 9 am; walk starts at 10 am. Our team is **Wahoo MS Cares**

<https://events.nationalmssociety.org/teams/wahoomscares>



Welcome To Our Team

Hi everyone! My name is Lindsey, and I'm excited to be joining the MS Clinic team. I'm a registered nurse with a bachelor's degree in nursing. I have experience in family clinic, inpatient medical-surgical and emergency care nursing. I grew up in Weston, NE, and live near Weston now with my husband and three dogs. Our three dogs keep me active. I'm looking forward to getting to know the MS team and our patients.

—Lindsey Vasa, RN



At Walk MS, friends and family, loved ones and the MS community come together to demonstrate support and solidarity for people with MS — because no one should have to face this disease alone.

Join our team as we rally around those affected by this disease. You'll be part of an inspiring experience and see the impact of your support in the lives of people with MS.



Everyone at Walk MS plays a powerful role in the MS community, whether you live with MS or care about someone who does. The only thing that'll make this event even better is you.



Saunders
MEDICAL CENTER

Be Well.





Please note our new hours—

**Tuesday-Friday
7:30am-4:30pm**

Update on BTK (Bruton Tyrosine Kinase) Inhibitors

The FDA has finished their review of tolebrutinib, and has rejected the approval. We will continue to await study finale of other BTK inhibitors. More information should be released at the Consortium of Multiple Sclerosis Centers (CMSC) in May.



Compassionate Care | MS Clinic

Their Passion for Healing is What Sets Them Apart

At Saunders Medical Center’s MS Clinic, care is personal. It’s small-town, but the impact is big.

Providers like Aaron Bartek, NP-C, MSCS, and Tricia Teeter, APRN-C, MSCS, know that living with MS isn’t one-size-fits-all. They listen, build trust, and work alongside each patient to create a plan that fits real life—right here in the Wahoo community.

Because here, MS care isn’t just about treatment. It’s about people.



YOUR MS CLINIC

Aaron Bartek
NP-C, MSCS

Tricia Teeter
NP-C, MSCS

Alex Weaver
RN

Lindsey Vasa
RN

Stacie Sabatka
Director of Clinics

Janet Spicka
PACS
MS Prior Authorization Specialist



Scan the QR code with your smartphone to join our Facebook Group **Wahoo MS Cares**



Today's tips—

- Please call Linda at 402-443-4191 ext. 486, or Sara ext. 489, with any billing questions.
- **Refills** Please contact your pharmacy for refill requests. Refill requests will be filled Tuesday-Friday. Allow 3-5 business days for refill requests. If the pharmacy requests you call us, please leave a detailed message with dose of medication and pharmacy you would like refill sent to.
- Please continue to register through the **front (south) entrance** for your appointments.
- Please update Janet with any **changes, insurance, medical and pharmacy.**