



The best care for Mom & Dad



Making the Difference

♥ JEN PESEK



HOMETOWN
Omaha, Nebraska

JOB OVERVIEW
I joined the SMC Therapy Department in August 2025 as the Speech Language Pathologist. I perform evaluations and individualized treatments for speech, language, communication, cognitive, voice, and swallowing impairments.

FAVORITE ACTIVITY WITH RESIDENTS
Challenging residents with cognitively engaging activities, focusing on strengths, while challenging their impaired skills, and seeing them succeed!

FAMILY
My husband, Luke, and I have been married for 8 years. We have been blessed with two boys, ages 3 and 4. We live on an acreage and enjoy being outdoors, gardening, camping, fishing, playing and watching sports.

GOALS
Become certified with LSVT Loud and Vital Stimulation, expanding my skills for helping patients.

BEST VACATION SPOT
Ireland

Flowers & Smiles

We would like to thank the Mead and Wahoo FFA chapters for bringing our residents flowers for Valentine's Day! They brought smiles to all!



Dementia Essentials

TIPS FOR VISITING

- Approach the individual from the front so they aren't startled.
- Use a calm tone of voice and friendly expression.
- NEVER argue with an individual who has dementia. No one wins.
- Reassurance, patience, and kindness go a long way!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30am Daily Perk 10:30am Mass on EWTN 1:30pm Worship with Pastor Don White 	2 8:30am Daily Perk 9:00am Catholic Mass 9:30am Morning Movers with Deanne 9:30am Rosary 2:30pm Bingo & Social	3 8:30am Daily Perk 9:15am Morning Movers with Deanne 10:00am Rosary W/ Charlie 12:15pm Food Committee Meeting 1:30pm Pretty Nails 2:00pm Card Sharks	4 8:30am Daily Perk 9:15am Morning Movers with Deanne 10:00am Rosary W/ Charlie 10:15am Scrabble 6:45pm 10-Point Pitch	5 8:30am Daily Perk 9:15am Morning Movers with Deanne 10:00am Rosary W/ Charlie 10:15am Trivia 2:00pm Crazy Crafters	6 8:30am Daily Perk 9:15am Morning Movers with Deanne 10:00am Rosary W/ Charlie 2:00pm Oreo Social 6:45pm 10-Point Pitch 	7 8:30am Daily Perk 10:00am Card Sharks
8 8:30am Daily Perk 10:30am Mass on EWTN 1:30pm Worship with Pastor Scott Carlson 	9 8:30am Daily Perk 9:00am Catholic Mass 9:30am Morning Movers with Deanne 9:30am Rosary 2:30pm Bingo & Social	10 8:30am Daily Perk 9:15am Morning Movers with Deanne 10:00am Rosary W/ Charlie 1:30pm Pretty Nails 2:00pm Card Sharks	11 8:30am Daily Perk 9:15am Morning Movers with Deanne 10:00am Rosary W/ Charlie 10:15am Board Games 1:30pm Resident Council 6:45pm 10-Point Pitch	12 8:30am Daily Perk 9:15am Morning Movers with Deanne 10:00am Rosary W/ Charlie 10:15am Cookie Tasting with Nicole 2:00pm Music with Chris Powell 	13 8:30am Daily Perk 9:15am Morning Movers with Deanne 10:00am Busy Bakers 10:00am Rosary W/ Charlie 2:00pm Men's Club 6:45pm 10-Point Pitch	14 8:30am Daily Perk 10:00am Card Sharks
15 8:30am Daily Perk 10:30am Mass on EWTN	16 8:30am Daily Perk 9:00am Catholic Mass 9:30am Morning Movers with Deanne 9:30am Rosary 2:30pm Bingo & Social	17 8:30am Daily Perk 9:15am Morning Movers with Deanne 10:00am Rosary W/ Charlie 10:15am Worship with Pastor Emily Cannon 1:30pm St. Patty's Day Social 	18 8:30am Daily Perk 9:15am Morning Movers with Deanne 10:00am Rosary W/ Charlie 10:15am Scrabble 2:00pm Merry-makers Presents: Mike McCracken 6:45pm 10-Point Pitch	19 8:30am Daily Perk 9:15am Morning Movers with Deanne 10:00am Rosary W/ Charlie 10:15am Trivia 1:30pm Afternoon Devotion and Worship with Audrey 2:00pm Card Sharks 	20 8:30am Daily Perk 9:15am Morning Movers with Deanne 10:00am Rosary W/ Charlie 10:00am Women's Group 1:30pm 5th Grade Visits 6:45pm 10-Point Pitch HELLO SPRING	21 8:30am Daily Perk 10:00am Card Sharks
22 8:30am Daily Perk 10:30am Mass on EWTN	23 8:30am Daily Perk 9:00am Catholic Mass 9:30am Morning Movers with Deanne 9:30am Rosary 1:30pm Worship with Pastor Bob Hayden 2:30pm Bingo & Social 	24 8:30am Daily Perk 9:15am Morning Movers with Deanne 10:00am Rosary W/ Charlie 1:30pm Pretty Nails 2:00pm Card Sharks	25 8:30am Daily Perk 9:15am Morning Movers with Deanne 10:00am Rosary W/ Charlie 2:00pm Filling Easter Eggs 6:45pm 10-Point Pitch	26 8:30am Daily Perk 9:15am Morning Movers with Deanne 10:00am Rosary W/ Charlie 10:15am Trivia 2:00pm Crazy Crafters	27 8:30am Daily Perk 9:15am Morning Movers with Deanne 10:00am Busy Bakers 10:00am Rosary W/ Charlie 6:45pm 10-Point Pitch Easter Egg Hunt-5pm	28 8:30am Daily Perk 10:00am Card Sharks
29 8:30am Daily Perk 10:30am Mass on EWTN 1:30pm Worship with Pastor Zac Courie 	30 8:30am Daily Perk 9:00am Catholic Mass 9:30am Morning Movers with Deanne 9:30am Rosary 2:30pm Birthday Bingo	31 8:30am Daily Perk 9:15am Morning Movers with Deanne 10:00am Rosary W/ Charlie 1:30pm Pretty Nails 2:00pm Card Sharks	MARCH 2026  Project of the Month: 4-leaf clovers and rainbows for the trees in sunroom.			HAPPY BIRTHDAY! Delores V. - 10th Charlie J. - 11th Donald A. - 11th Sandra B. - 14th Dorothy S. - 15th Marvin D. - 26th Barbara J. - 29th



Covid-19 Note--
 Covid-19 continues to spread throughout the community. Please consider and discuss the new Covid vaccine with your physician. Please protect our residents by not visiting if you have ANY symptoms of Covid or have tested positive for Covid recently.