

Happy New Year!

JANUARY 2023 | NEWSLETTER

the Best Care for Mom Et Dad



Cookie Making!



Grinch Bowling!

Celebrating the Season

We have had sooo much fun celebrating the holidays this year! From the Grinch and Cindy-Lou Who visits to Santa and everything in between.



Visits from Santa, The Grinch & Cindy-Lou Who!



Making The Difference

♥ ALYXANDRA FOLKERS

HOMETOWN

Blair, Nebraska

JOB OVERVIEW

I am a pharmacist at SMC Pharmacy. My job includes filling prescriptions for residents, answering medication questions, and reviewing medications for appropriate use.

BEST PART OF MY JOB

My awesome coworkers and being able to help others.

FAMILY

My fiancé, Ty, and I are getting married in May! We have a cute dog named Myles.

OUTSIDE INTERESTS

Hiking, backpacking, camping, and spending time with family and friends.







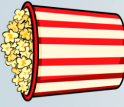



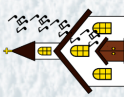

SOMETHING NOT EVERYONE MAY KNOW ABOUT ME

I spent two nights in the bottom of the Grand Canyon.



Saunders
MEDICAL CENTER
Skilled & Long Term Care

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daily Perk Magazine/ Newspaper Articles 10:00 Cards & Games 10:30 Mass on CH. 55 1:30 Worship 	2 Magazine/ Newspaper Articles 8:00 134th Rose Parade 9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 1:30 Short Stories 2:00 Lessons from the Bible Rose Bowl Game 	3 Magazine/ Newspaper Articles 1:1 Visits with Sue 9:15 Morning Movers with Deanne 10:15 Card Sharks 11:45 Daily Perk 1:00 Resident Council 2:30 Bingo	4 Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 11:45 Daily Perk	5 Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:45 Trivia 11:45 Daily Perk	6 Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:00 Busy Bakers 11:45 Daily Perk 1:30 Pretty Nails 	7 Daily Perk Magazine/ Newspaper Articles 10:00 Cards & Games
8 Daily Perk Magazine/ Newspaper Articles 10:00 Cards & Games 10:30 Mass on CH. 55	9 Magazine/ Newspaper Articles 9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 1:30 Devotionals 2:00 Lessons from the Bible	10 Magazine/ Newspaper Articles 1:1 Visits with Sue 9:15 Morning Movers with Deanne 10:15 Card Sharks 11:45 Daily Perk 2:30 Bingo	11 Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 11:45 Daily Perk 1:30 Van Rides- Weather Pending 3:00 Van Rides- Weather Pending	12 Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:45 Trivia 11:45 Daily Perk 1:30 Movie with Jaclyn and Deanne in Hanson A&B 	13 Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:00 Donut Debate 11:45 Daily Perk 1:30 Food Committee 1:30 Pretty Nails 	14 Daily Perk Magazine/ Newspaper Articles 10:00 Cards & Games
15 Daily Perk Magazine/ Newspaper Articles 10:00 Cards & Games 10:30 Mass on CH. 55 1:30 Worship 	16 Magazine/ Newspaper Articles 9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 1:00 Scatter Joy Acres Animal Visits 1:30 Short Stories 2:00 Lessons from the Bible	17 Magazine/ Newspaper Articles 1:1 Visits with Sue 9:15 Morning Movers with Deanne 10:15 Card Sharks 11:45 Daily Perk 2:30 Bingo	18 Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 11:45 Daily Perk 2:00 Crazy Crafters	19 Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:45 Trivia 11:45 Daily Perk 2:00 Popcorn social 	20 Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:00 Busy Bakers 11:45 Daily Perk 1:30 Pretty Nails 	21 Daily Perk Magazine/ Newspaper Articles 10:00 Cards & Games
22 Daily Perk Magazine/ Newspaper Articles 10:00 Cards & Games 10:30 Mass on CH. 55	23 Magazine/ Newspaper Articles 9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 1:30 Devotionals 2:00 Lessons from the Bible	24 Magazine/ Newspaper Articles 1:1 Visits with Sue 9:15 Morning Movers with Deanne 10:15 Card Sharks 11:45 Daily Perk 2:30 Bingo 3:30 Cupcakes & Ice Cream Social 	25 Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 11:45 Daily Perk 2:00 Crazy Crafters	26 Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:45 Trivia 11:45 Daily Perk 2:00 World Traveler	27 Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:00 Donut Debate 11:45 Daily Perk 1:30 Pretty Nails 	28 Daily Perk Magazine/ Newspaper Articles 10:00 Cards & Games
29 Daily Perk Magazine/ Newspaper Articles 10:00 Cards & Games 10:30 Mass on CH. 55 1:30 Worship 	30 Magazine/ Newspaper Articles 9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 1:30 Short Stories 2:00 Lessons from the Bible	31 Magazine/ Newspaper Articles 1:1 Visits with Sue 9:15 Morning Movers with Deanne 10:15 Card Sharks 11:45 Daily Perk 2:30 Bingo 3:30 Hot Chocolate Social	Activities and start times are subject to change without notice. Please see the markerboard in the main entrance for updated changes.		Connie L. - 6th Nancy T. - 10th LeeEtta D. - 15th Sue B. - 18th John K. - 22nd Schellely H. - 22nd	