

the *Best Care* for *Mom Et Dad*



Making The Difference

♥ SARA SORENSEN

HOMETOWN
Elmwood, Nebraska

JOB OVERVIEW
I am a night shift CNA at Long Term Care.

BEST PART OF MY JOB
Connecting with the residents and learning their routines so I can hopefully anticipate their needs.

FAMILY
I am the youngest of four— I have one sister and twin brothers. I currently live with my sister and nieces.

GOAL
I plan to go back to school to become a nurse.

OUTSIDE INTERESTS
I enjoy knitting, crocheting, and cross stitch. When the weather is nice I like flower gardening.

SOMETHING NOT EVERYONE MAY KNOW
I have played violin since I was 9 years old.

FAVORITE VACATION
Tennessee



It's time for ice cream!

We are so lucky to have other staff members volunteer to lead activities for our residents. This month, Deanne, our Restorative Aide, chose to make deep fried ice cream for us to enjoy!



Events That May Interest You—

RSVP online at SaundersMedicalCenter.com/2025

FEB 5 • 6-7PM

Explore practical tools and insights to improve your mental health, manage stress, and cultivate resilience in your everyday life.



Tammy Sassaman

Behavior Health | Counselor

Mental Wellbeing

FEB 12 • 6-7PM

Explore the essentials of navigating today's digital world, including how to stay safe online, use portals and apps, scan QR codes, access restaurant menus, and recognize scams.



TECHNOLOGY TODAY



Carrie Stephens

Director of Information Systems



Saunders
MEDICAL CENTER

Skilled & Long Term Care

FEBRUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2</p> <p>All Day Magazine/ Newspaper Articles 10:30 Mass on EWTN 11:45 Daily Perk 1:30 Worship</p>	<p>3</p> <p>9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 2:00 Birthday Celebration for Jerry 3:30 MerryMakers Presents: Tim Javorsky MerryMakers</p>	<p>4</p> <p>9:15 Morning Movers with Deanne 11:45 Daily Perk 12:15 Food Committee Meeting 2:30 Bingo</p>	<p>5</p> <p>9:15 Morning Movers with Deanne 10:15 Scrabble 11:45 Daily Perk 2:30 Wine and Cheese Social 6:45 10-Point Pitch</p> 	<p>6</p> <p>9:15 Morning Movers with Deanne 10:15 Trivia 11:45 Daily Perk 2:00 Donut Debate</p>	<p>7</p> <p>9:15 Morning Movers with Deanne 11:45 Daily Perk 1:30 Pretty Nails 6:45 10-Point Pitch</p>	<p>8</p> <p>All Day Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk</p>
<p>9</p> <p>All Day Magazine/ Newspaper Articles 10:30 Mass on EWTN 11:45 Daily Perk 1:30 Worship 5:30 Super Bowl: The Chiefs VS The Eagles</p> 	<p>10</p> <p>9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 2:00 Card Sharks</p>	<p>11</p> <p>9:00 Messages with Sandi 9-12p 9:15 Morning Movers with Deanne 11:45 Daily Perk 2:30 Bingo</p>	<p>12</p> <p>9:15 Morning Movers with Deanne 10:15 Board Games 11:45 Daily Perk 1:30 Resident Council 6:45 10-Point Pitch</p>	<p>13</p> <p>9:15 Morning Movers with Deanne 10:00 Pretty Nails 10:15 Trivia 11:45 Daily Perk 1:30 Crafts with Dylan</p>	<p>14</p> <p>9:15 Morning Movers with Deanne 10:00 Magic Show with Jeff Quinn 11:45 Daily Perk 2:00 Music with Nate Becker 6:45 10-Point Pitch</p> 	<p>15</p> <p>All Day Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk</p>
<p>16</p> <p>All Day Magazine/ Newspaper Articles 10:30 Mass on EWTN 11:45 Daily Perk 1:30 Worship</p>	<p>17</p> <p>9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 1:00 Scatter Joy Acres Animal Visits 2:00 Card Sharks</p>	<p>18</p> <p>9:15 Morning Movers with Deanne 10:00 Pretty Nails 11:45 Daily Perk 2:30 Bingo</p>	<p>19</p> <p>9:15 Morning Movers with Deanne 10:15 Scrabble 11:45 Daily Perk 1:30 Movie in Hanson A&B 6:45 10-Point Pitch</p> 	<p>20</p> <p>9:15 Morning Movers with Deanne 10:15 Trivia 11:45 Daily Perk 2:00 Activity with Deanne</p>	<p>21</p> <p>9:15 Morning Movers with Deanne 10:00 Music Entertainment with Othy: Modern Kowboy 11:45 Daily Perk 1:30 5th Grade Visits 6:45 10-Point Pitch</p>	<p>22</p> <p>All Day Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk</p>
<p>23</p> <p>All Day Magazine/ Newspaper Articles 10:30 Mass on EWTN 11:45 Daily Perk 1:30 Worship</p>	<p>24</p> <p>9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 2:00 Card Sharks</p>	<p>25</p> <p>9:15 Morning Movers with Deanne 11:45 Daily Perk 2:30 Birthday Bingo</p>	<p>26</p> <p>9:15 Morning Movers with Deanne 10:15 Board Games 11:45 Daily Perk 2:00 What's Poppin' 6:45 10-Point Pitch</p> 	<p>27</p> <p>9:15 Morning Movers with Deanne 10:15 Trivia 11:45 Daily Perk 2:00 Crazy Crafters</p>	<p>28</p> <p>9:15 Morning Movers with Deanne 10:00 Busy Bakers 11:45 Daily Perk 1:30 Pretty Nails 6:45 10-Point Pitch</p>	<p>29</p> <p>All Day Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk</p>



Covid-19 Note—

Covid-19 continues to spread throughout the community. Please consider and discuss the new Covid vaccine with your physician. Please protect our residents by not visiting if you have ANY symptoms of Covid or have tested positive for Covid recently.

Activities and start times are subject to change without notice. Please see the markerboard in the front entrance for updated changes.