

Please watch
your mail for an
invitation to—



FALL FAMILY
EVENT

SEPTEMBER 2025 | NEWSLETTER

the *Best Care* for *Mom & Dad*



SUNSHINE &
SMILES

We are so happy to have our 5th grade friends from St. Wenceslaus back for monthly visits. This visit consisted of sunshine, smiles and book reading!

A Note from Laundry—

The seasons are changing and so are our wardrobes! As you bring in new clothing for your loved one, please leave them with a Charge Nurse or the Front Desk. We will add the items to their inventory sheet and label them. Also, please take a few minutes to check your loved one's current clothing for items no longer worn or in disrepair. Thank you for taking these clothes home.

We appreciate your assistance in keeping our residents' clothing in order.

—The Laundry Team



Saunders
MEDICAL CENTER
Skilled & Long Term Care

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Making The Difference

♥ JAMES RIVERA

HOMETOWN

Richmond, Virginia

JOB OVERVIEW

I am the Executive Chef in the Dietary Department. I have the opportunity to develop recipes and meals, collaborate with team members and introduce residents and fellow employees to a variety of foods.

FAMILY

I have 5 kids: Aaron Ray- Senior, Kyleigh Marie- Junior, Dallas Brian- Sophomore, Ella Joy- 3rd, & Willow Rose- 1st grade.

GOALS

I am pursuing a master's degree in counseling. I want to grow my non-profit organization and reach out to areas where mental health services are difficult to obtain, providing individuals with the hope and resources they require to live a life with purpose.

NOT EVERYONE MAY KNOW

I am an extremely spiritual person. In addition to rescuing me, God has illuminated the path for me to reach and fulfill my destiny.

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 10:30 Mass on EWTN 11:45 Daily Perk 1:30 Worship	11:45 Daily Perk 2:00 Card Sharks 	1 9:15 Morning Movers with Deanne 10:30 Sunshine Club 10:30-11am 11:45 Daily Perk 12:15 Food Committee Meeting 2:30 Bingo	2 9:15 Morning Movers with Deanne 10:30 Scrabble 11:45 Daily Perk 2:00 Zims Music 6:45 10-Point Pitch 	3 9:15 Morning Movers with Deanne 10:15 Trivia 11:45 Daily Perk 2:00 Game with Staff	4 9:15 Morning Movers with Deanne 10:15 Trivia 11:45 Daily Perk 2:00 Pretty Nails 6:45 10-Point Pitch	5 9:15 Morning Movers with Deanne 11:45 Daily Perk 1:30 Pretty Nails 6:45 10-Point Pitch
7 10:30 Mass on EWTN 11:45 Daily Perk 1:30 Worship	8 9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 2:30 Bingo	9 9:15 Morning Movers with Deanne 10:30 Sunshine Club 10:30-11am 11:45 Daily Perk 2:00 Card Sharks	10 9:15 Morning Movers with Deanne 10:15 Board Games 11:45 Daily Perk 2:00 Live Well Go Fish (Load by 1pm) 6:45 10-Point Pitch 	11 9:15 Morning Movers with Deanne 10:15 Trivia 11:45 Daily Perk 2:00 Crazy Crafters	12 9:15 Morning Movers with Deanne 10:00 Busy Bakers 11:45 Daily Perk 1:30 Pretty Nails 6:45 10-Point Pitch 	13 10:00 Card Sharks 11:00 Husker Football VS. Houston Christian (H) 11:45 Daily Perk 
14 10:30 Mass on EWTN 11:45 Daily Perk 1:30 Worship	15 9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 1:00 Scatter Joy Acres Animal Visits 2:30 Bingo	16 9:15 Morning Movers with Deanne 10:00 Zoo Trip (5 spots only) 11:45 Daily Perk 2:00 Card Sharks 	17 9:15 Morning Movers with Deanne 10:15 Scrabble 11:45 Daily Perk 1:30 Resident Council 6:45 10-Point Pitch	18 9:15 Morning Movers with Deanne 10:15 Trivia 11:45 Daily Perk 2:00 Merry-makers Presents: DeAndre 	19 9:15 Morning Movers with Deanne 11:45 Daily Perk 1:30 5th Grade Visits 6:45 10-Point Pitch 	20 10:00 Card Sharks 11:45 Daily Perk 2:30 Husker Football VS. Michigan (H) 
21 10:30 Mass on EWTN 11:45 Daily Perk 1:30 Worship	22 9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 2:30 Bingo 	23 9:15 Morning Movers with Deanne 10:30 Sunshine Club 10:30-11am 11:45 Daily Perk 2:00 Card Sharks	24 9:15 Morning Movers with Deanne 10:15 Board Games 11:45 Daily Perk 2:00 Live Well Go Fish (Load by 1pm) 6:45 10-Point Pitch 	25 9:15 Morning Movers with Deanne 10:15 Trivia 11:45 Daily Perk 2:00 Crazy Crafters	26 9:15 Morning Movers with Deanne 10:00 Busy Bakers 11:45 Daily Perk 1:30 Pretty Nails 6:45 10-Point Pitch 	27 10:00 Card Sharks 11:45 Daily Perk
28 10:30 Mass on EWTN 11:45 Daily Perk	29 9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 1:30 Worship 2:30 Birthday Bingo	30 9:15 Morning Movers with Deanne 11:45 Daily Perk 2:00 Card Sharks 	Activities and start times are subject to change without notice. Please see the markerboard in the front entrance for updated changes.			 Gerald T. – 1st Doris H. – 3rd Cathy R. – 14th Patty J. – 20th

Covid-19 Note—

Covid-19 continues to spread throughout the community. Please consider and discuss the new Covid vaccine with your physician. Please protect our residents by not visiting if you have ANY symptoms of Covid or have tested positive for Covid recently.