HAPPY SUMMER JUNE 2023 | NEWSLETTER

the Best Care for Mom Et Dad







celebrating National SKILLED NURSING CARE WEEK

Long Term Care celebrated with visits from our friends at Scatter Joy Acres, bingo, music from Billy Troy with Merry Makers, Kolaches, a boat ride with the Live Well Go Fish organization, games with staff, alpaca visits, and KONA ICE!









DAY

- ▶ In 2020, 35,000 Nebraskans age 65 were living with Alzheimer's.
- ▶ By 2050, a projected 13 million Americans will be living with
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 65 were living wit
 By 2050, a project
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 Alzheimer's.
 In 2022, 18 billion
 care was provided
 Americans for ind
 dementia. In 2022, 18 billion hours of unpaid care was provided by 11 million Americans for individuals with

Each day can seem like the longest day for those affected by Alzheimer's and dementia and their caregivers. On June 21, the day with the longest amount of daylight, we will stand with these individuals to honor their strength, celebrate each person's unique story, and show they are not alone.





Making The Difference

TRÉ MORITZ

HOMETOWN Enid, Oklahoma

IOB OVERVIEW I am SMC'S Information Technology (IT) specialist.

BEST PART OF MY JOB Fixing things to make other people's jobs easier. If residents ever have IT problems I am more than willing to help.

FAMILY

My parents live in Oklahoma. My younger sister is about to begin law school. My girlfriend and I currently live in Lincoln with our cat, Olliver.

SOMETHING I'D LIKE TO ACCOMPLISH Finish my schooling with a Bachelor's in Cybersecurity.

FAVORITE VACATION I'm heading to Ireland later this summer.

YOU MAY NOT KNOW-I served in the US Air Force for 6 years and lived on 4 different continents during that time.

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| Saturday | Daily Perk 10:00 Card Sharks 11:45 Daily Perk | Daily Perk 10:00 Card Sharks 11:45 Daily Perk The Manage of the control of the | Daily Perk 10:00 Card Sharks 11:45 Daily Perk | Daily Perk 10:00 Card Sharks 11:45 Daily Perk | The state of the s |
| Friday | 9:15 Morning Movers 2 with Deanne 10:00 Donut Debate 11:45 Daily Perk 12:30 Food Committee 1:30 Pretty Nails | 9:15 Morning Movers 9 with Deanne 10:00 Busy Bakers 11:45 Daily Perk 1:30 Pretty Nails | 9:15 Morning Movers 16 with Deanne 10:00 Men's Event 11:45 Daily Perk 1:30 Pretty Nails | 9:15 Morning Movers 23 with Deanne 10:00 Busy Bakers 11:45 Daily Perk 2:30 Bingo | 9:15 Morning Movers 30 with Deanne 10:00 Donut Debate 11:45 Daily Perk 1:30 Pretty Nails |
| Thursday | 9:15 Morning Movers 1 with Deanne 10:30 Trivia on the patio 11:45 Daily Perk Sunshine Club 3:30-4:30pm | 9:15 Morning Movers 8 with Deanne 10:30 Trivia 11:45 Daily Perk Sunshine Club 3:30-4:30pm | 9:15 Morning Movers 15 with Deanne 10:30 Trivia on the patio 11:45 Daily Perk Sunshine Club 3:30-4:30pm | 9:15 Morning Movers 22 with Deanne 10:30 Trivia 11:45 Daily Perk 2:00 Merry Makers presents Joe Taylor | 9:15 Morning Movers 29 with Deanne 10:30 Trivia on the patio 11:45 Daily Perk 3:30 Bomb Pops on the Patio Sunshine Club 3:30-4:30pm |
| Wednesday | | 9:15 Morning Movers 7 with Deanne 10:00 Walking Wednesdays 11:45 Daily Perk 1:00 Afternoon Drive | with Deanne 10:00 Walking Wednesdays 11:30 Picnic (11:30a-1:30p) 11:45 Daily Perk | 9:15 Morning Movers 21 with Deanne 10:00 Walking Wednesdays 11:45 Daily Perk LONGEST DAY CELEBRATION | 9:15 Morning Movers 28 with Deanne 10:00 Walking Wednesdays 11:30 Live Well Go Fish Picnic (11:30a-1:30p) 11:45 Daily Perk |
| Tuesday | E 2023 | 1:1 Visits with Sue 6 9:15 Morning Movers with Deanne 11:45 Daily Perk 1:30 Resident Council 2:30 Bingo | 1:1 Visits with Sue 13 9:15 Morning Movers with Deanne 10:00 Crazy Crafters 11:45 Daily Perk 2:30 Bingo | 1:1 Visits with Sue 20 9:15 Morning Movers with Deanne 11:45 Daily Perk 4:00 Summer JAM! (4-7p) | 1:1 Visits with Sue 27 9:15 Morning Movers with Deanne 10:00 Crazy Crafters 11:45 Daily Perk 2:30 Bingo |
| Monday | JUN | 9:00 Catholic Mass 5 11:45 Daily Perk 2:00 Card Sharks 2:00 Lessons from the Bible | 9:00 Catholic Mass 12 11:45 Daily Perk 2:00 Card Sharks 2:00 Lessons from the Bible 6:00 Sunset Cruise Live Well Go Fish (6p-8p) | 9:30 Morning Movers 19 with Deanne 11:45 Daily Perk 1:00 Scatter Joy Acres Animal Visits 2:00 Lessons from the Bible | 9:00 Catholic Mass 26 11:45 Daily Perk 2:00 Card Sharks 2:00 Lessons from the Bible |
| Sunday | Activities and start times are subject to change without notice. Please see the markerboard in the main entrance for updated changes. | Daily Perk 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship | Daily Perk 10:30 Mass on CH. 55 11:45 Daily Perk | Daily Perk 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship | Daily Perk 10:30 Mass on CH. 55 11:45 Daily Perk |

