

# the Best Care for Mom & Dad

## Birding with Sydney



With a little help from our new friend Sydney we will be able to better identify birds around us. Sydney works for the Lower Platte North NRD and is an education coordinator. For our first gathering we talked about all the ways to identify birds such as color, behavior, "calls", markings and habitats. After a little education we were able to identify birds such as the Great Horned Owl, Downy Woodpecker and American Goldfinch. We look forward to our next visit!



**CULTIVATING KINDNESS**

NATIONAL SKILLED NURSING CARE WEEK  
MAY 14-20, 2023

## Alzheimer's Education Event

hosted by Fremont Area Alzheimer's Collaboration

**May 9, 2023 at St. Patrick's Catholic Church, Fremont, Nebraska**

Throughout the day there will be a session for Aging Services Professionals, a Panel Discussion during lunch and Session geared toward Family & Caregivers (1-4 p.m.) **RSVP (402) 704-2647.**



**RSVP Today!**

Scan the QR Code  
Or Call Katie at 402-704-2647  
Or Email at [katiee3rphd.org](mailto:katiee3rphd.org)

Featuring:



**Erin Bonitto**

Innovator of Life Enrichment Systems for Dementia



**Saunders**  
MEDICAL CENTER  
*Skilled & Long Term Care*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>HAPPY BIRTHDAY</b> Berneta B. - 4th Twyla S. - 5th Kay J. - 15th Shirley T. - 16th Marlin R. - 18th	Magazine/ Newspaper Articles 9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 2:00 Lessons from the Bible	Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 11:45 Daily Perk 2:30 Bingo	Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 11:45 Daily Perk 2:00 Card Sharks	Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:45 Trivia 11:45 Daily Perk 1:30 CH 100: Star Wars Episode IX: The Rise of Skywalker Walker	Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:00 World Traveler: Tour of Mexico 11:45 Daily Perk 2:00 Cinco de Mayo Fiesta <b>CINCO DE MAYO</b>	Magazine/ Newspaper Articles Daily Perk 10:00 Card Sharks 11:45 Daily Perk
Magazine/ Newspaper Articles Daily Perk 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship <b>HAPPY Mother's DAY</b>	Magazine/ Newspaper Articles 9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 2:00 Lessons from the Bible	Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 11:45 Daily Perk 1:30 Resident Council 2:30 Bingo	Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 11:45 Daily Perk 2:00 Card Sharks	Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:45 Trivia 11:45 Daily Perk 2:00 Afternoon Drive 	Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:00 Ladies Event: Muffins and Mimosas 11:45 Daily Perk 12:30 Food Committee 1:30 Pretty Nails	Magazine/ Newspaper Articles Daily Perk 10:00 Card Sharks 11:45 Daily Perk
Magazine/ Newspaper Articles Daily Perk 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship	Magazine/ Newspaper Articles 9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 2:00 Lessons from the Bible	Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:00 Crazy Crafters 11:45 Daily Perk 2:30 Bingo	Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:00 Busy Bakers 11:45 Daily Perk 2:00 Card Sharks	Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:45 Trivia on the patio 11:45 Daily Perk 2:00 Afternoon Drive 	Magazine/ Newspaper Articles 9:15 Morning Movers with Deanne 10:00 Memorial Day Van Rides 11:45 Daily Perk 1:30 Pretty Nails	Magazine/ Newspaper Articles Daily Perk 10:00 Card Sharks 11:45 Daily Perk
<b>Celebrating National Skilled Nursing Care Week!!!</b> <b>May 14th-20th 2023</b> <b>Please refer to separate calendar for schedule of events.</b>						
<b>MAY 2023</b>						
Activities and start times are subject to change without notice. Please see the markerboard in the main entrance for updated changes.						




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