BEST NURSING HOMES U.S.News & WORLD REPORT LONG-TERM CARE 2026

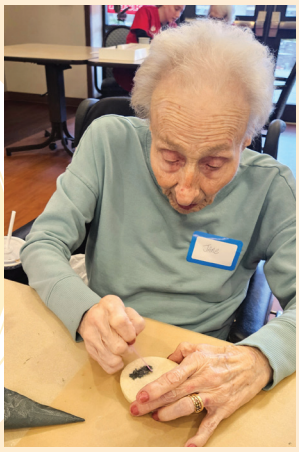
the best care for Mom & Dad







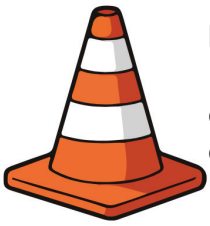
We would like to thank Susie from **Susie's Sweet Shoppe** for coming to teach the residents a class on cookie decorating. Not only did we learn some techniques for frosting our cookies, we also got to eat them. They were delicious, especially the frosting.







Making Room for Growth



We are extending our parking lot in several areas in preparation for SMC's future expansion project.

We also have construction happening on the patio outside our main dining room. The area is being refreshed for easier access and will include a Memorial Garden.

We apologize for any inconvenience as you visit and appreciate your patience as we work to make improvements.

Saunders MEDICAL CENTER
Skilled & Long Term Care

LTC@smcne.com **402 443-4685**
1760 County Road J, Wahoo, NE 68066



Making the Difference

CHRIS DAUGHERTY

HOMETOWN
Council Bluffs, Iowa

JOB OVERVIEW
I worked off and on as a contract nurse for about 5 years before joining the SMC team a year and a half ago. I primarily work as a Charge Nurse/LPN on Night Shift.

BEST PART OF MY JOB
The people I get to work with and making our residents smile.

FAMILY
I have 1 brother and 5 nieces and nephews. My cats are also part of my family.

MY GOAL
I would like to get my RN and work in adolescent psych.

OUTSIDE INTERESTS
Sports, Marvel movies, darts, camping, reading, video games.

NEW THIS YEAR
I bought a house!

FAVORITE VACATION
The beach.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Activity Cart Daily Perk **10:30am** Mass on EWTN	2 Daily Perk **9:00am** Catholic Mass **9:30am** Morning Movers W/ Deanne **9:30am** Rosary **10:30am** Discovery Club: Natural Wonders **2:00pm** Merry Makers with Kim Eames **3:00pm** Warm Pretzel Bites	3 Daily Perk **9:15am** Morning Movers W/ Deanne **9:45am** Rosary W/ Charlie **10:15am** Worship with Pastor Emily Cannon United Methodist **10:30am** Cornhole & Washers **12:15pm** Food Committee Meeting **2:30pm** Bingo & Social: Banana Bread	4 Daily Perk **9:15am** Morning Movers W/ Deanne **10:00am** Rosary W/ Charlie **10:30am** Games Galore **2:00pm** Deer Hunt **6:45pm** 10-Point Pitch 	5 Daily Perk **9:15am** Morning Movers W/ Deanne **10:00am** Rosary W/ Charlie **10:30am** Art Club **2:00pm** Bowling 	6 Daily Perk **9:15am** Morning Movers W/ Deanne **10:00am** Rosary W/ Charlie **10:30am** Busy Bakers Pumpkin Bread **2:30pm** Chips and Dip Social **7:00pm** Nebraska Football vs Illinois CH 49-1	7 Activity Cart Daily Perk **10:00am** Card Sharks
8 Activity Cart Daily Perk **10:30am** Mass on EWTN	9 Daily Perk **9:00am** Catholic Mass **9:30am** Morning Movers W/ Deanne **9:30am** Rosary **10:30am** Learning Lounge: Pilgrims Journey **2:30pm** Bingo & Social: Lurine Little Cookies	10 Daily Perk **9:15am** Morning Movers W/ Deanne **9:45am** Rosary W/ Charlie **10:15am** Worship with Pastor Glen Thomas Bethlehem Lutheran **10:30am** SMC Spa **2:00pm** World Travel: Korea 	11 Daily Perk **9:15am** Morning Movers W/ Deanne **10:00am** Rosary W/ Charlie **10:30am** Men's Club **2:00pm** Veterans Day Program **6:45pm** 10-Point Pitch 	12 Daily Perk **9:15am** Morning Movers W/ Deanne **10:00am** Rosary W/ Charlie **10:15am** Trivia **10:30am** Art Club **2:30pm** Barry Boyce Polkas 	13 Daily Perk **9:15am** Morning Movers W/ Deanne **10:00am** 5th Grade Visits **1:00pm** Rosary W/ Charlie **2:00pm** Women's Club: Staff Gratitude	14 Activity Cart Daily Perk **10:00am** Card Sharks Nebraska Football vs Rutgers TBD 
15 Activity Cart Daily Perk **10:30am** Mass on EWTN	16 Daily Perk **9:00am** Catholic Mass **9:30am** Morning Movers W/ Deanne **9:30am** Rosary **10:30am** Discovery Club: Astronomy **2:30pm** Bingo & Social: Norma Chvatal Apple Pudding	17 Daily Perk **9:15am** Morning Movers W/ Deanne **9:45am** Rosary W/ Charlie **10:15am** Worship with Pastor Jon Sloan First Presbyterian **10:30am** Games Galore **2:30pm** Tasting Table 	18 Daily Perk **9:15am** Morning Movers W/ Deanne **10:00am** Rosary W/ Charlie **10:30am** Cornhole & Washers **1:30pm** Resident Council **2:30pm** Voices of Joy Club & Cookie Social **6:45pm** 10-Point Pitch	19 Daily Perk **9:15am** Morning Movers W/ Deanne **10:00am** Rosary W/ Charlie **10:15am** Trivia **10:30am** Builders Club: Wooden Structures **1:30pm** Afternoon Devotion and Worship with Audrey **2:30pm** Card Sharks	20 Daily Perk **9:15am** Morning Movers W/ Deanne **10:00am** Busy Bakers Pumpkin Magic Cake **10:00am** Rosary W/ Charlie **10:30am** Busy Bakers Memory: Biscuits **2:00pm** Turkey Bowl Football Toss **3:00pm** Popcorn and Polka	21 Activity Cart Daily Perk **10:00am** Card Sharks Nebraska Football vs Ohio State TBD
22 Activity Cart Daily Perk **10:30am** Mass on EWTN	23 Daily Perk **9:00am** Catholic Mass **9:30am** Morning Movers W/ Deanne **9:30am** Rosary **10:30am** Learning Lounge: John Deere **2:30pm** Bingo & Social	24 Daily Perk **9:15am** Morning Movers W/ Deanne **9:45am** Rosary W/ Charlie **10:15am** Worship with Pastor Kris Bohac **10:30am** SMC Spa: Memory **10:30am** Turkey Games **2:30pm** Thanksgiving Reflection & Pie Social	25 Daily Perk **9:15am** Morning Movers W/ Deanne **10:00am** Rosary W/ Charlie **2:00pm** Wise and Wonderful Reminiscing **6:45pm** 10-Point Pitch 	26 **8:30am** Macy's Thanksgiving Day Parade 	27 Decking the Halls Daily Perk **9:15am** Morning Movers W/ Deanne **10:00am** Rosary W/ Charlie **11:00am** Nebraska Football vs Iowa CH 39-1	28 Activity Cart Daily Perk **10:00am** Card Sharks
29 Activity Cart Daily Perk **10:30am** Mass on EWTN	30 Daily Perk **9:00am** Catholic Mass **9:30am** Morning Movers W/ Deanne **9:30am** Rosary **10:30am** Touch, Taste, Tell **2:30pm** Birthday Bingo					

November 2026

Happy Birthday!

Debra H. – 7th
Connie W. – 21st



Covid-19 Note—
Covid-19 continues to spread throughout the community. Please consider and discuss the new Covid vaccine with your physician. Please protect our residents by not visiting if you have ANY symptoms of Covid or have tested positive for Covid recently.

I ♥ MY nursingHOME

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