

the Best Care for Mom & Dad

STOP IN & see our new LOOK!



After the new carpet was installed, we were able to update the look of the front entrance of Long Term Care. We love our new look!

This was made possible by generous donations made in memory of loved ones. We are so thankful to families who think of us when making a decision about a memorial for a family member.

These donations are used in many ways to make residents feel more at home. This updated area has created a new place for residents to sit and visit with each other and to greet visitors as they come into our home.

Pictured above is Sarah Kontor, Medication Aide and resident Jean Stange.

Love & Care with a Genuine Heart

DEMENTIA SERIES: 3 OF 3

Living with dementia is hard. Taking care of a loved one with dementia is hard too. There are many challenges to face with this disease and it can be frustrating. You are not alone in this fight! The staff here at SMC Long Term Care receive a minimum of 12 hours each year of continuing education on dementia. We also have two staff members who are Certified Dementia Practitioners. They are a great resource if you have questions or just need to talk to someone who understands.

Some things to remember as a caregiver:

- Take care of yourself
- Love and care with a genuine heart
- Just breathe
- Look beyond the disease and focus on the person

Remember you are not alone in this journey. Together we can create moments that enhance the lives of those living with dementia. If you would like to visit with one of our Certified Dementia Practitioners, they can be reached at 402-443-4685.

SAUNDERS
MEDICAL CENTER

Long Term Care

LTC@smcne.com | 1760 County Road J | Wahoo, NE 68066 | 402 443-4685



Making The Difference!

♥ ANGIE BENES

WORK HISTORY

Angie has worked in the Dietary Department at SMC for 10 years as Assistant Dietary Manager.

THE BEST PART OF MY JOB

The social interaction I have with the residents and coworkers. At mealtimes I enjoy the conversations I have and being able to joke around with everyone and see them smile and laugh.

MY FAMILY AND INTERESTS

I have been married for 10 years. My husband works at Tenneco, Inc. I have 4 children, 1 daughter heading into college at Wayne in the fall, 1 daughter looking into different colleges, 2 younger children (boy and girl) attending elementary school in Valparaiso.

I enjoy going on walks and gardening.

SOMETHING NOT EVERYONE KNOWS

I loved showing pigs at the fair and always wished I could have them as pets.

Thank you Angie for making a difference in our residents' lives!