

the *Best Care* for *Mom Et Dad*

**SAUNDERS
COUNTY FAIR**



We were able to take an outing to the Saunders Co. Fair and enjoy the 4-H horse show! There were so many beautiful horses to see. What a fun group of Senior and Junior handlers to watch, congratulations to all who competed! We will be back next year!



Fire Drill Planned | "Go Bag" Idea Shared

On September 12th, Saunders Medical Center will participate in a Field Fire Drill. Long Term Care will practice our evacuation plan by evacuating five residents.

We recently received some tips from a facility that evacuated for a true emergency. One suggestion is to have

a "go bag" for each resident with essentials and a set of clothes.

We ask that each family provide a set of clothes for their loved one to be kept in their bag. We hope we never have to use these clothes but they will be ready to go if needed.



Saunders
MEDICAL CENTER
Skilled & Long Term Care



Making The Difference

♥ **PAULA RAMIREZ**

HOMETOWN
Curtis, Nebraska

JOB OVERVIEW
I have worked as a Charge Nurse at Long Term Care since March 2022 and recently accepted the Education Coordinator position. I really enjoy working closely with all the staff and residents.

I SEE THE RESIDENTS SMILE
When we sit and talk— I love the banter of conversation with our residents.

WE HAVE A BIG FAMILY
Between my fiancé Nick and I, we have 7 kids- TJ (21), Morgan (20), Matteo (15), Lucas (11), Maci (11), Emery (8), and Gabriel (5). I also have 1 granddaughter, Kamri (1).

FAVORITE MOVIE
Ever After. It's a Cinderella story that makes me smile.

NOTE OF INTEREST
I have a Master's degree and am a Nurse Practitioner.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AUGUST 2023 Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk	9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 2:00 Card Sharks	9:15 Morning Movers with Deanne 10:30 Sunshine Club (10:30a-11:15a) 11:45 Daily Perk 2:30 Bingo	9:15 Morning Movers with Deanne 10:00 Walking Wednesdays 11:45 Daily Perk	9:15 Morning Movers with Deanne 10:30 Sunshine Club (10:30a-11:15a) 10:45 Trivia 11:45 Daily Perk 2:30 Watermelon Eating Contest (Staff) 3:00 Watermelon Social	9:15 Morning Movers with Deanne 10:00 Busy Bakers 11:45 Daily Perk 12:30 Food Committee 2:30 Beer Tasting	Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk
Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship	9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 2:00 Card Sharks 2:30 Creamsicles on the patio 2:30-3:30 (pending weather)	9:15 Morning Movers with Deanne 10:30 Sunshine Club (10:30a-11:15a) 11:45 Daily Perk 2:30 Bingo	9:15 Morning Movers with Deanne 9:30 Live Well Go Fish (9:30a-11:30a) 11:45 Daily Perk	9:15 Morning Movers with Deanne 10:45 Trivia 11:45 Daily Perk 2:00 Crazy Crafters	9:15 Morning Movers with Deanne 10:00 Merry-makers presents: Mark Irvin 11:45 Daily Perk 1:30 Pretty Nails Merry-makers	Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk
Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk	9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 2:00 Scatter Joy Acres Animal Visits 2:00 Card Sharks	9:15 Morning Movers with Deanne 10:30 Sunshine Club (10:30a-11:15a) 11:45 Daily Perk 2:30 Bingo	9:15 Morning Movers with Deanne 9:30 Live Well Go Fish (9:30a-11:30a) 11:45 Daily Perk	9:15 Morning Movers with Deanne 10:30 Sunshine Club (10:30a-11:15a) 10:45 Trivia 11:45 Daily Perk 2:00 Crazy Crafters	9:15 Morning Movers with Deanne 10:00 Busy Bakers 11:45 Daily Perk 1:30 Music with Amy Cerny	Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk
Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship	9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:00 Lunch outing -Acapulco (4 spots only) 11:45 Daily Perk 2:00 Card Sharks	9:15 Morning Movers with Deanne 10:30 Sunshine Club (10:30a-11:15a) 11:45 Daily Perk 2:30 Bingo	9:15 Morning Movers with Deanne 10:15 Fun at the fair 11:45 Daily Perk 2:30 Fun at the fair	9:15 Morning Movers with Deanne 10:30 Sunshine Club (10:30a-11:15a) 10:45 Trivia 11:45 Daily Perk 3:30 Wild Life Encounters	9:15 Morning Movers with Deanne 10:00 Donut Debate 11:45 Daily Perk 1:30 Pretty Nails	Activities and start times are subject to change without notice. Please see the markerboard in the main entrance for updated changes.



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Keep Your COVID Protection Up to Date

Anyone 6 months and older who has completed their COVID-19 vaccine primary series is eligible for the Bivalent Booster. The CDC recommends one bivalent booster dose at least 2 months after your last dose. If your last dose was a bivalent, you are up to date! It's not too late to start your COVID-19 vaccine series. Contact your physician to schedule an appointment.

