

# the *Best Care* for *Mom Et Dad*

## A Cozy Outing Before Winter Arrives



We were able to enjoy one last outing to Chips before the weather gets colder. The company was even better than the food.



*Holiday decorations* can brighten everyone's spirits, but safety still comes first. Here are some tips to make the season festive and safe for your loved one at SMC.

- ✱ Set up a small, flame-retardant, artificial Christmas tree and decorate with noncombustible ornaments.
- ✱ String lights that have a UL label on the cord.
- ✱ A flameless candle to provide ambiance.
- ✱ Poinsettia plant- please no fresh cut evergreen stems in flower arrangements or wreaths.
- ✱ Keep decorations and storage 18" from the ceiling.
- ✱ Use a hospital grade power strip that our facility provides.



**Saunders**  
MEDICAL CENTER  
*Skilled & Long Term Care*



## Making The Difference

♥ LINDA VOBORIL

### HOMETOWN

I live on a farm outside of Weston, Nebraska

### JOB OVERVIEW

I work in Long Term Care as an LPN/Charge Nurse for night shift. Our goals over-night are a good night's sleep and making sure our residents are safe and well taken care of.

### FAMILY

I have 3 children. My oldest daughter lives in Gretna with her husband and 3 children; my son is in Grand Island with his wife and 2 children; and my youngest daughter lives in Lincoln.

### OUTSIDE INTERESTS

I love to travel, hike, and be outside working in my flower bed and plants.



### GOALS

I want to thru-hike **(one continuous journey)** the Appalachian Trail.

### FAVORITE MOVIE

Hallmark— I love a happy ending.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Happy Birthday!</b> <b>Norma F. - 12th</b> <b>Beverly R. - 16th</b> <b>John R. - 17th</b> <b>Marge B. - 28th</b> 	<b>1</b> <b>8:30am</b> Daily Perk <b>9:00am</b> Catholic Mass <b>9:30am</b> Morning Movers with Deanne <b>9:30am</b> Rosary <b>2:30pm</b> Bingo	<b>2</b> <b>8:30am</b> Daily Perk <b>9:15am</b> Morning Movers with Deanne <b>10:15am</b> Worship with Pastor Emily Cannon <b>12:15pm</b> Food Committee Meeting <b>2:00pm</b> Card Sharks	<b>3</b> <b>8:30am</b> Daily Perk <b>9:15am</b> Morning Movers with Deanne <b>10:15am</b> Cookie Decorating <b>2:00pm</b> Crazy Crafters <b>6:45pm</b> 10-Point Pitch	<b>4</b> <b>8:30am</b> Daily Perk <b>9:00am</b> Hand Massages with Sandi Hohn <b>9:15am</b> Morning Movers with Deanne <b>1:30pm</b> Hot Chocolate Bar	<b>5</b> <b>8:30am</b> Daily Perk <b>9:15am</b> Morning Movers with Deanne <b>10:00am</b> Merry-makers Presents: Mark Irvin <b>1:30pm</b> Pretty Nails <b>2:00pm</b> Popcorn and Polka <b>6:45pm</b> 10-Point Pitch <b>Merry-makers</b>	<b>6</b> <b>8:30am</b> Daily Perk <b>10:00am</b> Card Sharks
<b>7</b> <b>8:30am</b> Daily Perk <b>10:30am</b> Mass on EWTN	<b>8</b> <b>8:30am</b> Daily Perk <b>9:00am</b> Catholic Mass <b>9:30am</b> Morning Movers with Deanne <b>9:30am</b> Rosary <b>1:30pm</b> Worship with Pastor Bob Hayden <b>2:30pm</b> Bingo <b>5:30pm</b> Christmas Lights Outing (Load by 5:30pm)	<b>9</b> <b>8:30am</b> Daily Perk <b>9:00am</b> Christmas Shop <b>9:15am</b> Morning Movers with Deanne <b>2:00pm</b> Card Sharks	<b>10</b> <b>8:30am</b> Daily Perk <b>9:00am</b> Christmas Shop <b>9:15am</b> Morning Movers with Deanne <b>10:15am</b> Scrabble <b>1:30pm</b> Resident Council	<b>11</b> <b>8:30am</b> Daily Perk <b>9:00am</b> Christmas Shop <b>9:15am</b> Morning Movers with Deanne <b>2:00pm</b> Crazy Crafters	<b>12</b> <b>8:30am</b> Daily Perk <b>9:15am</b> Morning Movers with Deanne <b>10:00am</b> Men's Group <b>1:30pm</b> Pretty Nails <b>2:00pm</b> Popcorn and Polka <b>6:45pm</b> 10-Point Pitch	<b>13</b> <b>8:30am</b> Daily Perk <b>10:00am</b> Card Sharks
<b>14</b> <b>8:30am</b> Daily Perk <b>10:30am</b> Mass on EWTN <b>1:30pm</b> Worship with Pastor Zac Courie <b>2:00pm</b> Family Open House	<b>15</b> <b>8:30am</b> Daily Perk <b>9:00am</b> Catholic Mass <b>9:30am</b> Morning Movers with Deanne <b>9:30am</b> Rosary <b>2:30pm</b> Bingo <b>5:30pm</b> Christmas Lights Outing (Load by 5:30pm)	<b>16</b> <b>8:30am</b> Daily Perk <b>9:15am</b> Morning Movers with Deanne <b>10:15am</b> Grinch Bowling <b>2:00pm</b> Card Sharks	<b>17</b> <b>8:30am</b> Daily Perk <b>9:15am</b> Morning Movers with Deanne <b>10:15am</b> Cookie Decorating <b>2:00pm</b> Crazy Crafters	<b>18</b> <b>8:30am</b> Daily Perk <b>9:15am</b> Morning Movers with Deanne <b>10:15am</b> Trivia <b>1:30pm</b> Afternoon Devotion and Worship with Audrey	<b>19</b> <b>8:30am</b> Daily Perk <b>9:15am</b> Morning Movers with Deanne <b>10:00am</b> Busy Bakers <b>1:30pm</b> 5th Grade Visits <b>2:00pm</b> Chips and Dip Social <b>6:45pm</b> 10-Point Pitch	<b>20</b> <b>8:30am</b> Daily Perk <b>10:00am</b> Card Sharks
<b>21</b> <b>8:30am</b> Daily Perk <b>10:30am</b> Mass on EWTN <b>1:30pm</b> Worship with Pastor Don White	<b>22</b> <b>8:30am</b> Daily Perk <b>9:00am</b> Catholic Mass <b>9:30am</b> Morning Movers with Deanne <b>9:30am</b> Rosary <b>2:00pm</b> Santa Delivers Gifts	<b>23</b> <b>8:30am</b> Daily Perk <b>9:15am</b> Morning Movers with Deanne <b>10:15am</b> Bowling <b>2:00pm</b> Card Sharks <b>2:30pm</b> Bingo	<b>24</b> <b>8:30am</b> Daily Perk <b>9:15am</b> Morning Movers with Deanne <b>10:15am</b> Scrabble	<b>25</b> <b>8:30am</b> Daily Perk 	<b>26</b> <b>8:30am</b> Daily Perk <b>9:15am</b> Morning Movers with Deanne <b>10:00am</b> Men's Group <b>1:30pm</b> Pretty Nails <b>2:00pm</b> Popcorn Social <b>6:45pm</b> 10-Point Pitch	<b>27</b> <b>8:30am</b> Daily Perk <b>10:00am</b> Card Sharks
<b>28</b> <b>8:30am</b> Daily Perk <b>10:30am</b> Mass on EWTN <b>1:30pm</b> Worship with Pastor Scott Carlson	<b>29</b> <b>8:30am</b> Daily Perk <b>9:00am</b> Catholic Mass <b>9:30am</b> Morning Movers with Deanne <b>9:30am</b> Rosary <b>2:30pm</b> Birthday Bingo	<b>30</b> <b>8:30am</b> Daily Perk <b>9:15am</b> Morning Movers with Deanne <b>2:00pm</b> Card Sharks <b>2:00pm</b> Music with Robert Glaser	<b>31</b> <b>8:30am</b> Daily Perk <b>9:15am</b> Morning Movers with Deanne <b>10:15am</b> Board Games <b>1:30pm</b> New Year's Eve Party <b>NEW YEAR'S EVE</b>	<b>Activities and start times are subject to change without notice. Please see the markerboard in the front entrance for updated changes.</b>	<b>Project of the Month for Residents and Staff:</b> <b>Christmas Cards for Loved Ones</b>	<b>December 2025</b>

**Merry Christmas!**



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**I ♥ MY**  
nursing **HOME**

#### Covid-19 Note—

Covid-19 continues to spread throughout the community. Please consider and discuss the new Covid vaccine with your physician. Please protect our residents by not visiting if you have ANY symptoms of Covid or have tested positive for Covid recently.