OCTOBER 2018 | NEWSLETTER





IT'S A WILDLIFE SAFARI!

Some of the residents took a bus trip to the Lee G. Simmons Conservation Park & Wildlife Safari. This drive-through park is located just outside of Ashland. Elk, buffalo, and pelicans were some of the animals they were able to see wandering around in their natural habitat. The residents also enjoyed a picnic lunch while on the trip. It was a beautiful day to get out for an adventure.

Wear Pink & Get Your Mammogram

Wear Pink to raise awareness for Breast Cancer. October is Breast Cancer Awareness Month. Breast Cancer is one of the most common cancers in women, but with screening and early detection, survival is high. Regular screens, physical activity, smoking cessation, and eating a low-fat diet with fruits and vegetables are all factors that can decrease your risk.

Get your pink on to show your support for Breast Cancer Awareness!







Making The Difference.

LAURA EIVINS

HOME TOWN I grew up on a farm near Prague, NE.

HOW LONG HAVE YOU WORKED AT SMC?

I have worked at SMC for 5 years as the Life Enrichment Assistant, and just recently got promoted to Life Enrichment Coordinator.

WHEN DO YOU SEE RESIDENTS SMILE THE MOST? When we just have time to visit.

Tell US about Your family I have been married to my husband, Duane, for 29 years. He is a firefighter in Omaha. We have a 15 year old son, Noah, who is a sophomore in high school, and 2 dogs. We love vacationing as a family.

WHAT IS SOMETHING YOU'D LIKE TO ACCOMPLISH? I would love to go to Alaska

someday. WHAT IS YOUR FAVORITE VACATION

SPOT? We love going to San Antonio, Texas.

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Sat	Self Directed Activity Outside Family Visits Magazine/Newspaper Articles 6:00 Reno's Old Time Music Husker Football TBA	Self Directed Activity Outside Family Visits Magazine/Newspaper Articles 11:00 Husker Football 6:00 Reno's Old Time Music	Self Directed Activity Outside Family Visits Magazine/Newspaper Articles 6:00 Reno's Old Time Music Husker Football TBA	Self Directed Activity Family Visits Magazine/Newspaper Articles 6:00 Reno's Old Time Music Husker Football TBA	
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Fri	Outside Family Visits Magazine/Newspaper Articles 10:00 Busy Bakers 3:00 Happy Hour	Outside Family Visits Magazine/Newspaper Articles 10:00 Busy Bakers 3:00 Happy Hour	Outside Family Visits Magazine/Newspaper Articles 2.30 Marcy's Merry Musicians 3.00 Happy Hour	Family Visits Magazine/Newspaper Articles 10:00 Busy Bakers 2:30 Dick Sladky 3:00 Happy Hour	BEE 2018
Thu	Outside 4 Family Visits Magazine/Newspaper Articles 11:00 Bible Study with Connie 2:30 Merry Makers Pam Kragt	Outside 11 Family Visits Magazine/Newspaper Articles 11:00 Bible Sudy with Connie 5-7:00 Harvest Festival	Outside 18 Family Visits Magazine/Newspaper Articles Massages with Sandi Hohn TBA 11:00 Bible Study with Connie 1:00 Residents' Council	Family Visits 25 Family Visits Magazine/Newspaper Articles Magazine/Newspaper 1:30 Movie with Sarah and Deanne in 10:00 Busy Bakers Conference Room A&B 2:30 Dick Sladky 3:00 Happy Hour	
Wed	Outside 3 Family Visits 3 Magazine/Newspaper Articles 10:30 Silly Crafters 2:30 Nastalgia John 2:30 Nastalgia John	Outside 10 Family Visits Magazine/Newspaper Articles 10:30 Hand Massages with Nicole and Joni 2:30 Trivia with Sam and Stephanie	Outside 17 Family Visits Magazine/Newspaper Articles 10:30 Silly Crafters 2:00 Nails	Family Visits 24 Magazine/Newspaper Articles 10:30 Silly Crathers 2:30 What's in the Box with Karen	Magazine/Newspaper Articles 31 Family Visits 3:30-5:00 Boo in Wahoo
Tue	Outside Coutside Eamily Visits Family Visits Magazine/Newspaper Articles I 0:00 Donut Debate 10:00 Donut Debate 10:30 Namaste Care / One to Ones 2 6:30 The Jimmy Dean Show	Outside Family Visits Magazine/Newspaper Articles I 0:00 Donut Debate 10:30 Namaste Care / One to Ones 2:15 Third Grade Readers 6:30 The Jimmy Dean Show	Outside 16 C Family Visits F Magazine/Newspaper Articles N 10:00 Donut Debate 1 10:30 Namaste Care / One to Ones 2 6:30 The Jimmy Dean Show	Outside 23 F Family Visits 23 F Magazine/Newspaper Articles 1 10:00 Donut Debate 2 10:30 Namaste Care / One to Ones 6:30 The Jimmy Dean Show	29 Magazine/Newspaper Articles 30 1 Family Visits 10:00 Donut Debate 10:30 Namaste Care / One to Ones 6:30 The Jimmy Dean Show
Mon	Outside Family Visits Magazine/Newspaper Articles Sister Elizabeth Visits 9:30 Catholic Mass 10:00 Rosary 2:30 Bingo 3:15 Ice Cream Social	Outside Family Visits Magazine/Newspaper Articles Sister Elizabeth Visits 9:30 Catholic Mass 10:00 Rosary 2:30 Bingo 3:15 lee Cream Social	Outside 15 Family Visits Magazine/Newspaper Articles Sister Elizabeth Visits 9:30 Catholic Mass 10:00 Rosary 2:30 Bingo 3:15 lee Cream Social	Outside 22 Family Visits 22 Magazine/Newspaper Articles Sister Elizabeth Visits 9:30 Catholic Mass 10:00 Rosary 10:00 Rosary 2:30 Bingo 3:15 lee Cream Social 3:15 lee Cream Social	Magazine/Newspaper Articles Sister Elizabeth Visits 9:30 Catholic Mass 10:00 Rosary 2:30 Bingo 3:15 Lee Cream Social
Sun	birthdoul birthdoul Willa Schutte - 13th Joan Kavan - 18th Dorothy Partridge - 18th	Outside Family Visits Magazine/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Mark Weber St. Matthews Lutheran 7:00 Hee Haw Show	Outside 14 Family Visits Magazine/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Scott Larson Cereso Lutheran Church 7:00 Hee Haw Show	Outside 21 Family Visits 22 Magazine/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Ceresco Evangelical Covenant Church 7:00 Hee Haw Show	Magazine/Newspaper Articles 28 10:30 Mass on channel 55 1:30 Worship with Russ Sizemore Swedeburg Covenant Church 7:00 Hee Haw Show



If you would like to **tour our facility** or **be on our mailing list** to receive our newsletter & calendar, please call Karen at **402 443-4685** or email Angela at **LTC@smcne.com**.



