JUNE 2022 | NEWSLETTER

the Best Care for Mom Et Dad







We celebrated National Skilled Nursing Care Week in May. This year's theme was Creating and Nurturing Connections & we did just that! Take a look at some of the connections we made!











June 8th is Best Friends Day!

While this is an unofficial holiday, friends are definitely something to celebrate!

- A best friend is a positive support in making healthy lifestyle choices.
- A best friend can help cope us stress.
- A best friend provides feelings of belonging.
- A best friend keeps us social and mentally sharp.

"Friends make the good things better and the bad things not so bad . . . simply by being there."

Sources: www.livescience.com and www.mayoclinic.org





Making The Difference

MATT DOVER

HOMETOWN

Battle Creek, Nebraska

JOB OVERVIEW

I am a Physical Therapist Assistant at SMC. I work closely with the Physical Therapist to provide rehabilitative care for our patients.

BEST PART OF THE JOB

Getting to know more about the person and hearing stories about where they are from and their upbringing.

FAMILY

My wife Emily and I have 4 kids: Peyton (17), Ayden (12), Kynli (7), and Kyler (20 months). We live in Springfield.

OUTSIDE INTERESTS

Golfing, hunting, fishing, and going to all my kids' activities.

SOMETHING NOT EVERYONE MAY KNOW ABOUT ME

A resident told me that I "whistle like an angel".

June 2022

Saunders
MEDICAL CENTER
Skilled & Long Term Care

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Saturday	Magazine/ Newspaper Articles	Magazine/ Newspaper Articles	Magazine/ Newspaper 18 Articles	Magazine/ Newspaper 2 Articles	TOMY
Friday	Magazine/ Newspaper Articles 9:15 Morning Movers 10:00 Donut Debate 11:45 Daily Perk 2:30 Bingo 3:30 Food Committee	Magazine/ Newspaper 10 Articles 9:15 Morning Movers 10:00 Busy Bakers 11:45 Daily Perk 2:30 Bingo 3:30 Social	Magazine/ Newspaper 17 Articles 9:15 Morning Movers 10:00 Men's Event 11:45 Daily Perk 2:30 Bingo	Magazine/ Newspaper 24 Articles 9:15 Morning Movers 10:00 Busy Bakers 11:45 Daily Perk 2:30 Bingo 3:30 Bomb Pop Social on the Patio	Activities and start times are subject to change without notice. Please see the markerboard in the main entrance for updated changes.
Thursday	Magazine/ Newspaper Articles 9:15 Morning Movers 11:45 Daily Perk 2:00 Summer Vacation 3:30 Sunshine Club 3:30-4:30p	Magazine/ Newspaper Articles 9:15 Morning Movers 10:00 Card Sharks 11:45 Daily Perk 2:00 Crazy Crafters 3:30 Sunshine Club 3:30-4:30p	Magazine/ Newspaper 16 Articles 9:15 Morning Movers 11:45 Daily Perk 2:00 World Traveler 3:30 Sunshine Club 3:30-4:30p	Magazine/ Newspaper 23 Articles 9:15 Morning Movers 10:00 Merry Makers Presents Ben Tomicello 11:45 Daily Perk 2:00 Crazy Crafters: Tye Dye	Magazine/ Newspaper 30 Articles 9:15 Morning Movers 10:00 UNO 11:45 Daily Perk 2:00 Outdoor Games
Wednesday	Magazine/ Newspaper Articles 9:15 Morning Movers 10:30 Walking Wednesday 11:45 Daily Perk 1:00 Van Ride: Safari Park	Magazine/ Newspaper Articles 9:15 Morning Movers 10:30 Walking Wednesday 11:45 Daily Perk 2:00 DQ on the Patio with Nicole	Magazine/ Newspaper 15 Articles 9:15 Morning Movers 10:30 Walking Wednesday 11:45 Daily Perk	Magazine/ Newspaper 22 Articles 9:15 Morning Movers 10:30 Walking Wednesday 11:45 Daily Perk 1:00 Van Ride: Safari Park	Magazine/ Newspaper 29 Articles 7:45 Waffles served by Laura & Kayla 9:15 Morning Movers 10:30 Walking Wednesday 11:00 Resident Council 11:45 Daily Perk 2:30 Men's Club
Tuesday	The Classical States of the Community of the Classical States of the Classical	Magazine/ Newspaper Articles 1:1 Visits with Sue 9:15 Morning Movers 11:45 Daily Perk 1:30 Pretty Nails 3:00 Sunshine Club 3-4p	Magazine/ Newspaper 14 Articles 1:1 Visits with Sue 9:15 Morning Movers 11:45 Daily Perk 1:30 Pretty Nails 3:00 Sunshine Club 3-4p	Magazine/ Newspaper 21 Articles 1:1 Visits with Sue 9:15 Morning Movers 11:45 Daily Perk 2:00 Summer Solstice Celebration	Magazine/ Newspaper 28 Articles 1:1 Visits with Sue 9:15 Morning Movers 11:45 Daily Perk 1:30 Pretty Nails 3:00 Sunshine Club 3-4p
Monday		Magazine/ Newspaper Articles 9:00 Catholic Mass 9:30 Morning Movers 11:45 Daily Perk 1:00 Live Well Go Fish	Magazine/ Newspaper Articles 9:00 Catholic Mass 9:30 Morning Movers 10:00 Trivia 11:45 Daily Perk 2:30 Devotionals	Magazine/ Newspaper 20 Articles 9:00 Catholic Mass 9:30 Morning Movers 11:45 Daily Perk 3:30 Short Stories	Magazine/ Newspaper 27 Articles 9:00 Catholic Mass 9:30 Morning Movers 10:00 Trivia 11:45 Daily Perk 2:30 Devotionals
Sunday	RINDAN BERTHDAN Zola F. – 30th	Magazine/ Newspaper Articles 10:30 Mass on CH. 55 1:30 Worship	Magazine/ Newspaper 12 Articles 10:30 Mass on CH. 55 1:30 Worship	Magazine/ Newspaper 19 Articles 10:30 Mass on CH. 55 1:30 Worship FATHER'S	Magazine/ Newspaper 26 Articles 10:30 Mass on CH. 55 1:30 Worship