## Living with MS

Happy Holidays to everyone!! Its Patricia Teeter here. I am the newest member to the Saunders Medical Center – Multiple Sclerosis Clinic team. I usually go by Tricia but Trish is fine as well. I am from Fort Calhoun, NE but have recently relocated to Yutan, NE with my Husband and two sons after some years in Omaha. Trace is almost four years old and Samuel was just born in June. It has been a nice change of pace to get out of the big city of Omaha. We enjoy taking our dog, Puddles, for walks (I don't know if we walk him or if he walks us) and watching the trains go by. I spend all my free time with my boys either digging in the dirt or making messes in the kitchen.

I was lucky enough to find this opportunity to work with all of you. I started my career early on working as a dietary aid then certified nursing assistant in high school. I went to Nebraska Methodist College for my Bachelor of Science in Nursing. During that time, I worked at Nebraska Medicine on the Neurology unit then transitioned to working as a Nurse. Altogether I worked in Neurology for 9 years before obtaining my Master of Science in Nursing – Family Nurse Practitioner at UNMC. I have since worked in Family Medicine and Pain Management as a Nurse Practitioner. I look forward to using my experience in Pain Management to help find alternative treatment options to help relieve symptoms and give you the greatest quality of life that I can.

I have learned so much from Melissa Fulton and Aaron Bartek so far but know I will be learning for the rest of my career. I look forward to learning from all of you and your experiences in the years to come as well.

Tricia Teeter, APRN









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## **Important Information**

Samantha Jack and Patti Cernin are no longer with SMC. We wish Patti the best in her retirement and Sam the best in her new position. Janet Spicka has taken over Patti's role and extension. Please speak with her regarding your prior authorization or insurance questions. Saunders Medical Center will no longer be participating in research. If you have questions regarding the newsletter please email msclinic@smcne.com. If you have questions regarding the Health Fair or Night of Lights please contact our marketing director Candi at cjohnston@smcne.com

## **Upcoming Events:**

- Saturday, April 22, 2022 SMC's Annual Health Fair 9am-noon
  - o 9am-noon @ Saunders Medical Center
  - Several MS related vendors
  - o Free screenings
  - o Contact Candi Johnston at 402-443-1427 or cjohnston@smcne.com if you have questions or wish to register for heart or hearing screenings
- Saturday, May 14, 2022- Nebraska MS Walk
  - o Walk starts at 10 at Werner Park in Papillion, NE
  - o Only one walk for all of Nebraska
  - o Registration is open at the MS society website www.nmss.org
  - o Our office will have a table in the MS Wellness Village

## **General Information/Tips**

- Saunders Medical Center is in the process of getting a new computer system. This will also be changing the patient portal. Information on the new portal will be shared when we have it.
- Please refrain from calling or texting the providers on their personal cell phones. If you have an emergency after hours please contact our nurse line at 402-443-4191 and ask for the hospital nurses.
- Due to our increasing patient load, we need to start charging patients who cancel their appointment less than 24 hours in advance.
- Please arrive a half hour before your appointment to ensure there is adequate time for the check in process and our providers do not get behind for other patients.
- To schedule appointments please call registration at 402-443-4191. Our nurse is unable to schedule appointments and will have to transfer you.
- Please call 402-443-4191 to notify Janet (ext 533) if you have any change in your medical or prescription insurance. Also please make sure to give registration both cards at check-in.
- If you have questions regarding the newsletter, please email msclinic@smcne.com



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