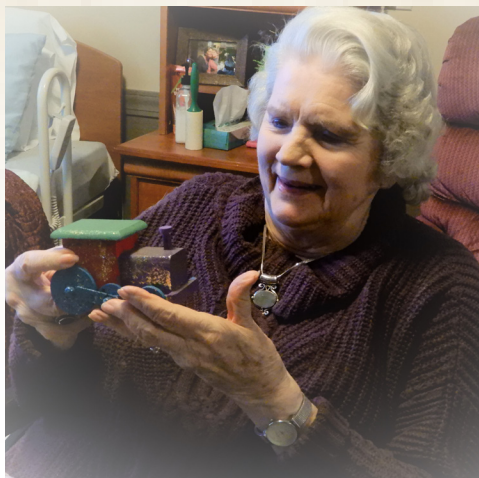


the *Best Care* for *Mom Et Dad*

The Spirit of Giving



As we look back at the recent holidays and prepare for a new year, it is easy to see that even though this year has been different from in the past, the spirit of giving has remained. Co-workers, friends, children, and strangers brought cards and gifts for the residents, making sure that every one of them had something special. The picture above is of one of our residents, Berneta Breunig, admiring a gift she received from a 5-year-old little boy. I hope that little boy knows how much joy he brought to the residents with the gifts that he made. ***Thank you to everyone for thinking of us at this time. We are truly blessed.*** Happy New Year!!!

Mask Safety Tips To Keep You Safe

Safely Wear Your Mask

Wash or sanitize your hands before putting on your mask.

Put it over your nose and mouth and secure it under your chin.

Try to fit it snugly against the sides of your face.

Make sure you can breathe easily.

Do not place a mask on a child younger than 2.

Safely Remove Your Mask

Wash or sanitize your hands before taking off your mask.

Untie the strings behind or stretch the earloops.

Handle only by the earloops or ties.

Fold outside corners together.

Place in trash or the washing machine (*if cloth*).

Wash or sanitize your hands with soap and water.

Please visit [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus) for more information on staying healthy.



Saunders
MEDICAL CENTER
Skilled & Long Term Care



Making The Difference!

♥ SHANA MIZNER

JOB overview

I have worked at SMC for two years as a CNA. I help take care of residents in the Memory Care Unit.

BEST PART OF MY JOB

Being there for my residents.

WHEN DO YOU SEE RESIDENTS SMILE THE MOST?

When we are being goofy playing ball.

FAMILY

I have four brothers and one sister. My sister is the oldest and I am the youngest.

SOMETHING I'D LIKE TO ACCOMPLISH

Get a miniature cow.

OUTSIDE INTERESTS

Playing with my dog, Rufus. Being with friends and family.

FAVORITE MOVIE

Fox and the Hound because I would watch with my dad all the time.

FAVORITE VACATION SPOT

South Dakota







SOMETHING NOT EVERYONE MAY KNOW ABOUT ME

I hunt. I'm Native American.

January 2021



Sun Mon Tue Wed Thu Fri Sat

	<p>3 10:30 Mass CH. 55 Magazines and Newspaper Articles</p>	<p>4 10:30 Trivia 2:30 Ice Cream Delivered to Rooms National Trivia Day</p>	<p>5 10:30 Virtual Mass CH. 100 2:30 Hallway Bingo</p> 	<p>6 Daily Devotions and Chicken Soup for the Soul Flower Pot Snowmen Craft</p>	<p>7 10:30 Snowball Games Pretty Nails 2:30 Polar Bear Snack</p>	<p>1 Happy New Year</p>	<p>2 Magazines and Newspaper Articles</p>	
<p>10 10:30 Mass CH. 55 Magazines and Newspaper Articles</p>	<p>11 10:30 Virtual Mass CH. 100 2:30 Ice Cream Delivered to Rooms</p>	<p>12 Watercolor Snowflakes 2:30 Hallway Bingo</p> 	<p>13 What's Your Snowman Name Movie-<i>Dunkirk</i> CH 100 Thank you John for hosting this moving.</p>	<p>14 Winter Pinecone Owls Craft 2:30 Hot Chocolate with Jaelyn</p>	<p>15 10:30 Snowball Games 2:30 Bagels and Bagel Dip National Bagel Day</p>	<p>8 10:00 Elvis Trivia and Crossword 2:30 Elvis Movie CH. 100 and Elvis Cake for Snack Happy Birthday Elvis!</p>	<p>9 Magazines and Newspaper Articles</p>	
<p>17 10:30 Mass CH. 55 Magazines and Newspaper Articles</p>	<p>18 10:30 Virtual Mass CH. 100 2:30 Ice Cream Delivered to Rooms</p>	<p>19 9:30 Residents Council 2:30 Popcorn and a Movie CH. 100 <i>Eight Below</i> National Popcorn Day</p>	<p>20 10:30 Winter Trivia 2:30 Cheese and Crackers Cheese Lovers Day</p>	<p>21 10:00 Hallway Bingo 2:30 Marshmallow Snowmen</p> 	<p>22 IN2L Games Pretty Nails 2:30 Hot Chocolate</p>	<p>16 Magazines and Newspaper Articles</p>	<p>23 Magazines and Newspaper Articles</p>	
<p>24 10:30 Mass CH. 55 Magazines and Newspaper Articles</p>	<p>25 10:30 Virtual Mass CH. 100 2:30 Ice Cream Delivered to Rooms</p>	<p>26 Skiing Snowmen Craft 2:30 Virtual Merry Makers Concert CH. 100</p>	<p>27 10:00 Bake a Chocolate Cake 2:30 Coffee and Cake Chocolate Cake Day</p>	<p>28 10:00 Hallway Bingo 2:30 Movie-Frozen CH. 100 with Muddy Buddies for snack</p>	<p>29 10:30 Virtual Travel CH. 100 Puzzles and Games National Puzzle Day</p>	<p>30 Magazines and Newspaper Articles</p>	<p>31 10:30 Mass CH. 55 Magazines and Newspaper Articles</p>	
		<p>Due to Covid precautions, activities are subject to change at any time. One to One visits and individual activities are offered daily.</p>		<p>All activities are subject to change.</p>		<p>Exercise with Deanne is offered Monday-Friday at 9:00 in the dining room or CH 100</p>		 <p>Saunders MEDICAL CENTER <i>Skilled & Long Term Care</i></p>