# the Best Care for Mom Et Dad

## Smiles Shine: Making the Best of Things

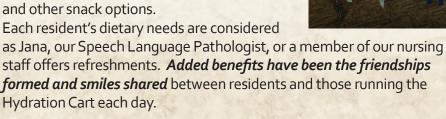


Traditional visits that we crave and desire are not possible at this time. The smiles on these faces show that we are making the best of a difficult situation. Moments like these help us to realize that we will get through this together. We continue to make **supporting our residents** and families a priority. If there is anything that we can do to help or if you have any concerns about your loved one's activity level, please call us at 402-443-4685 or e-mail Laura at leivins@smcne.com.

### Staying Hydrated—Cheers!

After group activities and communal dining were suspended due to Covid-19, we noted an increase of symptoms related to residents needing more fluids. The Hydration Cart was born! The goal of this project is to encourage residents to drink more and to offer a healthy snack each day. The cart is stocked with flavored water, juice, and coffee, as well as sliced veggies and other snack options.

staff offers refreshments. Added benefits have been the friendships formed and smiles shared between residents and those running the Hydration Cart each day.







## Making The Difference.



**HOMETOWN** Oakland, Nebraska

#### **JOB OVERVIEW**

I've been working at SMC for about 2 years as the Speech Language Pathologist (SLP). I work in the Therapy Department and alongside many staff members, patients, and residents throughout the building.

#### **BEST PART OF MY JOB**

When I've helped make a difference for my patient to improve in some aspect of their life.

Favorite resident activity I see residents smile most when I am working the Hydration Cart. It has been fun getting to know the residents (I can now tell you how each resident likes their coffee!).

#### **Family**

My mom and dad live on our family farm outside Oakland, NE. I have two brothers, one older and one younger. My older brother got married this past February and we are so thrilled by the addition of my new sister-in-law!

Sat	4 Individual Activities Magazines/Newspaper Articles	11 Individual Activities Magazines/Newspaper Articles	18 Individual Activities Magazines/Newspaper Articles	25 Individual Activities Magazines/Newspaper Articles	During Covid precautions One to One visits and individual activities are offered Daily. All activities are subject to change.
Fri	Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 2:30 Family Parade	Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 2:30 Pina Coladas on the Porch  Pina Colada  Day	Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 2:30 Watermelon on the porch <b>July is National</b> Watermelon Month	Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 10:00 Porch Sitters 2:30 Watermelon on the Porch	S1 Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 2:30 Grilled Hot Dogs
Thu	Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Pretty Nails	9 Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Popcorn Day	16 Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 10:30 Porch Sitters 2:00 Porch Sitters	Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Popcorn Day	S0 Magazines/Newspaper Articles 10:00 Hydration Cart 2:30 Trivia on the Porch  Cheesecake Day
Wed	Walking Wednesday Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 10:30 Porch Sitters 2:30 Porch Sitters	Walking Wednesday Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 10:30 Trivia on the Porch	Walking Wednesday Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 2:30 Virtual Merry Makers Channel 100	Walking Wednesday Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Pretty Nails	Walking Wednesday Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Virtual Merry Makers Channel 100
Tue	Happy Birthday! Joyce Imig - 10th Irene Klein - 18th Ethel Kavan - 24th	Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Hallway Bingo	Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Hallway Bingo	Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Hallway Bingo	28 Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Hallway Bingo
Mon	2020	Exercise Magazines/Newspaper Articles Magazines/Newspa 10:00 Hydration Cart 10:30 Virtual Mass Channel 100 2:00 Hallway Bingo 2:30 Ice Cream Delivered to Rooms	Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 10:30 Virtual Mass Channel 100 2:30 Root Beer Floats Delivered to Rooms	Exercise Magazines/Newspaper Articles 10:00 Hydration Cart 10:30 Virtual Mass Channel 100 2:30 Lee Cream Delivered to Rooms	Exercise Magazines/Newspaper Articles Magazines/Newspaper Articles 10:00 Hydration Cart 10:30 Virtual Mass Channel 100 2:30 Lec Cream Delivered to Rooms  July is 1ce Cream Month
unS		Magazines/Newspaper Articles 10:30 Mass on Channel 55 7:00 Hee Haw Show	12 Magazines/Newspaper Articles 10:30 Mass on Channel 55 7:00 Hee Haw Show	19 Magazines/Newspaper Articles 10:30 Mass on Channel 55 7:00 Hee Haw Show	26 Magazines/Newspaper Articles 10:30 Mass on Channel 55 7:00 Hee Haw Show



For Regular Activities Updates & Videos Go to Saunders Medical Center on Facebook for videos of our residents!



# Saunders Medical center

Skilled & Long Term Care