



Saunders
MEDICAL CENTER
Be Well.

Saunders Medical Center
ANNUAL REPORT
Wellness | Summer 2018

Tucker & Tyler

It's a miracle.

PAGE 12

MEET our team.

New & Coming: Nicole Akers,
Aaron Bartek, Andrew Opp &
Hank Newburn

PAGE 4

COVER PHOTO

Hailey Heals.

After a zip-lining accident,
Dr. Newburn assists
Hailey...

See Hailey's *Story of Care* Online

Knee Success.

Zane & Kevin's
JOURNEY

PAGE 8

BEAT cancer.

Annual physicals save lives.

PAGE 7

Be Well.

Family Care Clinic • Edge Therapy & Wellness • Skilled & Long Term Care
Surgery • Hospital • Telemedicine & much more!

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Saunders

MEDICAL CENTER

Be Well.

Great things are happening at Saunders Medical Center! As the largest employer in Saunders County, Saunders Medical Center has a team of 240 of your neighbors who take pride on a daily basis to provide superb care to help you **Be Well**.

Stop in anytime to see what is new at your healthcare leader—right here in Wahoo! Here are a few highlights:

BOARD OF TRUSTEES

Marsha Rogers, Chairperson
Theresa Klein, Vice Chairperson
Gregory Hohl, Treasurer
Cathy Binstock, Secretary
Curt Bromm, Member
Jason Libal, Member
George Robertson, Member

LEADERSHIP TEAM

Tyler Toline, CEO
Julie Rezac, COO
Chase Manstedt, CFO
Candi Johnston,
Marketing Director
Erin Lacey,
Human Resources Director
Sam Prokopec,
Skilled & LTC Administrator

Expansion of Our Family Care Clinic

and outpatient patient rooms. We are under construction! We are in the process of adding more patient rooms. New providers increase the amount of appointment openings.

Youth Be Well — In an effort to assist Saunders County children and their families,

a collaboration between school nurses, SMC health

coaches and our wellness trainers the Youth Be Well program has been created. Go online to see the activity calendar and videos demonstrating the challenges for youth and much more!



Telemedicine is Here For those specialties that previously required you to connect with a specialist out of town, telemedicine is available.

We currently offer psychiatry and neurology services and we plan to add more. So, how does it work? Telemedicine allows you (*and a nurse for some specialties*) to meet with doctors via computer screen. With specialized equipment, the nurse can even hold an otoscope to see inside your ears live. Families with ADHD children utilize this service to avoid additional traveling time for specialists.

Specialists Come to You!

With over 20 different specialists coming to SMC, you no longer need to go out of town. Cardiology, Pulmonology, Gynecology, ENT... just to name a few! Call 402 443-4191 to find out if we have a visiting specialist to meet your healthcare needs.

If you have a suggestion, need or a concern, never hesitate to contact me or anyone on our Leadership Team! We look forward to serving you and your family.

Be Well!

Tyler Toline
CEO, SAUNDERS MEDICAL CENTER

OUR MISSION

To improve the health of the people of Saunders County and beyond
by providing convenient and timely access to
high quality comprehensive care
with exceptional service & compassion.

Our Commitment to Health

As physicians, healthcare professionals and employees, our mission is to enhance the health of everyone we serve. Our Commitment to Health is our vision for redefining health in our local communities:

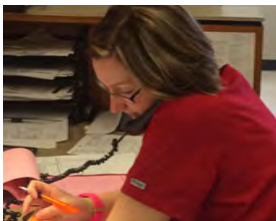
We encourage healthy living.

We connect with our communities.

We foster health and wellness.

Integrating Healthcare with Lifecare

We want everyone in Saunders County and surrounding communities to *Be Well*. Our new care model integrates health and life services as our standard of care, enhancing the services we currently offer as demonstrated by:



After-hours Access to Health Advice

SMC Care Line is our dedicated phone line for after-hours access to experienced nurses who answer health-related questions, schedule appointments and make referrals when needed. Just call 402 443-1448.



Wellness and Fitness Training

Our EDGE Wellness and fitness training programs include personal training, performance training and a running clinic.



Health Coaching

From preventive care to managing chronic conditions, our Health Coaches are available to provide support and guidance at no charge.



Community Partnerships

We are committed to community partnerships that assist us in addressing our highest health priorities, including mental health, diabetes, breast health and obesity.

Helping you to *Be Well.*



Dr. Andrew Opp is a Family Physician at SMC. From Weston, Nebraska, he is happy to be caring for his hometown community!

- ◆ Passion for Family Clinic & caring for multiple generations
- ◆ Medical Director for South Haven Living Center
- ◆ Married with three children
- ◆ Enjoys fishing and a competitive game of racquetball

MEDICAL SCHOOL | RESIDENCY
University of Nebraska
Medical Center, Omaha

CERTIFICATIONS
Advanced Trauma Life Support
Advanced Cardiac Life Support
Pediatric Advanced Life Support

PROFESSIONAL MEMBERSHIPS
American Academy of
Family Physicians
American Medical Association
American Board of Family Practice

REQUEST AN APPOINTMENT TODAY

402 443-4191

ONLINE [SaundersMedicalCenter.com](https://www.SaundersMedicalCenter.com)

CLICK ON CLINIC | REQUEST AN APPOINTMENT



Your Family Care Team

Joining us in
August!



**Nicole
Akers**

MD

Joining us in
September!



**Aaron
Bartek**

Emergency Room

Multiple Sclerosis Clinic



**Abby
Chase**

DNP, APRN-C



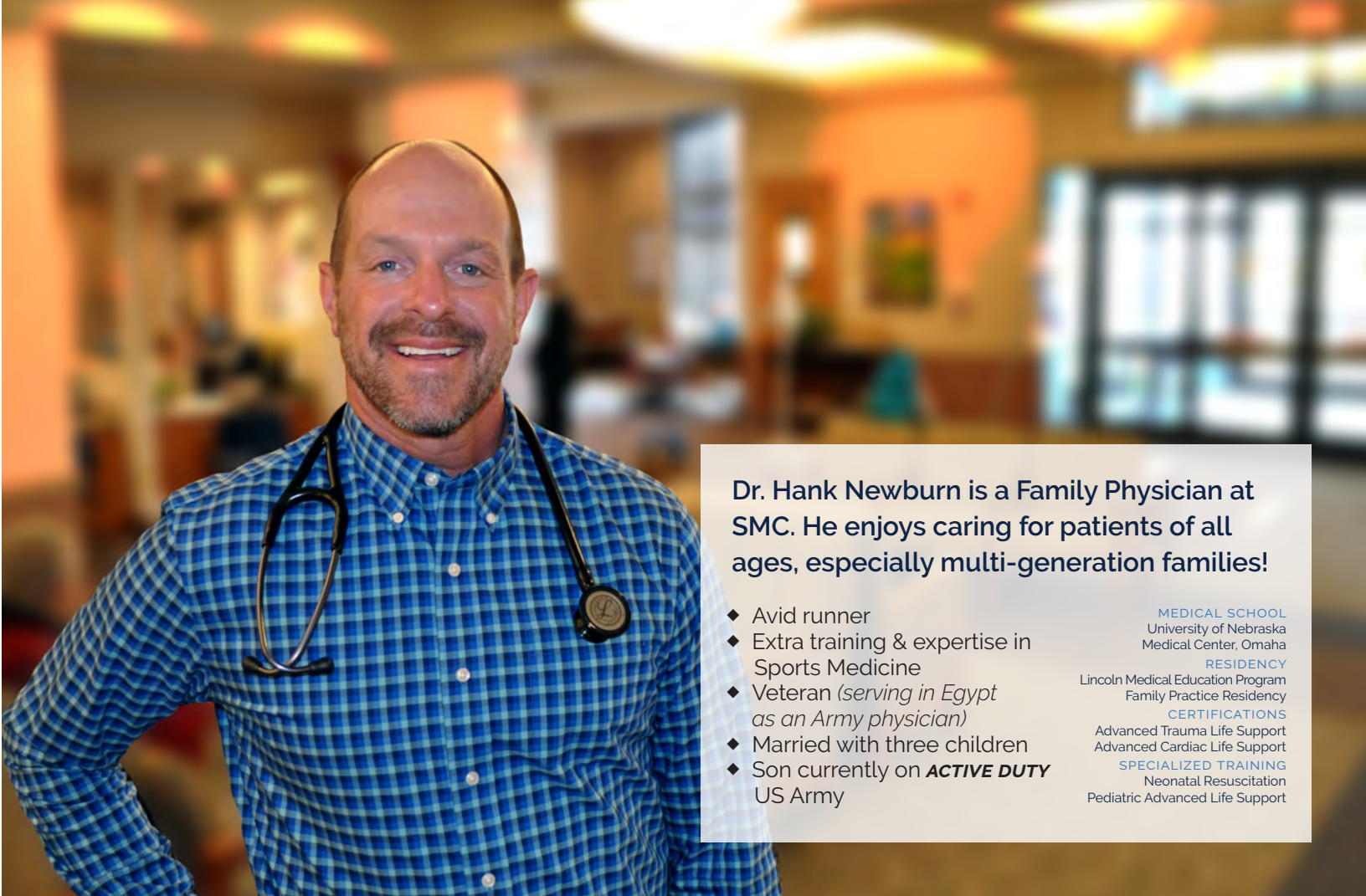
Mary Filipi

APRN-C, PhD



**Melissa
Fulton**

APRN-C



Dr. Hank Newburn is a Family Physician at SMC. He enjoys caring for patients of all ages, especially multi-generation families!

- ◆ Avid runner
- ◆ Extra training & expertise in Sports Medicine
- ◆ Veteran (*serving in Egypt as an Army physician*)
- ◆ Married with three children
- ◆ Son currently on **ACTIVE DUTY** US Army

MEDICAL SCHOOL
University of Nebraska
Medical Center, Omaha
RESIDENCY
Lincoln Medical Education Program
Family Practice Residency
CERTIFICATIONS
Advanced Trauma Life Support
Advanced Cardiac Life Support
SPECIALIZED TRAINING
Neonatal Resuscitation
Pediatric Advanced Life Support



Taking care of
families as if
Our Own.



**Tyler
Hauswald**
PA-C



**Nate
Kotera**
PA-C



**Leo
Meduna**
MD



**Hank
Newburn**
MD



**Andrew
Opp**
MD



**Les
Veskrna**
MD

Busy Mornings? Oh yes!

Mornings can be a challenge. Here are some practical suggestions—

Why should I eat breakfast?

The right breakfast foods can help with **concentration**, problem solving skills, eye-hand coordination, give you **strength** and **endurance**, and even help with maintaining a **healthy weight**.

Stock the kitchen with healthy breakfast options

- Prepare the night before
- Get everyone up 10 minutes earlier
- Let kids help plan and prepare breakfast
- Have grab-and-go alternatives (*fresh fruit, individual boxes or baggies of whole grain, low-sugar cereals, yogurt or smoothies, trail mix*)

Not hungry first thing in the morning?

Pack a breakfast they can eat a little later on the bus or between classes. Some suggestions include: fresh fruit, low-sugar whole grain cereals, nuts, half a peanut butter sandwich with a small banana.

Healthy Breakfast

IDEAS TO TRY

- ★ **Hot cereal** topped with nuts or fruit sprinkled with cinnamon
 - ★ Half a **whole grain bagel** topped with peanut butter and fresh fruit
 - ★ **Breakfast smoothie** (low-fat milk or yogurt, fruit mixed in a blender)
 - ★ Shredded cheese on a **whole-wheat tortilla**, folded in ½ and microwaved for 20 seconds and topped with salsa
 - ★ **Yogurt and fruit**
 - ★ **Vegetable omelet** with whole-wheat toast
 - ★ **Bran muffin** and berries
- Some **Whole Grain** options to consider:
- ★ Cereal with low-fat milk topped with fruit
 - ★ Waffles topped with peanut butter or fruit
 - ★ Pita stuffed with sliced, hard-cooked eggs

Try to serve a balanced breakfast that includes some carbohydrates, protein and fiber. Carbs are a good source of immediate energy for the body. Energy from protein tends to kick in after the carbs are used up, and fiber helps provide a feeling of fullness and discourages overeating.

Youth Be Well!



Saunders
MEDICAL CENTER

Be Well.

THE BEST SCREENING

The One That Gets Done.

Saunders County— Let's Improve Our #'s

Overall, Saunders County has higher cancer rates than the Nebraska average

According to research by Three Rivers Public Health Department, Saunders County has a higher rate of deaths due to cancer compared to the rest of the state.* Their goal is to increase screenings for all Saunders County residents.

Annual Physicals Save Lives

Annual physicals check health measures such as blood pressure, skin health, cholesterol, liver function, diabetes risk, etc.

- **Meet with your doctor yearly** to do blood work and discuss any health concerns you may have. You may also discuss when you need to consider additional screenings or tests.

- **Usually FREE Physicals for all ages**
(Most insurance programs do not charge for annual physicals.)

To review your results with your doctor, consider having a fasting blood draw prior to your appointment.

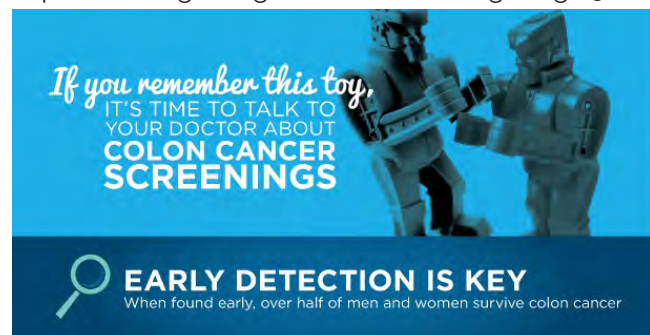
*Study from 2009 to 2013. Full research online at ThreeRiversPublicHealth.org

Current Screening Recommendations

Recommendations are developed to save lives by finding cancer early, when treatment is more likely to be successful. If there is no family history of cancer, or other concerns determined by you and your provider, the current recommendations are:

Breast Cancer All women should begin having yearly mammograms by age 40-45, depending on family history.

Colon Cancer & Screening Options The American Cancer Society believes that preventing colorectal cancer (*and not just finding it early*) should be a major reason for getting tested. *Having polyps found and removed keeps some people from getting colorectal cancer.* The most important thing is to get screened starting at age 50.



unless your provider recommends earlier.

Cologuard® is a non-invasive home screening that is covered by most insurances. Talk to your doctor to determine what is best for you. If recommended, colonoscopies can be performed at SMC by visiting specialists. ***Discuss with your doctor during your annual physical which screening is best for you.***

CALL 402 443-4191 TO SCHEDULE TODAY.



Saunders
MEDICAL CENTER
Edge Therapy & Wellness

~~They got me to state!~~

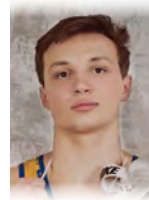
I tore my ACL at a wrestling camp in late June and had surgery in July. I was discouraged but determined to get back on track.

My experience at SMC was amazing! Everybody there was very welcoming and helpful. Dr. Koch and his team did a great job explaining the preparation before surgery and the recovery process. I had a lot of one-on-one time with my physical therapist Nick, which I loved because I felt that him and I were always on the same page. He was always pushing me as he knew that my goal was to get back on the mat with a strong and sturdy knee before districts, which we accomplished.

Overall, therapy went great. It was a lot of hard work and dedication, but I am very proud of how I ended up. I made it to state in wrestling and look forward to football this season..

-Zane Bennett

Injured in the summer of 2017 and got to state in wrestling with a stronger knee in just 6 months!



*See Tammy's story online:
From a Mom's Perspective*



**K
Suc
Zane & Ke**

~~Get the Best. Get the Edge!~~

Congrats Zane!

—From Dr. Koch, your Athletic Trainer Rachel Hall and the Edge Therapy team for your **determined recovery** and for **finishing in the top 8 of the Class B 160 lb. weight class!**

~~Getting you back to your best, FASTER!~~

EDGE THERAPY AND WELLNESS IS LOCATED JUST INSIDE THE FRONT ENTRANCE AT SAUNDERS MEDICAL CENTER.

SMC's Therapy & Wellness team is proud to provide **direct patient to therapist appointments** and will "Get you back to your best and fast!" The therapy department provides all types of therapies, not just physical therapy.

Pediatric | Occupational | Women's Health | Speech | Respiratory | Sleep Studies
Cardiac | Physical | Pulmonary | Orthopaedics | Neurological | Sports | Vestibular Rehab
Aquatic Therapy | Falls and Balance Assessments | Lymphedema Therapy
Post Surgical Rehab | Job Site Evaluations

~~The team is dedicated to furthering their education to become certified in specialized techniques. They also offer personal trainers, a gym, group and individualized training opportunities for any level of fitness, educational events and much more.~~

~~Stop in and visit the Edge Therapy team, see them online or make an appointment today by calling them at 402 443-1426!~~



An active community member both past and present, Kevin was feeling the pain of chronic knee problems. Whether running score boards, coaching baseball or serving on the Wahoo City Council, things were getting harder to do and interfering with his busy life. It reached the point that he was only able to put weight on his good knee.

Dr. Koch gave me options

I finally made an appointment with Dr. Koch at SMC, where x-rays were taken and reviewed. I was given several options to consider. I chose to try the first option presented, which was a steroid injection. I felt immediate relief. I was able to do things I hadn't done in a long while like walking more and even taking the stairs! But, it only lasted for a few weeks.

Total joint replacement was my next option. My wife and I attended an information session to learn about the procedure from start to finish which helped us make our decision. We toured the surgical center at SMC. We were able to ask Dr. Koch, the surgical staff and other patients our questions. With this information we knew our next step. I proceeded to have knee replacement surgery.

I felt so much better after surgery! I knew I had made the right choice.

While at the hospital, it was clear I wasn't just a number. I was their patient and staff truly cared about making my recovery successful. The nurses were very attentive. I never had to wait for assistance or pain management. Surgery nurse, Mikayla Smart, even took the time to sit and visit with me for nearly an hour. I was walking the first day! It is great to stop in or run into "my team" at SMC and give them a high five!

Everything about my experience was positive. **Convenience was key! I was just a mile away from my appointments with the specialists, surgery center, clinic follow-up visits, and physical therapy, all in one location.** It just made sense! I have great confidence in the SMC staff and highly recommend them!

-Kevin Dunbar

Walking with a new knee from SMC



Dr. Douglas Koch
ORTHOPAEDIC SURGEON



Lincoln Orthopaedic Center
Dedicated Surgical Expertise

Let the doctors do the driving. Seriously, Dr. Koch comes to you just like he did for Kevin & Zane! He meets with patients pre and post op in addition to completing knee-hip-shoulder surgeries right here. He has performed over 18,000 surgeries in his career.

Before any joint replacement, SMC holds informational sessions that answers all your questions from how long will it take to recover, what to do each week prior and after surgery, and so much more.

Want to learn more? Talk to your provider or call 402-443-4191.

Sports Medicine • Total Joint Replacements
Shoulder & Knee Scopes
Rotator Cuff Repair • Carpal Tunnel Repair

Post-Acute Rehabilitation



REHABILITATION AFTER AN ILLNESS | INJURY | SURGERY

Saunders Medical Center offers post-acute rehab services to help you **recover from your illness, injury, or surgery to get you back to your previous level of independence.** After your short-term stay, those returning home can continue therapy, if needed, at our Outpatient Rehabilitation Clinic. Often, you can be treated by the same therapists who treated you in post-acute rehab, enhancing the continuum of care. The Community Wellness Program is available to help you continue toward your **Health and Wellness goals.**



Saunders
MEDICAL CENTER
Skilled & Long Term Care

REQUEST INFORMATION TODAY

402 443-4685

ON-LINE SaundersMedicalCenter.com

CLICK ON NURSING HOME

Services provided

- ◆ 24-Hour Skilled Nursing Care
- ◆ Physical | Orthopaedic Therapy
- ◆ Occupational & Speech Therapy
- ◆ Cardiac & Pulmonary Rehab
- ◆ Post-Surgical Care
- ◆ Joint Replacement Rehabilitation
- ◆ Stroke Recovery
- ◆ Wound Care
- ◆ Nutrition Counseling by Certified Dietitian
- ◆ Multiple Sclerosis Specialty Clinic On-Site
- ◆ Various Activities
- ◆ Spacious Private Rooms with Shared Restroom

Amenities

- ◆ Convenient Access to Your Physicians, Lab, and Imaging
- ◆ Specialty Clinics Just Down the Hallway
- ◆ Beautiful Views of the Nebraska Plains
- ◆ On-Site Beauty Salon
- ◆ Chapel with Weekly Services
- ◆ Outdoor Courtyard

Over 20 Specialists to Meet All Your Family's Healthcare Needs

For a **COMPLETE** listing, go online to SaundersMedicalCenter.com, or simply call our team at 402 443-4191 and we would be happy to assist your family.

Cardiology

Cardiologists from both

Bryan Heart and Nebraska Heart Institute

treat your arrhythmia, hypertension and other heart conditions. They perform EKGs, echocardiograms, stress tests, and medication evaluations—all right here!

"We were very pleased with Dr. Pflug and our superb care at SMC!"

—Ariell Hardy, Mom of Ava Weston, Nebraska



Ear, Nose & Throat

Dr. Pflug assists your loved one (*of all ages*) with compassion. He performs procedures such as:

ear tube placement, tonsillectomies, adenoidectomies, and other sinus and nasal procedures.

GI Services

Our GI Specialists perform **colonoscopies** (*cancer screening test*) and **EGDs**

(*a test to view the upper digestive tract*).

They treat gastrointestinal and hepatic disorders, and help **manage inflammatory bowel disease.**

Urology



Serving our community, Dr. Wiebusch performs **bladder procedures** such as cystoscopy and other minimally invasive procedures.

ORTHOPAEDIC SERVICES

Sports Medicine

Dr. Koch treats rotator cuff, carpal tunnel and **sports injuries**. He provides shoulder and knee scopes, and **total joint replacements** such as knees, hips & shoulders.

ACCREDITED PULMONOLOGY SERVICES

Breathe & Sleep Easy!

Suffering from a snoring partner?

Sleep apnea is tested here by our Certified Sleep Technologist.



Does a loved one have trouble breathing?

Let our pulmonologist perform a simple **Pulmonary Function Test (PFT)** right here in Wahoo.



Women's Health

Our Gynecologist performs procedures such as:

Minor Laparoscopic Surgeries

Hysterectomies • Ablations

Bladder Slings

Telemedicine



The cutting edge of technology is here!

Our technology allows doctors to meet with patients via computer (*with a nurse at their side*).

And, using the high-tech ear monitor the doctor can also see—LIVE.

This opportunity for care close to home with telemedicine is growing quickly. Ask for details!



Saunders
MEDICAL CENTER

Be Well.



It's a Miracle.

My first baby—what awe we felt when he was born! A healthy 7 lbs. and 15 ozs., Tucker was delivered right on time. Well, it was actually a week before his due date January 9, 2010.

At the hospital where Tucker was born, he was under the care of pediatricians and given a clean bill of health when discharged. When he was about 6 weeks old, I was very concerned about his baby acne, so on a Sunday we went to an urgent care facility. Because Tucker was a new patient, the pediatrician did a full exam. Nothing was out of the ordinary and the doctor said the baby acne was nothing to worry about. I was just being a typical new mom! All of this was so new and we love our little ones so much! It was reassuring to hear that all was well.

My husband Cory and I doctor at Saunders Medical Center Family Clinic. We decided when we were expecting that our provider, Tyler Hauswald, PA, would also be our baby's care giver. Our first visit was at Tucker's eight week well baby check.

We saw our provider Tyler Hauswald, PA. He was very thorough at the appointment and answered all my "new mom" questions. He kept checking Tucker's eyes. We both noticed his eyes were a little crossed but

that is typical for newborns. Yet, he couldn't find a "red reflex" in his eyes. He called a specialist and made an appointment for us because he said this was an urgent matter. Looking back, I see he didn't want to worry me, yet he insisted it was urgent.

I had mixed feelings. Was this really right? I asked myself. I had a happy, and I thought healthy, newborn baby in my arms!

The specialist couldn't get Tucker in as quickly as Tyler insisted. My husband thought immediately of a land owner that he farmed for. By God's plan, our land owner was an ophthalmologist. Cory took a chance and called him. His office called back right away and said come in immediately.

"Immediately." Oh, boy! This may be serious after all. What is going on?

In my many calls to determine our next steps, I received a call from a specialist who said my son would be blind. I broke down. BLIND? My husband was unreachable as he was farming in the hills near Linwood. I was at work. My boss said - go to the Clinic and talk to Tyler. I did. He brought me into a patient room and I lost it. My child might really be blind for life? PHPV - What exactly is that?

So many emotions and questions. Tyler counseled me through this and listened to my tears.

A Higher Power

The day before we left for the surgery, we were invited to a rosary to pray for Tucker at St. Wenceslaus Catholic Church in Wahoo. We knew nothing about this prayer gathering as it was being secretly planned. The church was full. Full of Catholics and non-Catholics. They all came to pray for our little baby. Our nurses. Our doctors. Our co-workers. Our friends and even strangers. I really don't know for sure who planned this, but I am eternally grateful for them and all who came to pray for our baby.

It all happened so quickly. I kept a journal to keep track of it all. They believed Tucker had congenital cataracts and PHPV (Persistent Hyperplastic Primary Vitreous). He needed surgery before he was 100 days old to prevent blindness for life. He was already 8 weeks old. No one in Nebraska did this type of surgery on infants. We went to Iowa City and God had planted one of the top three retina specialists in the world to be at the surgery. Truly, I don't know how all this worked! A Higher Power!

Tucker had unusual "floaters" that were discovered during the surgery.

Tucker & Tyler

It turned out he didn't have PHPV that would cause him to be blind after all. The surgery was successful! Tyler, our ever vigilant caring provider, had insisted we call him the day of the surgery to let him know how it went.

Angels on Earth

They are all around us, but often it isn't until an event drops us to our knees that we see them. Tyler Hauswald is our angel. He was placed by God to be in our lives at just the right time. (So was our land owner!)

The tears return. I am almost speechless. I tell people all the time that Tyler is our angel. We are so lucky he was there when we needed him. He is UNSTOPPABLE. He will do everything he can to help our family and other families. We are so lucky this talented and caring PA has chosen to serve his community and raise his own family in Wahoo. My husband Cory and I are so thankful for Tyler. He treats our children as his own. He has a special place in our heart.

We speak very highly of Tyler and have the utmost confidence in all the providers at Saunders Medical Center. If Tyler is unavailable for an appointment our family has seen other providers at the Clinic. Everyone is so sincere and passionate about what they do!

It Is Hereditary

No one else in our family has this condition. There is a 50% chance our other children would have this. The genetic testing would tell us. Our second child, Maci, was tested at 2 weeks. She was in the clear.

Our third child, Lucy, was not so lucky. When we went for our well baby check with Tyler, he had already received the news from our eye specialist and he silently mouthed, "I'm sorry." I was too, but it was going to be okay. Two surgeries later for Lucy and it was. Simply put, God put Tyler in our lives and he saved our children's sight.

Thanksgiving

Tucker is now 8 years old and knows his story. He knows he has special angels in his life and special eyes. He wears contacts and glasses to help him see. His sister Lucy wears contacts and will have glasses as she gets older. We are so thankful their conditions are treatable.

Each night we pray in thanksgiving for the angels on earth in our lives, our special eyes, our sight, St. Lucy, and for God.

My husband and I tell all our children, "God has big things planned for you!" There were so many times we

felt we were trying to be stopped but there was an answer at every turn. It was scary and it is hard to think back. However, I felt God's presence and His earthly angels doing His work through it all for Tucker.

Remember that Journal? The one I kept through it all? One day, when Tucker is older, it will be his. It is very personal and dear to my heart, as are each person who helped our children through this. Thank you to each of you. Thank you God for my children's vision—I will forever be grateful!

Thank you all!

Sarah Kruse,
MOM OF TUCKER





Melissa Fulton
APRN-C



Abby Chase
DNP, APRN-C



Mary Filipi
APRN-C, PhD

Progressive and specialized care right here—

Serving those with Multiple Sclerosis

With access to MRIs, lab, pharmacy, infusion and physical therapy services—an appointment with our MS Clinic is convenient and comprehensive.

Our MS Clinic also provides services for people with **spasticity** and **migraine headaches**. If you have a history of Multiple Sclerosis, a Stroke, Cerebral Palsy or any other neurological condition, and you have an arm or a leg that is contracted (*in a tight position*) the MS Clinic may be able to help you.

More specifically, individuals with:

- tight fists
- difficulty in raising their arms
- turned-in feet

- cramped toes that inhibit walking
 - migraine headaches untreatable with other medications
- may experience relief with Botox®.

Botox® injections are an in office procedure and lasts for approximately 90 days. With the help of physical therapy, Botox® can improve spasticity and improve quality of life.

Yearn to feel better? *Don't know who to turn to? We can help.*



Health Coaches Nicole Josephsen, RN, BSN; Lori Russell, RN and Ansley Zaloudek, RN, BSN are all available to help you meet your health goals.

Saunders Medical Center is committed to helping you achieve your health and wellness goals. You direct your goals. Health Coaches assist you in creating a plan and offer accountability.

There is no charge for the health coaching services, it is simply part of our mission of serving our community: to assist you in living the best you can! For a full brochure about our services, go online to Clinic and Health Coaches, or ask your provider.

Create a confidential partnership to achieve your personal wellness goals.

STATEMENT OF OPERATIONS

For the Year Ended 6/30/17

We received revenue from—

Inpatient revenue	2,421,067
Long term care revenue	3,847,405
Outpatient revenue	19,588,362
Clinic revenue	3,799,544
Other operating revenue	2,193,718

TOTAL Gross Revenue **\$31,850,096**

What we did not collect—

Billing agreements with government and commercial insurance (<i>contractual adjustments</i>)	5,746,814
Patients failed to pay (bad debt)	502,830
Patients were unable to pay (<i>community benefit adjustments</i>)	93,011

TOTAL Uncollected **\$6,342,655**

Net Operating Revenue **\$25,507,441**

We had operating expenses for—

Salaries, wages, and temporary staffing	12,139,921
Employee benefits	2,570,879
Supplies, services and other	8,135,009
Depreciation	1,364,597
Interest	411,302

TOTAL Expenses **\$ 24,621,708**

Operating Income **\$885,733**

Other Income—

Investment income	16,368
Contributions	132,248

TOTAL Other Income **\$148,616**

Amount retained for improvement of services and facilities **\$1,034,349**

Helping our community



389
Surgeries
Performed



2,120
Emergency
Room Visits



42,365
Registrations



17,566
Provider Visits



7,863
X-Rays, CTs, MRIs
& Mammograms



1,360
Influenza
Vaccinations



12,213
Therapy
Services



310
Hospital
Admissions



371
Health
Coaching
Sessions



240
Community Wellness
& Sports Endurance
Participants

INVESTMENTS



■ Cash & Cash Equivalents	\$ 5,324,885
■ Cash & Investments <i>Held by County for Debt Service</i>	\$ 3,386,304
■ Certificates of Deposit	\$ 221,316

REVENUE BY PAYER



■ Medicare	47%
■ Other	24%
■ Insurance	21%
■ Medicaid	5%
■ Self Pay	3%



Saunders MEDICAL CENTER

Be Well.

Saunders Medical Center
1760 Cty. Rd. J
Wahoo, NE 68066
402 443-4191
SaundersMedicalCenter.com

Local Postal Customer

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U.S. POSTAGE
PAID
Norfolk, NE
Permit No. 125

ECRWSEDDM

Be Healthy. Take Care of You!

H T E L E S H A R A D G C Y X G B P X Q
E A M N O N P R A G U E H G N O L O C M
M K Y Y P F T V I W E S T O N G K B F C
O E Y Y P D S N U R S I N G H O M E A E
R C F J O I N T S U R G E R Y S O W F R
S A L L E W E B Y M E M P H I S T G X E
E R W V L G P H S F F U L B R A D E C S
B E Z D K I F F A M I L Y C L I N I C C
L O Z L U E O C T W I X M A R E T O K O
U F M A D Q P R E V E N T C A N C E R B
F Y E W L A C I S Y H P L A U N N A Y O
F O D S D M E A D L L E W E B H T U O Y
J U U U A C A R I N G P R O V I D E R S
N A N A A S I Z R H K D P P T G L C I C
C J A H D R R W L A S H L A N D U B C H
V E S K R N A E E G D E E H T T E G B Y
X P I T H A C A K E H L V B A R T E K A
I P I L I F H E I A L A T I P S O H B S
R I C C P K V A L P A R A I S O B S X E
Z F U L T O N I N R U B W E N Y M W U E

Ashland
Cedar Bluffs
Ceresco
Colon
Ithaca
Leshara
Malmo
Mead
Memphis
Morsebluff
Prague
Valparaiso

Wahoo
Weston
Caring Providers
Akers
Bartek
Hauswald
Kotera
Filipi
Fulton
Newburn
Opp
Meduna

Veskrna
Annual Physical
Prevent Cancer
Joint Surgery
Nursing Home
After Surgery Care
Hospital
Family Clinic
Get The Edge
Youth Be Well
Take Care of You
Be Well

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Hospital | ER

SKILLED CARE 24/7 | INFUSIONS | PERSONALIZED CARE

BEAT cancer. ANNUAL PHYSICALS SAVE LIVES | PAGE 7

"A loved one of mine, who faithfully participates in annual mammography screening exams, recently completed her annual mammogram and was diagnosed with an undetectable, by self-breast examination, malignant carcinoma. Had she delayed her annual screening to every other year as recommended by the American Cancer Society, her cancer would have had another year to grow into something that easily could have become a very life altering result. Since it was very small and found at a very early stage she has had successful surgery resulting in no future life threatening expectations. I strongly feel annual mammography is beneficial and should be something discussed between patient and provider."

—Patrick T. Dailey, RT
Imaging Services Manager, Saunders Medical Center

August 25 • Health Fair

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