

# the *Best Care* for *Mom & Dad*

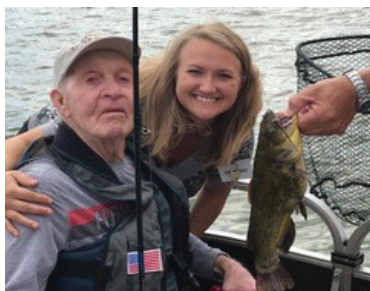
## A Nice Morning for



An early morning boat ride on Lake Wanahoo was the setting of our latest outing. We hopped aboard a pontoon boat provided by **Live Well. Go Fish.** and set out for an adventure.

The weather was cool and cloudy—perfect for fishing. Residents caught a northern pike, bullheads, and a couple bluegill. One fish was long enough to be submitted to receive a Master Angler Award.

*Cannot wait to see where our next adventure takes us!*



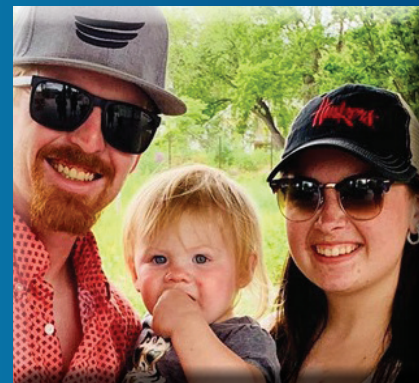
## Wheelchair Safety Reminders

Wheelchairs are meant to provide residents with independence, comfort and the capacity to enjoy life to the fullest. "Walking while sitting" is highly encouraged to maintain independence and improve leg strength. Safety measures to consider when using a wheelchair are:

- Always lock the brakes before helping your loved one in or out of their chair.
- When pushing, please make sure that foot pedals are being used to prevent injury.



**Saunders**  
MEDICAL CENTER  
*Skilled & Long Term Care*



## Making The Difference!

♥ KATIE BRABEC

HOME TOWN Colon, NE

### JOB OVERVIEW

I am the Ward Clerk and a CNA at Long Term Care. I handle clerical duties and a lot of paperwork but also get to assist with lots of fun things!

### BEST PART OF THE JOB

Being able to help residents as well as nursing staff.

### WHEN DO YOU SEE RESIDENTS SMILE THE MOST?

When I bring my dog in to visit. I love sitting on the patio, one on one with different residents. They really enjoy the fresh air.


### FAMILY & OUTSIDE INTERESTS

I have a two year old daughter and three dogs. I competitively show working border collies.

### FAVORITE VACATION SPOT

Anywhere in the Rocky Mountains.

SOMETHING NOT EVERYONE MAY KNOW ABOUT ME  
I am a Wahoo Public Alumnus.

Sun	Mon	Tue	Happy Birthday Wed	Thu	Fri	Sat
 <p>Magazines/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Matt Norlen Cresco Covenant Church 7:00 Hee Haw Show</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Catholic Mass 2:30 Bingo 3:15 Ice Cream Social</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Donut Debate 2:00 Water Fun with LTC Kids 3:30 Root Beer Floats on the Patio National Root Beer Float Day</p>	<p>Darlene Jordan - 3rd Lucy Thompson - 13th Edwin Scanlon - 20th Peggy Taylor - 21st Bonnie Jurgensen - 29th John Dahl - 31st</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Pet Therapy with Ollie and Joni 11:00 Bible Study with Connie 5:00 Saunders County Fair Parade</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Busy Bakers 2:30 Homemade Ice Cream with Deanne and Jaelyn</p>	<p>Individual Activities Magazines/Newspaper Articles</p>
<p>Magazines/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Russ Sizemore Swedeberg Covenant Church 7:00 Hee Haw Show</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Catholic Mass 2:30 Bingo 3:15 Ice Cream Social</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Donut Debate Outside Time with Angela and Laura</p>	<p>Walking Wednesday Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Merry Makers Presents Barefoot Becky</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Pet Therapy with Ollie and Joni 11:00 Bible Study with Connie 2:30 Crafting with Kate</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Busy Bakers 2:30 Watermelon on the Patio with Joni</p>	<p>Individual Activities Magazines/Newspaper Articles</p>
<p>Magazines/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Scott Carlson Immanuel Lutheran Church 7:00 Hee Haw Show</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Catholic Mass 10:00 Rosary 1:00 One to One Visits with Sue 2:30 Bingo 3:15 Ice Cream Social</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Donut Debate 4:30 Live Well, Go Fish. Boat Rides at the Lake</p>	<p>Walking Wednesday Magazines/Newspaper Articles 9:00 Morning Movers 1:30 Resident's Council 2:30 Smoothies on the Patio</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Pet Therapy with Ollie and Joni 2:30 World Travel</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Busy Bakers 2:30 Dick Sladky Sing-a-Long</p>	<p>Individual Activities Magazines/Newspaper Articles</p>
<p>Magazines/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Kris Bohac Bethlehem Lutheran Church 7:00 Hee Haw Show</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Catholic Mass 10:00 Rosary 1:00 One to One Visits with Sue 2:30 Bingo 3:15 Ice Cream Social</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Donut Debate 2:30 Nails</p>	<p>Walking Wednesday Magazines/Newspaper Articles 9:00 Morning Movers 1:00 One to One Visits with Sue 2:30 Trivia on the Patio</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Pet Therapy with Ollie and Joni 11:00 Bible Study with Connie 2:30 Grilled Hotdogs on the Patio</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Busy Bakers 2:30 Mr. Memories- Joe Taylor</p>	<p>Individual Activities Magazines/Newspaper Articles 11:00 Nebraska Football</p>



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If you would like to **tour our facility** or **be on our mailing list** to receive our newsletter & calendar, please call Karen at **402 443-4685** or email Angela at **LTC@smcne.com**.

