

the Best Care for Mom & Dad



THE DONUT DEBATE

A variety of activities are offered at LTC to meet the interests of our residents. This includes large groups, small groups, individual, and sensory just to name a few. This month's featured small group activity is "The Donut Debate." The group meets to enjoy donuts or a snack and have a discussion about whatever it is everyone wants to talk about. Some discussions have included the weather, favorite recipes, holiday traditions, photography, and current events.

Have you reviewed your Living Will and/or Advanced Directives lately?

Our Social Service Coordinator will discuss these documents with you upon admission to our facility. However, it is a good idea to review these at least annually. There are several well-known documents available online. For example, "Five Wishes" allows you describe what good care means to you and encompasses medical, legal, personal and spiritual care. The Colorado Medical Orders for Scope of Treatment (MOST) form is an excellent way to review a person's medical condition and wishes in regards to CPR, medical intervention, and nutrition needs.

It is our ultimate goal that everyone is treated with **dignity and respect**. As your caregivers, we want to ensure we care for you the way that you want and deserve.

EDUCATION CORNER

SAUNDERS
MEDICAL & CENTER

Long Term Care

LTC@smcne.com | 1760 County Road J | Wahoo, NE 68066 | 402 443-4685



Making The Difference!

♥ **ETTA BEAVER**

HOME TOWN
Wahoo, Nebraska

HOW LONG HAVE YOU WORKED AT SMC?
7 months as a CNA

BEST PART OF YOUR JOB?
The smiles and laughter from the residents. I also love getting one-on-one time and receiving appreciation from the residents.

MY FAMILY
I am married to my husband of 38 years and we have 2 sons. I have 4 beautiful grandchildren; a 3 year old grandson, 3 year old and 2 year old granddaughters, and a brand new grandson born in January.

FAVORITE MOVIE
A Few Good Men. I love that it shows honor and I feel that is what I do here at work- honor and respect all the residents.

PERSONALLY SPEAKING
I love fishing and gardening. My favorite vacation spot is Colorado Springs, Colorado. I am always rooting for the underdog!

Etta is pictured above with resident Eldon Barry.

February 2018

4 10:30 Mass Ch. 26 1:30 Worship with Glenda Ferguson ~ Grace Lutheran Church 2:30 Wahoo God Teen Volunteer Group 5:30 Super Bowl Ch. 26	5 9:30 Catholic Mass Followed by Rosary 2:30 Bingo 3:15 Ice Cream Social One to One with Sue One to One with Sister	6 10:00 The Donut "Debate" 10:30 Namaste 11-4 Sandi Hohn 2:30 Chair Massage Exercise with Dylan 6:30 The Jimmy Dean Show	7 10:30 Silly Crafters 11:30 Exercise in 300 Hall 2:30 Movie "Cool Runnings" 200 Hall 5:30 Molli B Polka Show One to One with Sue	8 Morning Visits 300 hall 11:00 Bible Study 1:00 Residents Council Meet 2:30 Exercise with Dylan 3:00 Namaste	9 10:00 Busy Bakers 10:30 Namaste 2:30 John Horsham Music Hour & Social Hour 2018 Winter Olympic Opening Ceremonies	10 Family Visits Self Directed Activity Reno's Old Time Music Show Ch. 22
11 10:30 Mass Ch. 26 1:30 Worship with Mark Crist ~ First United Methodist 7:00 Hee Haw Show Ch. 22	12 9:30 Catholic Mass Followed by Rosary 2:30 Valentines' Bingo 3:15 Ice Cream Social One to One with Sue One to One with Sister Olympic-Ice Dancing	13 10:00 The Donut "Debate" 10:30 Namaste 2:25 St. Wenceslaus Third Grade Readers 2:30 Exercise with Dylan 6:30 The Jimmy Dean Show	14 Happy Birthday Doris Plummer Catholic Service TBA 11:30 Exercise in 300 Hall 2:30 Olympic Floor Games 200 Hall 5:30 Molli B Polka Show One to One with Sue	15 Morning Visits 300 hall 11:00 Bible Study 2:30 Exercise with Dylan 3:00 Namaste Olympic-Figure Skating	16 10:00 Busy Bakers 10:30 Namaste 2:30 Marcene Havelka Accordion Jam Hour 3:00 Beer, Chips & Dip Social Hour Olympic-Hockey	17 Family Visits Self Directed Activity Reno's Old Time Music Show Ch. 22 Olympic-Cross Country Skiing
18 10:30 Mass Ch. 26 1:30 Worship with Darren Martin ~ Cornerstone Baptist 2:30 Wahoo God Teen Volunteer Group 7:00 Hee Haw Show Ch. 22 Olympic-Bobsled	19 Happy Birthday Carol Rogers Catholic Mass/Rosary 2:30 Bingo 3:15 Ice Cream Social One to One with Sue One to One with Sister Olympic-Curling	20 10:00 The Donut "Debate" 10:30 Namaste 2:30 Exercise with Dylan 3:00 New Release Movie 6:30 The Jimmy Dean Show Olympic-Freestyle Skiing	21 10:30 Silly Crafters 11:30 Exercise in 300 Hall 2:30 Olympic Floor Games 200 Hall 5:30 Molli B Polka Show One to One with Sue Olympic-Snowboarding	22 9:30 Presbyterian Service and Fellowship 11:00 Bible Study 2:30 Exercise with Dylan 3:00 Namaste "Times for watching the Olympics are TBA."	23 10:00 Busy Bakers 10:30 Namaste 2:30 Dick Sladky Sing-A Long 3:00 Beer, Chips & Dip Social Hour	24 Family Visits Self Directed Activity Cards or Board Games Reno's Old Time Music Show Ch. 22
25 10:30 Mass Ch. 26 1:30 Worship with John Schnell ~ Mead Covenant Church 7:00 Hee Haw Show Ch. 22	26 9:30 Catholic Mass/Rosary 2:30 Bingo 3:15 Ice Cream Social One to One with Sue One to One with Sister Olympic-Bobsled	27 10:00 The Donut "Debate" 10:30 Namaste 2:30 Exercise with Dylan 6:30 The Jimmy Dean Show	28 10:30 Silly Crafters 11:30 Exercise in 300 Hall 2:30 Floor Games 200 Hall 5:30 Molli B Polka Show One to One with Sue	Activities are subject to change without notice.		

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If you would like to **tour our facility** or **be on our mailing list** to receive our newsletter & calendar, please call Karen at **402 443-4685** or email Angela at **LTC@smcne.com**.

I ♥ MY HOME
visiting
TOURS DAILY!
443-4685