## **Living with MS**

Hello and cheers to 2021 being a better year than 2020 (though this shouldn't be difficult<sup>©</sup>). My name is Aaron Bartek and I am officially starting in the MS clinic on January 4<sup>th</sup>. I grew up near Ithaca, NE on our family farm. I am married to my amazing wife, Riley, for a little over seven years now. We have four children, Emiree, Edisyn, Elijah, and Emmitt. We're also proud of our seven nieces and two nephews. My wife worked for several years as a pediatric dental assistant and takes awesome care of our children at home and I can't thank her enough for that. We enjoy being on the move and doing various outdoor activities. I help raise corn and soybeans and farming is something I have always loved. I also enjoy working on various home projects and I am an avid Nebraska Cornhuskers fan.

I have a bachelor's degree in Biology from Nebraska Omaha. I graduated from the accelerated nursing program at Nebraska Medical Center in 2009 and began my nursing career at Madonna Rehabilitation hospital in Lincoln before moving closer to home at Saunders Medical Center. I went into teaching while working on my Master's degree to become a nurse practitioner and graduated from Purdue University Global in 2018. I had a lot of great opportunities and learning experiences over the last ten years and have continued to learn every day. As a nurse practitioner, I have spent the last two years working in the emergency department here at Saunders Medical Center. I believe that small towns can and do provide a personal touch to healthcare that is not always present at larger facilities.

I am very excited to get started with this new step in my career and look forward to meeting all of you. I worked with Abby Chase for several years as a registered nurse and nurse practitioner. She helped lead me towards this career during her transition. I believe in patient driven care and want to make sure we address any concerns that you may have on your journey. Melissa Fulton has already been a great mentor for me and I am looking forward to being on the team with her here at Saunders Medical Center. See you all soon.

## Aaron Bartek









Melissa Fulton, APRN Aaron Bartek, APRN 402-443-1456



It's nice to meet you!

## **Important Information**

- The COVID vaccine is not a live vaccine and is safe for MS patients to get. Patients that are on Ocrevus, Rituxan or Kesimpta should receive both doses at least 4 weeks before their infusion. It has been recommended that these patients get the first vaccine in month 4 after an infusion, then the second would be month 5 and then the next infusion would occur in month 6.
- If you have any questions regarding the COVID vaccine you can contact your local health department or our office and we will try to help you.
- The assistance fund (TAF) is not accepting re-enrollment applications for their MS copay assistance program. If you have had funding through TAF in the past you will need to find other forms of assistance.
- If you are a Medicare or Medicare Advantage participant and are on free drug, you need to contact the pharmaceutical company.

## **2021 is here**

MEDICARE HEALTH INSURANCE We have a series of the series Please notify Patti or Katherine of any insurance changes. You should also notify the manufacturer of your medicine as that can change your financial aid or patient support. A change to Medicare can make you ineligible for manufacturer assistance and you would need to apply for charitable funding. If you have Medicare or Medicare Advantage and are on free drug you need to contact the pharmaceutical company to be rescreened for assistance. Also, charitable funding can go fast so it is best to apply at the beginning of the year. On the SMC website under MS Clinic and MS News you will find a list of some of the assistance options that are out there under the October 2018 newsletter.



- **General Information/Tips** 
  - Please refrain from calling or texting Melissa or Aaron on their personal cell phones. If you have an emergency after hours please contact our nurse line at 402-443-4191 and ask for the hospital nurses.
  - Due to our increasing patient load, we need to start charging patients who cancel their appointment less than 24 hours in advance.
  - Please arrive a half hour before your appointment to ensure there is adequate time for the check in process and our providers do not get behind for other patients.
  - To schedule appointments please call registration at 402-443-4191. Our nurse is unable to schedule appointments and will have to transfer you.
  - If you have questions regarding the newsletter, please email Sam <u>sjack@smcne.com</u>.

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