

# the *Best Care* for *Mom & Dad*



## ***Celebrating the holidays brings great joy***

The holidays are a busy time at Long Term Care and the celebrating would not be possible without all the help and support from the staff and community volunteers. Carolers from several schools and churches filled our halls with beautiful songs. Other events were Christmas trivia with fifth graders, ugly sweater contest with staff, and a visit from Santa Claus.

## ***Feelings & memories are precious***

When an individual experiences short term memory loss, their life is made up of many moments. For a person with dementia, we are not able to create a perfect day, but we have the ability to create a perfect moment. A moment that puts a smile on their face, or a twinkle in their eye. It may even trigger a memory for them. They may not remember it within minutes, but that feeling that was left will linger. To find out more about creating these moments of joy, check out the book, ***Creating Moments of Joy Along the Alzheimer's Journey*** by Jolene Brackey here at Saunders Medical Center's Skilled and Long Term Care.



**Saunders**  
MEDICAL CENTER  
*Skilled & Long Term Care*



## *Making The Difference!*

♥ JACLYN SMITH

HOME TOWN  
Bremen, KS

WHAT DEPARTMENT DO YOU  
WORK IN?

Quality Assurance/ Infection  
Control at LTC.

TELL US ABOUT YOUR FAMILY.

I am married to my husband  
Heath. I have a stepdaughter,  
Abbie, who is 20; a daughter  
McKenna, 11; and son Dawson,  
6. They go to St. Wenceslaus  
Elementary School.

WHEN DO YOU SEE THE RESIDENTS  
SMILE THE MOST?

I enjoy getting to know the  
residents and having one to  
one time with them.

WHAT ARE YOUR OUTSIDE  
INTERESTS?

I love watching Husker  
Volleyball and hanging out  
with family and friends.




WHAT ARE YOUR FAVORITE  
VACATION SPOTS?

I love Disney World and  
Colorado.

TELL US SOMETHING ABOUT YOU  
THAT NOT EVERYONE MAY KNOW.

I enjoy running and I have ran  
9 half marathons.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Magazine/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Bob Hayden Bethlehem Lutheran Church 7:00 Hee Haw Show	Louan Persinger - 3rd Sue Bacon - 18th John Kastl - 23rd	 Magazine/Newspaper Articles 10:00 Donut Debate One to Ones 2:30 Third Grade Readers	Magazine/Newspaper Articles 10:30 Small Group Game 1:00 One to One visits with Sue 2:30 Silly Crafters	Magazine/Newspaper Articles 11:00 Bible Study with Connie 2:30 Cards	Magazine/Newspaper Articles 10:00 Busy Bakers 3:00 Happy Hour	Magazine/Newspaper Articles Individual Activities Family Visits Cards 6:00 Reno's Old Time Music
Magazine/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Mark Weber St. Matthews Lutheran Church 7:00 Hee Haw Show	Sister Elizabeth Visits Magazine/Newspaper Articles 9:30 Catholic Mass 10:00 Rosary 2:30 Bingo 3:15 Ice Cream Social	Magazine/Newspaper Articles 10:00 Donut Debate One to Ones 2:30 Third Grade Readers	Magazine/Newspaper Articles 10:30 Small Group Game 1:00 One to One visits with Sue 2:30 Silly Crafters	Magazine/Newspaper Articles 11:00 Bible Study with Connie 2:30 Cards	Magazine/Newspaper Articles 10:00 Busy Bakers 2:30 Marcy's Merry Musicians 3:00 Happy Hour	Magazine/Newspaper Articles Individual Activities Family Visits Cards 6:00 Reno's Old Time Music
Magazine/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Scott Larson Immanuel Lutheran Church 7:00 Hee Haw Show	Sister Elizabeth Visits Magazine/Newspaper Articles 9:30 Catholic Mass 10:00 Rosary 2:30 Bingo 3:15 Ice Cream Social	Magazine/Newspaper Articles 10:00 Donut Debate One to Ones 2:00 Nails 6:30 The Jimmy Dean Show	Magazine/Newspaper Articles 10:30 Small Group Game 1:00 One to One visits with Sue 2:30 Silly Crafters	Magazine/Newspaper Articles 11:00 Bible Study with Connie 2:30 Cards	Magazine/Newspaper Articles 10:00 Busy Bakers 1:00 Resident council 3:00 Happy Hour with Trivia	Magazine/Newspaper Articles Individual Activities Family Visits Cards 6:00 Reno's Old Time Music
Magazine/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Evangelical Covenant Church 7:00 Hee Haw Show	Sister Elizabeth Visits Magazine/Newspaper Articles 9:30 Catholic Mass 10:00 Rosary 2:30 Bingo 3:15 Ice Cream Social	Magazine/Newspaper Articles 10:00 Donut Debate One to Ones 2:00 Nails	Magazine/Newspaper Articles 10:30 Small Group Game 1:00 One to One visits with Sue 2:30 Silly Crafters	Magazine/Newspaper Articles 11:00 Bible Study with Connie 3:30 Merry Makers Presents Billy Troy		


  
**TOURS DAILY!**  
**443-4685**

If you would like to **tour our facility** or **be on our mailing list** to receive our newsletter & calendar, please call Karen at **402 443-4685** or email Angela at **LTC@smcne.com**.



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