

## the *Best Care* for *Mom Et Dad*

### Barefoot Becky Performs!



Barefoot Becky delighted us with an afternoon performance. She, along with her husband, came to us from Mt. Vernon, Iowa as part of the Merry Makers Association. Becky played the accordion and her husband played the guitar as they sang songs from many different eras.

They have performed at numerous places across the country including the Starlite Event Center and have appeared on the Mollie B Polka Show. Everyone in attendance had a great time and could not stop talking about how much they enjoyed the afternoon.

*Barefoot Becky and her husband Terry are pictured with resident Bernice Conkling.*

### **How we prepare for emergencies**

On Wednesday, September 18, Saunders Medical Center will be conducting a **Shelter-In-Place drill from 11:30am-1:30pm**. All staff and residents will be participating in the drill.

If you are visiting during these hours, you may be asked to stay and shelter in place with your family member. Please do not hesitate to contact us with any questions or concerns regarding the drill.



**Saunders**  
MEDICAL CENTER  
*Skilled & Long Term Care*



### Making The Difference!

♥ VALERIE KUNCL

#### JOB OVERVIEW

I have worked in the Laundry Department for 16 years. We launder the residents' clothing and deliver them to their rooms each day.

#### BEST PART OF THE JOB

The smiles and appreciation from the residents. They really enjoy when I am able to sit and visit about their day or bring them new clothes.



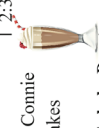




#### FAMILY

My husband and I have been married for 35 years. I have 1 daughter, 3 sons, and 4 grandkids.

#### OUTSIDE INTERESTS

I enjoy fishing, camping, and picking mushrooms and hedge balls. I also like going for drives; we listen to oldies music while looking for deer and old farm houses. Sometimes we stop to visit old friends and visit about good times.

*ABOVE Val is pictured on the left with resident Joan Kavan on the right.*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Magazines/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Glenda Ferguson Grace Lutheran Church 7:00 Hee Haw Show	2 Magazines/Newspaper Articles  <b>LABOR DAY</b>	3 Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Donut Debate 2:30 Trivia on the Patio	4 Walking Wednesday Magazines/Newspaper Articles 9:00 Morning Movers 10:30 Resident Dietary Meeting 1:00 One to One Visits with Sue 2:30 Bingo 3:15 Ice Cream Social	5 Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Pet Therapy with Ollie and Joni 11:00 Bible Study with Connie 2:30 Silly Crafters	6 Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Music with Donna Gunn 2:30 Happy Hour on the Patio	7 Individual Activities Magazines/Newspaper Articles 2:30 Husker Football Fox CH. 42 
8 Magazines/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with First United Methodist Church 7:00 Hee Haw Show	9 Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Catholic Mass 10:00 Rosary 1:00 One to One Visits with Sue 2:30 Bingo with Catholic Daughters 3:15 Ice Cream Social	10 Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Donut Debate 2:30 Merry Makers Presents Joyce Torcia	11 Walking Wednesday Magazines/Newspaper Articles 9:00 Morning Movers 10:30 Trivia 1:00 One to One Visits with Sue 2:30 Porch Sitters	12 Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Pet Therapy with Ollie and Joni 11:00 Bible Study with Connie 2:30 Chocolate Milkshakes  <b>National Chocolate Milkshake Day</b>	13 Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Busy Bakers 2:30 World Travel	14 Individual Activities Magazines/Newspaper Articles 7:00 Husker Football FSI CH. 34
15 Magazines/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Darren Martin Cornerstone Baptist Church 7:00 Hee Haw Show	16 Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Catholic Mass 10:00 Rosary 1:00 One to One Visits with Sue 2:30 Bingo 3:15 Ice Cream Social	17 Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Donut Debate 11:00 Messages with Sandi Holm	18 Walking Wednesday Magazines/Newspaper Articles 9:00 Morning Movers 1:00 One to One Visits with Sue 2:30 Residents Council Nails	19 Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Pet Therapy with Ollie and Joni 11:00 Bible Study with Connie 1:30 Movie with Deanne and Jaclyn	20 Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Busy Bakers 2:30 Marcy's Merry Musicians	21 Individual Activities Magazines/Newspaper Articles 7:00 Husker Football FSI CH. 34 
22 Magazines/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with John Schnell Mead Covenant Church 7:00 Hee Haw Show	23 Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Catholic Mass 10:00 Rosary 1:00 One to One Visits with Sue 2:30 Bingo 3:15 Ice Cream Social <b>First Day of Fall</b> 	24 Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Donut Debate 1:00 Live Well. Go Fish. 	25 Walking Wednesday Magazines/Newspaper Articles 9:00 Morning Movers 10:30 Nails 1:00 One to One Visits with Sue 2:30 Trivia or Games	26 <b>Johnny Applesced Day</b> Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Pet Therapy with Ollie and Joni 2:00 Caramel Apples for Everyone 	27 Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Busy Bakers 2:30 World Travel	28 Individual Activities Magazines/Newspaper Articles Husker Football TBA

# September 2019



**Happy Birthday!**  
 Donna Robbins - 2nd  
 Arlene Odvody - 9th  
 Donna Burnley - 18th

  
**Saunders**  
 MEDICAL CENTER  
*Skilled & Long Term Care*

If you would like to **tour our facility** or **be on our mailing list** to receive our newsletter & calendar, please call Karen at **402 443-4685** or email Angela at **LTC@smcne.com**.

**Save the Date!**



at Saunders Medical Center - Skilled & Long Term Care  
 Watch your mail for additional information.