

the Best Care for Mom & Dad



Crazy Crafters Create & Have Fun!

Crazy Crafters is an activity that we have on the calendar quite often. Sometimes it is a craft that can be done in a short time, while other crafts we work on for a few days. September's craft was making a "Hello Fall" sign to hang outside resident doors. Residents painted their boards (with the help of some painter's tape), picked out the flowers, and rubbed on the vinyl letters. **The benefits of participating in craft time include: giving residents a sense of purpose and accomplishment, relaxation and reducing stress, exercising fine motor skills, and having fun and a few laughs while creating a masterpiece.**

Let's Stay Healthy & Prevent the Flu

Actions you can take to protect yourself and others from the flu and other germs:



Avoid close contact with people who are sick.



Stay home when you are sick.



Cover your mouth and nose with a tissue when coughing or sneezing.



Wash your hands often.



Avoid touching your eyes, nose or mouth.

Get your flu shot! If you live in the Saunders County area, call 402-443-4191 to register for the Drive-Thru Flu Shot Clinic at Saunders Medical Center. Times available are:

Tues., Oct. 5th, 7-9 a.m. | Wed., Oct. 13th, 5-7 p.m. | Sat., Oct. 23rd, 9-11 a.m.



Saunders
MEDICAL CENTER
Skilled & Long Term Care



Making The Difference

♥ GABE BODEMAN

HOMETOWN

Champion, Nebraska
(southwest Nebraska)

JOB OVERVIEW

I have worked at SMC Hospital as a charge nurse for one year. I recently accepted the position of Quality and Infection Control Nurse at Long Term Care. My goal is for residents to feel like this is their home.

BEST PART OF THE JOB

I love interacting with the residents. They bring me great joy.

FAMILY

I grew up in a family of all boys. I have 2 brothers. One brother, Wade, is my identical twin.








FAVORITE MOVIE

Back to the Future. Wouldn't everyone like to travel through time?

SOMETHING NOT EVERYONE MAY KNOW

I'm currently pursuing a doctorate in leadership studies at Creighton University.

OCTOBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Magazines/Newspaper Articles 10:30 Mass on CH. 55</p>	<p>Joann N. - 1st James K. - 4th Diane M. - 7th Marian E. - 13th Elaine H. - 17th Dorothy P. - 18th Jack D. - 23rd Jeanette K. - 23rd</p> <p>Magazines/Newspaper Articles 9:15 Morning Movers/on CH 10:00 Catholic Mass on Channel 100 11:45 Daily Perk 2:00 Crazy Crafters</p>	 <p>1:1 Visits with Sue Magazines/Newspaper Articles 9:15 Morning Movers/on CH 10:00 Door to Door Visits 11:45 Daily Perk 1:30 Pretty Nails</p> 	 <p>Magazines/Newspaper Articles 9:15 Morning Movers/on CH 10:00 Door to Door Visits 10:00 Pet Therapy with Ollie 11:45 Daily Perk 2:00 Merry-makers presents John Worsham on CH.100</p>	<p>Magazines/Newspaper Articles 9:15 Morning Movers/on CH 10:00 Door to Door Visits 11:45 Daily Perk 2:00 World Traveler on CH.100</p>	<p>Magazines/Newspaper Articles 9:15 Morning Movers/on CH 10:00 Door to Door Visits 11:45 Daily Perk 2:30 Bingo</p>	<p>Magazines/Newspaper Articles 6:30 Huskers VS Northwestern Wildcats (HOME)</p> 
<p>Magazines/Newspaper Articles 10:30 Mass on CH. 55</p>	<p>Magazines/Newspaper Articles 9:15 Morning Movers/on CH 10:00 Catholic Mass on Channel 100 11:45 Daily Perk 2:00 What's Poppin'</p>	<p>1:1 Visits with Sue Magazines/Newspaper Articles 9:15 Morning Movers/on CH 10:00 Door to Door Visits 11:45 Daily Perk 1:30 Pretty Nails</p>	<p>Magazines/Newspaper Articles 9:15 Morning Movers/on CH 10:00 Door to Door Visits 11:45 Daily Perk 1:00 Paddington showing on Ch.100 in your room 2:00 Paddington Craft</p>	<p>Magazines/Newspaper Articles 9:15 Morning Movers/on CH 10:00 Door to Door Visits 11:45 Daily Perk 2:00 World Traveler on CH.100</p>	<p>Magazines/Newspaper Articles 9:15 Morning Movers/on CH 10:00 Door to Door Visits 11:45 Daily Perk 2:30 Bingo</p>	<p>Magazines/Newspaper Articles 12:00 Huskers VS Minnesota Gophers (AWAY)</p> 
<p>Magazines/Newspaper Articles 10:30 Mass on CH. 55</p>	<p>Magazines/Newspaper Articles 9:15 Morning Movers/on CH 10:00 Catholic Mass on Channel 100 11:45 Daily Perk 2:00 Crazy Crafters</p>	<p>1:1 Visits with Sue Magazines/Newspaper Articles 9:15 Morning Movers/on CH 10:00 Door to Door Visits 11:45 Daily Perk 2:00 American Cheese Please</p>	<p>Magazines/Newspaper Articles 9:15 Morning Movers/on CH 10:00 Door to Door Visits 11:45 Daily Perk 1:00 Monsters Inc on Ch. 100 1:30 Pretty Nails</p>	<p>Magazines/Newspaper Articles 9:15 Morning Movers/on CH 10:00 Door to Door Visits 11:45 Daily Perk 2:00 World Traveler on CH.100</p>	<p>Magazines/Newspaper Articles 9:15 Morning Movers/on CH 10:00 Door to Door Visits 11:45 Daily Perk 2:30 Bingo</p>	<p>Magazines/Newspaper Articles 12:00 Huskers VS Purdue Boilermakers (HOME)</p> 
<p>Magazines/Newspaper Articles 10:30 Mass on CH. 55</p>				<p>Activities and start times are subject to change without notice. Please see the markerboard in the main entrance for updated changes.</p>	<p>Due to covid precautions activities are subject to change at any time. One to one visits and individual activities are offered daily.</p> 