MARCH 2018 | NEWSLETTER

the Best Care for Mom & Dad





LeRoy Ratkovec joined his wife Sylvia for the romantic Valentine's Day dinner.

Special DAYS ❤ Special MEMORIES

We want all holidays to be special at Long Term Care. On Valentine's Day, spouses of our residents were invited to a special dinner. Shrimp and chopped sirloin were catered in and served with a baked potato, green beans, and apple pie à la mode for dessert. ***Complete with candlelight, roses, and chocolate, it was a night filled with smiles, laughter, and some good stories.*** Moments like these create memories that last a lifetime for both residents and staff.

EDUCATION CORNER

Know Resident Rights— It's your right!

Resident Rights help ensure quality of care and quality of life. These rights include legal rights, human rights and special rights for residents of LTC facilities. Be Informed of Your Condition and Treatment: You have a right to:

- Choose your own health care provider.
- Review your medical records.
- Participate in planning your treatment.
- Receive a written care plan (at admission and with your care plan review).

We love when families and residents are involved in their care. Please feel free to come to care plan meetings.

SAUNDERS MEDICAL CENTER

Long Term Care

LTC@smcne.com | 1760 County Road J | Wahoo, NE 68066 | 402 443-4685



Making The Difference!

♥ KATIE KIRBY

HOME TOWN
Parker, Colorado

WORK HISTORY
I have worked here as a CNA for less than a year. I care for residents in their everyday lives.

BEST PART OF YOUR JOB?
I love being the residents' family when their family can't be here and love helping people in their time of need. That's what motivates me to be in healthcare.

MY FAMILY
I have two brothers, Tyler and Spencer, who are amazingly talented and have the biggest hearts. My stepmom, Joan, has been the biggest blessing to come into our lives. We recently lost my dad in a terrible accident. He was my best friend and hero. I have a really sweet boyfriend named David.

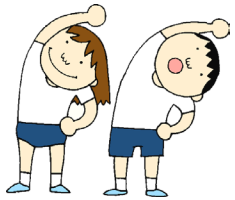
PERSONALLY SPEAKING
My favorite vacation spot is on a beach in Florida. I am currently finishing my undergraduate degree in Psychology and Biology. My ultimate goal is to become a Psychiatrist.

Pictured above with resident Betty.

MARCH 2018

				1 Morning Visits 300 hall 11:00 Bible Study 2:00 Methodist Service 3:00 Downtown Outing	**2** WORLD DAY OF PRAYER 10:00 Busy Bakers 11:50 Stations of the Cross With Neumann Students 2:30 Kim Eames Music Hour Merry Makers Social Hour	**3** Family Visits Self Directed Activity 6:00 Reno's Old Time Music Show
4 10:30 Mass Ch. 26 1:30 Worship with Don White ~ Wahoo Community Church 7:00 Hee Haw	**5** 9:30 Catholic Mass Followed by Rosary 2:30 Bingo 3:15 Ice Cream Social One to One with Sue One to One with Sister	**6** 10:00 The Donut Debate 10:30 Namaste or One to One 6:30 The Jimmy Dean Show	**7** 11:30 Exercise in 300 Hall 2:30 Small Group Games National Cereal Day 5:30 Molli B Polka Show One to One with Sue	**8** Morning Visits 300 hall 11:00 Bible Study 3:00 Namaste or One to One 4:00 Smoothie Social	**9** 10:00 Busy Bakers 10:30 Namaste or One to One 2:00 Stations of the Cross 2:30 Karaoke and Social Hour Welcome Stephanie Myrberg DON	**10** Happy Birthday Clarence Schamp Family Visits Self Directed Activity 6:00 Reno's Old Time Music Show
11 Happy Birthday Charlie Johnson 10:30 Mass Ch. 26 1:30 Worship with Bob Hayden ~ Bethlehem Lutheran 7:00 Hee Haw Show	**12** 9:30 Catholic Mass Followed by Rosary 2:30 Bingo 3:15 Ice Cream Social One to One with Sue One to One with Sister	**13** 10:00 The Donut Debate 10:30 Namaste or One to One 2:25 St. Wenceslaus Third Grade Readers 6:30 The Jimmy Dean Show	**14** 10:30 Silly Crafters 11:30 Exercise in 300 Hall 2:30 Small Group Games National Pi Day 5:30 Molli B Polka Show One to One with Sue	**15** Morning Visits 300 hall 11:00 Bible Study 1:00 Residents Council Meeting 3:00 Namaste or One to One 4:00 Smoothie Social	**16** 10:00 Busy Bakers 10:30 Namaste or One to One 2:00 Stations of the Cross 2:30 Marcene Havelka Accordion Jam Hour With Happy Hour	**17** St. Patrick's Day Family Visits Self Directed Activity 6:00 Reno's Old Time Music Show
18 10:30 Mass Ch 26 1:30 Worship with Mark Weber ~ St. Matthews Lutheran 7:00 Hee Haw Show	**19** Happy Birthday Shirley Quayle 9:30 Catholic Mass/Rosary 2:30 Bingo 3:15 Ice Cream Social One to One with Sue One to One with Sister	**20** 10:00 The Donut Debate 10:30 Namaste or One to One 2:00 Library Talk with Denise Lawver 6:30 The Jimmy Dean Show SPRING	**21** 10:30 Silly Crafters 11:30 Exercise in 300 Hall 2:30 Small Group Games International Day of Forests 5:30 Molli B Polka Show One to One with Sue	**22** Happy Birthday Jack Gose 9:30 Presbyterian Service and Fellowship 11:00 Bible Study 3:00 Namaste or One to One 4:00 Smoothie Social	**23** 10:00 Busy Bakers 10:30 Namaste or One to One 2:00 Stations of the Cross With Neumann Students 2:30 Classical Piano with Tatyana with Happy Hour	**24** Family Visits Self Directed Activity Cards or Board Games 6:00 Reno's Old Time Music Show
25 Palm Sunday 10:30 Mass Ch. 26 1:30 Worship with Scott Larson ~ Ceresco Lutheran Church 7:00 Hee Haw Show	**26** 9:30 Catholic Mass/Rosary 2:30 Bingo 3:15 Ice Cream Social One to One with Sue One to One with Sister	**27** 10:00 The Donut Debate 10:30 Namaste or One to One 2:30 Manicures and Music 6:30 The Jimmy Dean Show	**28** Happy Birthday Helen Petersen 10:30 Silly Crafters 11:30 Exercise in 300 Hall 2:30 Small Group Games 5:30 Molli B Polka Show One to One with Sue	**29** Holy Thursday Morning Visits 300 hall 11:00 Bible Study 3:00 Namaste or One to One 4:00 Smoothie Social	**30** Good Friday 10:00 Busy Bakers 10:30 Namaste or One to One 2:00 Stations of the Cross One to Ones Manicures	**31** Holy Saturday Family Visits Self Directed Activity Cards or Board Games 6:00 Reno's Old Time Music Show

Activities are subject to change without notice.



Exercise Class with Therapy Department is Monday—Friday, times to be determined.

SAUNDERS MEDICAL CENTER
Long Term Care

If you would like to **tour our facility** or **be on our mailing list** to receive our newsletter & calendar, please call Karen at **402 443-4685** or email Angela at **LTC@smcne.com**.

I ♥ MY nursing HOME
TOURS DAILY! 443-4685