

the *Best Care* for *Mom & Dad*



We always have something to celebrate in Long Term Care! This day was no exception. ***A welcome party and social hour was held*** to welcome Stephanie Myrberg, new Director of Nursing for Long Term Care.

Residents had an opportunity to visit with Stephanie and ask questions. ***She shared family photos, snacks were served, and everyone joined in singing karaoke.*** We are so excited to have Stephanie join our Long Term Care family.

Celebrating Life's Stories

The Life Enrichment Team is asking families for photographs of their loved one for display during National Nursing Home Week.

We would like to line the hallways with photographs of our residents from throughout their lives. We believe it is important to celebrate life's stories while reminiscing about what makes each person special.

Please bring photos BEFORE April 24. A copy will be made and the original will be returned to you. You can also e-mail them to leivins@smcne.com. If you have any questions, please contact Betty or Laura at (402) 443-4685.



Long Term Care



Making The Difference!

♥ STEPHANIE MYRBERG

HOME TOWN
Broken Bow, NE

WORK HISTORY
I am the new LTC Director of Nursing.

BEST PART OF YOUR JOB?
I love meeting all of our residents, families, and staff.



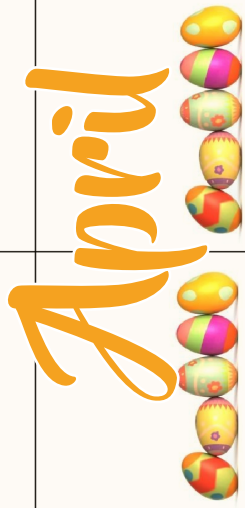
MY FAMILY
I've been married to my husband Tim for 22 years. We have 2 children- Lauren, 21, is a junior in college. Andrew, 17, is a senior in high school. We also have a very spoiled mini golden doodle named Bailey.

OUTSIDE INTERESTS
I really enjoy being outside and taking long walks.

FAVORITE VACATION SPOT
I love going to Okoboji!

SOMETHING ABOUT ME THAT NOT EVERYONE MAY KNOW
I journal every night about my day. It's very relaxing for me.

Above Photo: Stephanie Myrberg, Director of Nursing, with resident Charlie Johnson.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>10:30 Mass on channel 55 11:30 Exercise 1:30 Worship with ~ Evangelical Covenant 7:00 Hee Haw Show</p>	<p>2</p> <p>9:30 Catholic Mass 9:30 One to One ~ Sister Elizabeth 10:00 Rosary 10:00 One to One with Sue 11:30 Exercise 2:30 Bingo 3:15 Ice Cream Social</p>	<p>3</p> <p>10:00 Donut Debate 10:30 Namaste Care / One to Ones 11:30 Exercise 2:00 Library Talk ~ Denise Lawver 6:30 The Jimmy Dean Show</p>	<p>4</p> <p>10:00 One to One with Sue 10:30 Silly Crafters 11:30 Exercise 2:30 Small Group Games 5:30 Molli B Polka Show</p>	<p>5</p> <p>10:00 Morning Coffee 11:00 Bible Study with Connie 11:30 Exercise 3:00 Namaste Care / One to Ones 4:00 Smoothie Social</p>	<p>6</p> <p>10:00 Busy Bakers 10:30 Namaste Care / One to Ones 11:30 Exercise 2:30 Merymakers Presents ~ Joyce Torchia April Birthday Party 3:00 Happy Hour</p>	<p>7</p> <p>Family Visits Self Directed Activity 11:30 Exercise 6:00 Reno's Old Time Music</p>
<p>8</p> <p>10:30 Mass on channel 55 11:30 Exercise 1:30 Worship with Russ Sizemore ~ Swedeberg Covenant Church 7:00 Hee Haw Show</p>	<p>9</p> <p>9:30 Catholic Mass 9:30 One to One ~ Sister Elizabeth 10:00 Rosary 10:00 One to One with Sue 11:30 Exercise 2:30 Bingo 3:15 Ice Cream Social</p>	<p>10</p> <p>10:00 Donut Debate 10:30 Namaste Care / One to Ones 11:30 Exercise 2:25 St. Wenceslaus Third Grade Readers 6:30 The Jimmy Dean Show</p>	<p>11</p> <p>10:00 One to One with Sue 10:30 Silly Crafters 11:30 Exercise 5:30 Molli B Polka Show</p>	<p>12</p> <p>10:00 Morning Coffee 11:00 Bible Study with Connie 11:30 Exercise 3:00 Namaste Care / One to Ones 4:00 Smoothie Social</p>	<p>13</p> <p>10:00 Busy Bakers 10:30 Namaste Care / One to Ones 11:30 Exercise 2:30 Cooney Karaoke 3:00 Happy Hour</p>	<p>14</p> <p>Family Visits Self Directed Activity 11:30 Exercise 6:00 Reno's Old Time Music</p>
<p>15</p> <p>10:30 Mass on channel 55 11:30 Exercise 1:30 Worship ~ First Presbyterian Church 7:00 Hee Haw Show</p>	<p>16</p> <p>9:30 Catholic Mass 9:30 One to One ~ Sister Elizabeth 10:00 Rosary 10:00 One to One with Sue 11:30 Exercise 2:30 Bingo 3:15 Ice Cream Social</p>	<p>17</p> <p>10:00 Donut Debate 10:30 Namaste Care / One to Ones 11:00 Sandi Holm Massage Therapy 11:30 Exercise 6:30 The Jimmy Dean Show</p>	<p>18</p> <p>10:00 One to One with Sue 10:30 Silly Crafters 11:30 Exercise 2:30 Small Group Games 5:30 Molli B Polka Show</p>	<p>19</p> <p>10:00 Morning Coffee 11:00 Bible Study with Connie 11:30 Exercise 3:00 Namaste Care / One to Ones 4:00 Smoothie Social</p>	<p>20</p> <p>10:00 Busy Bakers 10:30 Namaste Care / One to Ones 11:30 Exercise 2:30 Marcene Havelka Accordion Jam 3:00 Happy Hour</p>	<p>21</p> <p>Family Visits Self Directed Activity 11:30 Exercise 6:00 Reno's Old Time Music</p>
<p>22</p> <p>10:30 Mass on channel 55 11:30 Exercise 1:30 Worship ~ Czech Hilltoppers 7:00 Hee Haw Show</p>	<p>23</p> <p>9:30 Catholic Mass 9:30 One to One ~ Sister Elizabeth 10:00 Rosary 10:00 One to One with Sue 11:30 Exercise 2:30 Bingo 3:15 Ice Cream Social</p>	<p>24</p> <p>10:00 Donut Debate 10:30 Namaste Care / One to Ones 11:30 Exercise 6:30 The Jimmy Dean Show</p>	<p>25</p> <p>10:00 One to One with Sue 10:30 Silly Crafters 11:30 Exercise 2:30 Small Group Games 5:30 Molli B Polka Show</p>	<p>26</p> <p>10:00 Morning Coffee 11:00 Bible Study with Connie 11:30 Exercise 3:00 Namaste Care / One to Ones 4:00 Smoothie Social</p>	<p>27</p> <p>10:00 Busy Bakers 10:30 Namaste Care / One to Ones 11:30 Exercise 2:30 Dick Sladky Sing A Long 3:00 Happy Hour</p>	<p>28</p> <p>Family Visits Self Directed Activity 11:30 Exercise 6:00 Reno's Old Time Music</p>
<p>29</p> <p>10:30 Mass on channel 55 11:30 Exercise 1:30 Worship with Tim Martinal ~ Our Redeemer Lutheran 7:00 Hee Haw Show</p>	<p>30</p> <p>9:30 Catholic Mass 9:30 One to One ~ Sister Elizabeth 10:00 Rosary 10:00 One to One with Sue 11:30 Exercise 2:30 Bingo 3:15 Ice Cream Social</p>		<p>Memory Lane = ML Chapel = CH Large Dining Room = LDR Small Dining Room = SDR Countryside = CH Meeting Room LTC = MRL</p>	 <p>HAPPY BIRTHDAY! Jens Sorensen - 5th Dorothy Kotler - 11th Betty Hirtzel - 13th Donna Johnson - 18th Jean Robinson - 21st Eldon Barry - 30th</p>		

If you would like to **tour our facility** or **be on our mailing list** to receive our newsletter & calendar, please call Karen at **402 443-4685** or email Angela at **LTC@smcne.com**.

I ♥ MY HOME
nursing
TOURS DAILY!
443-4685

Saunders
MEDICAL CENTER

Long Term Care