

the *Best Care* for *Mom Et Dad*

STAYING ACTIVE



We are continuing to find ways to keep your family member active, engaged, and entertained during this difficult time. We are playing hallway bingo and hallway bowling, staff and residents participated in a poker run and a scavenger hunt. Now that the weather is improving, we have had multiple opportunities to go outside for walks.

Thank you for your patience and understanding during this difficult time. If you have any questions or concerns about your loved one's activity level please contact Laura Eivins at **(402) 443-4685** or e-mail to **Leivins@smcne.com**.

Care Plan Meetings A Care Plan Meeting is a great time to ask questions and share concerns regarding your loved one living at SMC- Skilled & Long Term Care. It is also a good time to share things that are going well and background information about your loved one.

During these quarterly meetings, representatives from Nursing, Dietary, Life Enrichment, and most importantly the resident and/or family meet to discuss changes in the resident's care, abilities, and psycho/social needs. Goals are discussed and set. Input from the family is important because you know your loved one's preferences and habits best and may notice small changes first. Your involvement helps us help your loved one.



Saunders
MEDICAL CENTER
Skilled & Long Term Care



Making The Difference!

♥ LORI SIEVE

HOMETOWN
Wilmont, Minnesota

JOB OVERVIEW

I have worked at Long Term Care 1 year and 3 months as a CNA and Med Aide. I help the residents throughout the day and take them to appointments. My favorite activity is passing out water- I give each resident a drink and then we visit for a while.

BEST PART OF MY JOB

Coming to work knowing I can make a difference and put a big smile on the residents' faces.

FAMILY LIFE

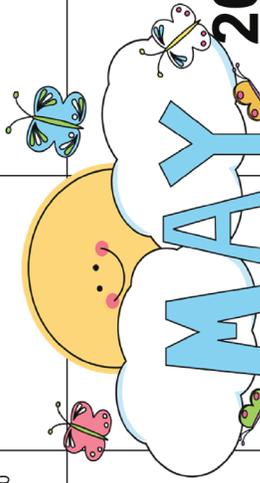
I have 2 kids- James (J.T.) is 18 and Elizabeth is 24. I have 2 brothers and a twin sister.

FAVORITE MOVIE

Anything with Kevin Costner or Melanie Griffith. Love them!

SOMETHING I'D LIKE TO ACCOMPLISH

Travel west on a train through the mountains to California Wine Country and to see the ocean.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>During this time of social distancing, activities and times are flexible and subject to change.</p> <p>3 One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 10:30 Mass on channel 55 2:00 Afternoon Walks 7:00 Hee Haw Show</p>	<p>4 One to One Room Visits Magazines/Newspaper Articles 9:00 Virtual Mass Channel 100 10:00 Hydration Cart 2:00 Afternoon Walks 2:30 Ice Cream Delivered to Rooms</p> 	<p>5 Gardening with Deanne One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Afternoon Walks 2:00 Hallway Bingo</p>	<p>6 One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Afternoon Walks 2:00 Virtual Travel Channel 100</p>	<p>7 One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Afternoon Walks 2:30 Hallway Car Races</p> 	<p>8 Pretty Nails One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart Popcorn Day 2:00 Afternoon Walks</p>	<p>9 Individual Activities One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Afternoon Walks</p>
<p>10 One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 10:30 Mass on channel 55 2:00 Afternoon Walks 7:00 Hee Haw Show</p> <p><i>Mother's Day</i></p> 	<p>11 One to One Room Visits Magazines/Newspaper Articles 9:00 Virtual Mass Channel 100 10:00 Hydration Cart 2:00 Afternoon Walks 2:30 Root Beer Floats Delivered to Rooms</p> 	<p>12 One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Afternoon Walks 2:00 Hallway Bingo</p>	<p>13 One to One Room Visits Sharing Our Wisdom Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Afternoon Walks 2:30 Virtual Travel Channel 100</p>	<p>14 One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Afternoon Walks 2:30 Horse Races</p>	<p>15 One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 10:30 Virtual Merry Makers with Kim Eames Channel 100 2:00 Afternoon Walks 2:30 Pizza Party Day</p>	<p>16 Individual Activities One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Afternoon Walks</p>
<p>17 One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 10:30 Mass on channel 55 2:00 Afternoon Walks 7:00 Hee Haw Show</p>	<p>18 One to One Room Visits Magazines/Newspaper Articles 9:00 Virtual Mass Channel 100 10:00 Hydration Cart 2:00 Afternoon Walks 2:30 Ice Cream Delivered to Rooms</p> 	<p>19 One to One Room Visits Pretty Nails Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Afternoon Walks 2:00 Hallway Bingo</p>	<p>20 One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Afternoon Walks 2:00 Virtual Travel Channel 100</p>	<p>21 One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart Popcorn Day 2:00 Afternoon Walks 2:30 Hallway Car Races</p> 	<p>22 One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Afternoon Walks 2:30 Hallway Bowling</p>	<p>23 Individual Activities One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Afternoon Walks</p>
<p>24 One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 10:30 Mass on channel 55 2:00 Afternoon Walks 7:00 Hee Haw Show</p>	<p>25 MEMORIAL DAY</p> 	<p>26 One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Afternoon Walks 2:00 Hallway Bingo</p>	<p>27 One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Afternoon Walks 2:00 Virtual Travel Channel 100</p>	<p>28 One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Afternoon Walks 2:30 Virtual Merry Makers with Billy Troy Channel 100</p>	<p>29 One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 2:30 Grilled Hot Dogs 2:00 Afternoon Walks</p>	<p>30 Individual Activities One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 2:00 Afternoon Walks</p>
<p>31 One to One Room Visits Magazines/Newspaper Articles 10:00 Hydration Cart 10:30 Mass on channel 55 2:00 Afternoon Walks 7:00 Hee Haw Show</p>	<p>Special Thanks this month to Therapy and Hospital staff who are helping with Hydration Cart and walking with the residents to keep them healthy and active.</p>					<p>MAY 2020</p> 



If you would like to **tour our facility** or **be on our mailing list** to receive our newsletter & calendar, please call Karen at **402 443-4685** or email Angela at **LTC@smcne.com**.



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