

the *Best Care* for *Mom Et Dad*



Resident Beverly Rasmussen and Ward Clerk Tiffany Subbert wonder if anyone would notice if they ate the entire pie.



Making The Difference!

♥ SHELLEY HARRINGTON

HOMETOWN
Wahoo, Nebraska

JOB OVERVIEW

As a charge nurse, I assist in maintaining continuity of nursing care for the residents. My goal is to make their lives the best they can be.

FAMILY LIFE

My husband, daughter and I are true Husker Fans! Our daughter is a professional dancer. She teaches and choreographs in Dallas, TX and dances nationally and internationally.

SOMETHING YOU'D LIKE TO ACCOMPLISH?

Speak several languages fluently!

OUTSIDE INTERESTS

Baking, bowling, outdoor and recreational activities.

FAVORITE VACATION SPOT

Nebraska State Parks and the mountains.

FAVORITE MOVIE

"The Bucket List". It reminds you to appreciate friends and gives inspiration to live life to the fullest.

National Pie Day Celebrated

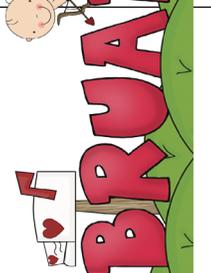
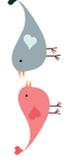
Long Term Care took time to celebrate National Pie Day on January 23. The residents and staff gathered for an afternoon pie social that featured pies from Village Inn. Cherry and French silk seemed to be the favorite, but we also enjoyed lemon, peach, and strawberry-rhubarb. ***We love to have something to celebrate and what better way than to eat pie and enjoy some laughs together!***

Protecting Loved Ones from Infection

Infections in elders can be deadly. In fact, infections are a major cause of death for elders in care facilities. What can you do to prevent these infections? ♥ **Wash your hands.** Clean hands are the number one defense against spreading infections. ♥ **Cover your cough.** If you are coughing or sneezing, do so in a tissue or your upper sleeve or elbow. Be sure to throw away your tissue and wash you hands when finished. Vaccinate yourself against the flu and lastly, stay home if you are sick.



Saunders
MEDICAL CENTER
Skilled & Long Term Care

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>Magazines/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Glenda Ferguson Grace Lutheran Church 5:30 Super Bowl CH.42</p>	 <p>Magazines/Newspaper Articles Morning: Sister Elizabeth Visits 9:00 Morning Movers 9:30 Catholic Mass 10:00 Rosary 2:30 Merry Makers presents The Links</p>	 <p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Donut Debate 2:00 Homemade Soup</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Nails 2:30 Bingo 3:15 Ice Cream Social</p> 	 <p>Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Pet Therapy with Ollie and Joni 11:00 Bible Study with Connie 2:30 Art Class with Mariah</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Busy Bakers 2:30 World Travel to Paris</p> 	<p>Individual Activities Magazines/Newspaper Articles</p> 
<p>Magazines/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Darren Martin Cornerstone Baptist Church 7:00 Hee Haw Show</p>	<p>Magazines/Newspaper Articles Morning: Sister Elizabeth Visits 9:00 Morning Movers 9:30 Catholic Mass 10:00 Rosary 2:30 Bingo 3:15 Ice Cream Social</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Donut Debate 2:30 Sing-a-long with Dick Sladky</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Busy Bakers 2:30 Fun with Sam And Steph</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Pet Therapy with Ollie and Joni 11:00 Bible Study with Connie 2:30 Art Class with Mariah</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 2:30 Music with Dean Hansen</p> 	<p>Individual Activities Magazines/Newspaper Articles</p>
<p>Magazines/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with John Schnell Mead Covenant Church 7:00 Hee Haw Show</p>	<p>Magazines/Newspaper Articles Morning: Sister Elizabeth Visits 9:00 Morning Movers 9:30 Catholic Mass 10:00 Rosary 2:30 Bingo 3:15 Ice Cream Social</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Donut Debate 2:30 Hot Chocolate and Trivia</p> 	<p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Nails 2:30 Cards-UNO or Kings in the Corner</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Pet Therapy with Ollie and Joni 11:00 Bible Study with Connie 1:30 Residents Council 2:30 Art Class with Mariah</p> 	<p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Busy Bakers 2:30 Marcy's Merry Musicians</p>	<p>Individual Activities Magazines/Newspaper Articles</p> 
<p>Magazines/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Don White Wahoo Community Church 7:00 Hee Haw Show</p>	<p>Magazines/Newspaper Articles Morning: Sister Elizabeth Visits 9:00 Morning Movers 9:30 Catholic Mass 10:00 Rosary 2:30 Bingo 3:15 Ice Cream Social</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Donut Debate 2:30 Small Group Games</p> 	<p>Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Ash Wednesday Service 2:30 Silly Crafters</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Pet Therapy with Ollie and Joni 11:00 Bible Study with Connie 1:30 Movie with Deanne and Jaclyn</p>	<p>Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Busy Bakers 2:30 World Travel</p>	<p>Individual Activities Magazines/Newspaper Articles</p>

I  **MY HOME**
nursing

TOURS DAILY!
443-4685

If you would like to **tour our facility** or **be on our mailing list** to receive our newsletter & calendar, please call Karen at **402 443-4685** or email Angela at **LTC@smcne.com**.



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