

the *Best Care* for *Mom & Dad*



Birthday on the Lake

On our last boat ride of the year we celebrated our activity team member's birthday. Bubbles, party hats, fish and dancing! Happy Birthday, Laura! We want to thank David and his team at Live Well Go Fish for providing us with another great year on the water!



Nursing home residents joined staff and community at the SMC Foundation Walking Trail Groundbreaking. About fifty percent of the funds came from employees! If you are interested in contributing, ask Angela.

Staying Mentally Healthy Each Day

Keeping in touch with friends and family, staying physically active, getting involved in activities and reaching out to professionals can all go a long way in improving mental health. SMC's nursing home has daily activities to encourage friendships and interaction. From bingo to fresh air activities outside, residents enjoy a range of activities!



Saunders
MEDICAL CENTER
Skilled & Long Term Care



Making The Difference

♥ CLAIRE OSMERA

JOB OVERVIEW

I work in Long Term Care as a CNA and Medication Aide. I enjoy spending one on one time with the residents and sharing many heartfelt moments as I help provide the best possible care for them.

I SEE RESIDENTS SMILE THE MOST WHEN...

We bring in animals from Scatter Joy Acres.

FAMILY

I have a 4-year-old son named Haven. My dad "Ozzy" owns Ozzy's Auto Clinic in Wahoo. I have 2 older sisters, a younger brother, and a 6-year-old niece, Avery.

INTERESTS


















My son and I love playing at the park and painting.

SOMETHING I'D LIKE TO ACCOMPLISH

I would like to further my degree in paramedicine and eventually become an emergency services manager.



October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Happy October Birthdays!</p>	<p>Joann N. - 1st James K. - 4th Diane M. - 7th Marian C. - 7th Marian E. - 13th</p>	<p>Elaine H. - 17th Kathy H. - 16th Dorothy P. - 18th Jeanette K. - 23rd</p>				<p>Magazine/ Newspaper Articles 1 6:30 Huskers VS Indiana Hoosiers @ Home</p> 
<p>Magazine/ Newspaper Articles 2 10:30 Mass on CH. 55</p>	<p>9:00 Catholic Mass 9:15 Morning Movers with Deanne 11:45 Daily Perk 1:30 Devotionals 2:00 Sunshine Club 2-3pm 2:30 Patio Trivia</p> 	<p>4 1:1 Visits with Sue 9:15 Morning Movers with Deanne 10:30 Merry-makers Presents: Rockin' Woody 11:45 Daily Perk 2:00 Crazy Crafters</p> 	<p>5 9:15 Morning Movers with Deanne 10:30 Walk and Wheel Club 11:30 Picnic 11:45 Daily Perk 2:30 Pretty Nails</p>	<p>6 9:15 Morning Movers with Deanne 10:15 Card Sharks 11:45 Daily Perk 2:00 Sunshine Club 2-3pm 2:30 Patio Trivia</p> 	<p>7 9:15 Morning Movers with Deanne 10:00 Donut Debate 11:45 Daily Perk 2:30 Bingo 6:00 Huskers VS Rutgers Scarlet Knights (AWAY)</p> 	<p>Magazine/ Newspaper Articles 8 10:00 Uno in the Chapel</p>
<p>Magazine/ Newspaper Articles 9 10:30 Mass on CH. 55 1:30 Worship</p>	<p>10 9:00 Catholic Mass 9:15 Morning Movers with Deanne 11:45 Daily Perk 1:30 Short Stories 2:00 Sunshine Club 2-3pm 2:30 Patio Trivia</p> 	<p>11 1:1 Visits with Sue 9:15 Morning Movers with Deanne 11:30 Picnic 11:45 Daily Perk 2:30 Pretty Nails</p>	<p>12 9:15 Morning Movers with Deanne 10:30 Walk and Wheel Club 11:45 Daily Perk 3:00 Caramel Apple Bar 3-4pm 6:45 Watercolor & Wine</p>	<p>13 9:15 Morning Movers with Deanne 11:45 Daily Perk 2:00 Taste Testing</p> 	<p>14 9:15 Morning Movers with Deanne 10:00 Busy Bakers 11:45 Daily Perk 2:30 Bingo 3:15 Food Committee</p> 	<p>Huskers VS Purdue Boilermakers (AWAY) Time TBA Magazine/ Newspaper Articles</p> 
<p>Magazine/ Newspaper Articles 16 10:30 Mass on CH. 55</p>	<p>17 9:00 Catholic Mass 9:15 Morning Movers with Deanne 10:30 Devotionals 11:45 Daily Perk 1:00 Scatter Joy Acres animal visits</p>	<p>18 1:1 Visits with Sue 7:45 Waffles served by Laura & Kayla 9:15 Morning Movers with Deanne 11:45 Daily Perk 1:30 Pretty Nails 2:30 Resident Council</p>	<p>19 9:15 Morning Movers with Deanne 10:30 Walk and Wheel Club 11:45 Daily Perk 2:00 Pumpkin Bowling</p>	<p>20 9:15 Morning Movers with Deanne 11:45 Daily Perk</p>	<p>21 9:15 Morning Movers with Deanne 10:00 Hot Cider & Donuts 11:45 Daily Perk 2:30 Bingo 3:15 Social Hour: Roll Ups</p>	<p>Magazine/ Newspaper Articles</p>
<p>Magazine/ Newspaper Articles 23 10:30 Mass on CH. 55 1:30 Worship</p>	<p>24 9:00 Catholic Mass 9:15 Morning Movers with Deanne 10:15 Card Sharks 11:45 Daily Perk 1:30 Short Stories</p>	<p>25 1:1 Visits with Sue 9:15 Morning Movers with Deanne 11:45 Daily Perk 1:30 Movie Matinee: Hocus Pocus</p> 	<p>26 9:15 Morning Movers with Deanne 10:30 Walk and Wheel Club 11:45 Daily Perk 2:00 Crazy Crafters</p>	<p>27 9:15 Morning Movers with Deanne 11:45 Daily Perk 2:00 World Traveler</p>	<p>28 9:15 Morning Movers with Deanne 10:30 Fear Factor Friday 11:45 Daily Perk 2:30 Bingo</p> 	<p>Huskers VS Illinois Fighting Illini @ Home Time TBA Magazine/ Newspaper Articles 10:00 Uno in the Chapel</p> 
<p>Magazine/ Newspaper Articles 30 10:30 Mass on CH. 55</p>	<p>31 9:00 Catholic Mass 9:15 Morning Movers with Deanne 11:45 Daily Perk 1:30 Halloween Party TBD</p> 					<p>Activities and start times are subject to change without notice. Please see the markerboard in the main entrance for updated changes.</p>