

# Living with MS

Hello everyone and Happy New Year! I would like to take this opportunity to formally introduce myself to each of you. I have now officially been full time as an APRN in the MS clinic at Saunders Medical Center for a year and have had the pleasure to meet many of you in person. For those of you whom I haven't been able to meet yet, I look forward to meeting you in the coming year. Let me start by telling you a little bit about me, personally. I am married to my wonderful husband Beau, and our greatest accomplishments to date have been our two children, Daxton (age 2) and Zoey (age 1). My husband is working as a police officer since his honorable discharge from active duty Air Force 6 years ago. We enjoy traveling, working on projects around our house, and making memories with our family and friends.

I graduated with my Bachelor's degree in nursing in 2011 and began my nursing career in the Emergency Department at that time. I then decided to return to school part time while working in the ER and pursued classes to obtain my Master's degree in nursing education. Upon completion of my Master's degree in 2013 I had the opportunity to teach as faculty at several nursing colleges in Omaha. These experiences allowed me to immerse myself in a variety of different nursing roles; which ignited my passion to pursue my degree as a nurse practitioner. I then completed my Doctor of Nursing Practice (DNP) degree from Creighton University in 2017 and transitioned from my role in the ER as a registered nurse to a nurse practitioner. After two years working as an APRN in the ER I had the opportunity to apply for a full-time position in the MS clinic and am overjoyed that I was able to make this transition.

I have a personal passion and interest in MS care as my father lives with MS. From a professional standpoint I am so thankful for all that is to come in the ever-changing world of MS care. I have an interest in research as well as clinical care so the opportunity to do both at SMC has been phenomenal. My goal as an MS provider is to empower and educate my patients to take charge of their health care. I look forward to partnering with each of you throughout your journey and am happy to help in any way that I can. Melissa Fulton and I work very closely in the clinic and I have been so thankful to have her as a mentor and look forward to continuing to serve each of you as your MS provider.

In closing I would like to share one of my favorite quotes with each of you,

*"You treat a disease, you win, you lose.*

*You treat a person, I guarantee you you'll win, no matter the outcome."*

*-Patch Adams*

Be well, everyone!

Abby Chase



I'M HERE  
FOR YOU.

## Important Information

- The MS Clinic will be closed May 25<sup>th</sup>-May 29<sup>th</sup> for the International MS Consortium. **Please plan ahead.** Routine medication refills will not be done by our office during this week and routine phone calls will not be returned.
- Melissa Fulton will be out of the office for surgery December 23, 2020 – January 7, 2021. All appointments and phone calls will be directed to Abby at this time.

## Upcoming Events:

- Saturday May 2<sup>nd</sup> – Walk MS: Omaha
  - Werner Park
  - Site opens at 9am and walk starts at 10am
  - Our MS Clinic will have a table there so please stop by and see us
- Saturday May 9<sup>th</sup> – Walk MS: Lincoln
  - Holmes Lake Park
  - Site opens at 9am and walk starts at 10am
  - Our MS Clinic will have a table there so please stop by and see us
- Saturday, August 29<sup>th</sup> – SMC's 5<sup>th</sup> Annual Health Fair
  - 9am-noon @ Saunders Medical Center
  - Several MS related vendors
  - Free screenings
  - We will start scheduling screenings in July

## General Information/Tips

- Saunders Medical Center has a new patient portal. We encourage all of our patients to register and use the patient portal. To register please speak with registration either in person or at 402-443-4191.
- Please refrain from calling or texting Melissa or Abby on their personal cell phones. If you have an emergency after hours please contact our nurse line at 402-443-4191 and ask for the hospital nurses.
- Due to our increasing patient load, we need to start charging patients who cancel their appointment less than 24 hours in advance.
- Please arrive a half hour before your appointment to ensure there is adequate time for the check in process and our providers do not get behind for other patients.
- To schedule appointments please call registration at 402-443-4191. Our nurse is unable to schedule appointments and will have to transfer you.
- **Please call 402-443-4191 to notify Patti(ext 533) or Katherine(ext 539) if you have any change in your medical or prescription insurance. Also please make sure to give registration both cards at check-in.**
- If you have questions regarding the newsletter, please email Sam at [sjack@smcne.com](mailto:sjack@smcne.com).

**IMPORTANT  
NOTICE**



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