

the *Best Care* for *Mom Et Dad*



Marvin Dostal, joined his wife Irma, for our latest travel destination.



Though we may not be able to go out and see parts of the world, we can bring parts of the world to us. Each month residents meet for "World Travel." We travel to places in the United States as well as other countries. Residents enjoy learning facts and trivia, watching travel videos, and sampling a food that originates from our destination. This past month, Patti, one of our nurses, shared her photos and highlights from her recent trip to Ireland. If you have travel photos that you would like to share with the group, please let Laura know and we can arrange a time.

Importance of Recognizing Sepsis

Sepsis is the body's response to severe infection that can lead to organ failure, tissue damage, or even death. People who have sepsis develop a set of signs and symptoms that are important to recognize.

Remember TIME and watch for: **Temperature** is it lower or higher than normal, **Infection** are there signs or symptoms of an infection, **Mental Decline** confused, sleepy, or difficult to wake, and **Extremely Ill** severe pain like you feel like you may die.

Visit sepsis.org to learn more about sepsis and the importance of recognizing these signs and symptoms.



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♥ ANISIA RODRIGUES

HOMETOWN
Shelton, NE

JOB OVERVIEW

I am an LPN/Charge Nurse at Long Term Care. I make sure medications are given, treatments are done, I communicate with the doctors, and make myself available to assist the Nurse Aides and others.

WHEN DO YOU SEE RESIDENTS SMILE MOST?

They appreciate the little things we can do for them. Residents really enjoy when I take time to curl their hair.

OUTSIDE INTERESTS

I enjoy spoiling my mini Aussie, helping my boyfriend on the farm, reading a good book, and learning to garden and can goods. I also like tractor pulls, rodeos, and racing.

SOMETHING NOT EVERYONE MAY KNOW

My ethnicity is Portuguese. I was born in New Jersey and moved to Shelton, NE when I was 12.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		2019				
3 Magazines/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Russ Sizemore Swedeburg Covenant Church 7:00 Hee Haw Show	4 Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Catholic Mass 10:00 Rosary 1:00 One to One Visits with Sue 2:30 Bingo 3:15 Ice Cream Social	5 Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Donut Debate 2:30 Trivia or Cards	 Mary ann Schense - 1st Mable Bortz - 3rd Rose Nelson - 12th Marcella Meduna - 16th Virginia Dawson - 21st	7 Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Pet Therapy with Ollie and Joni 2:30 Silly Crafters	8 Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Busy Bakers 2:30 World Travel	9 Individual Activities Magazines/Newspaper Articles 7:00 Husker Volleyball CH. 35
10 Magazines/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Kris Bohac Bethlehem Lutheran 7:00 Hee Haw Show	11 Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Catholic Mass 10:00 Rosary 1:00 One to One Visits with Sue 2:00 Veterans Day Recognition 	12 Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Donut Debate 2:30 Bingo 3:15 Ice Cream Social	13 Magazines/Newspaper Articles 9:00 Morning Movers 1:00 One to One Visits with Sue 2:30 St. Wenceslaus Third Grade Readers	14 Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Pet Therapy with Ollie and Joni 11:00 Bible Study with Connie and Jaelyn 	15 Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Busy Bakers 2:30 Marcy's Merry Musicians	16 Individual Activities Magazines/Newspaper Articles Nebraska Football 
17 Magazines/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with Glenda Ferguson Grace Lutheran Church 7:00 Hee Haw Show	18 Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Catholic Mass 10:00 Rosary 1:00 One to One Visits with Sue 2:30 Bingo 3:15 Ice Cream Social	19 Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Donut Debate 11:00 Messages with Sandi Hohn	20 Magazines/Newspaper Articles 9:00 Morning Movers 1:00 One to One Visits with Sue 2:30 Silly Crafters	21 Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Pet Therapy with Ollie and Joni 11:00 Bible Study with Connie 1:30 Residents Council	22 Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Busy Bakers 2:30 World Travel	23 Individual Activities Magazines/Newspaper Articles Nebraska Football
24 Magazines/Newspaper Articles 10:30 Mass on channel 55 1:30 Worship with First United Methodist Church 7:00 Hee Haw Show	25 Magazines/Newspaper Articles 9:00 Morning Movers 9:30 Catholic Mass 10:00 Rosary 1:00 One to One Visits with Sue 2:30 Bingo 3:15 Ice Cream Social	26 Magazines/Newspaper Articles 9:00 Morning Movers 10:00 Donut Debate Nails 	27 Magazines/Newspaper Articles 9:00 Morning Movers Nails 1:00 One to One Visits with Sue 2:30 Thanksgiving Trivia 	28 	29 Magazines/Newspaper Articles 9:00 Morning Movers 1:30 Nebraska Football	30 Individual Activities Magazines/Newspaper Articles



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If you would like to **tour our facility** or **be on our mailing list** to receive our newsletter & calendar, please call Karen at **402 443-4685** or email Angela at **LTC@smcne.com**.

I ♥ MY HOME
nursing
TOURS DAILY!
443-4685