

# the *Best Care* for *Mom Et Dad*



It has been a long few months, but the time finally has arrived. Taking the necessary precautions and adhering to guidelines laid out by CMS, we are able to have outdoor family visits. These visits provide the smiles, laughter, and togetherness that we all desire at this time. Due to ever-changing recommendations, activities and events are always subject to change at a moment's notice. Thank you for your patience and understanding during this difficult time.



## ***Resident Rights are Important to SMC***

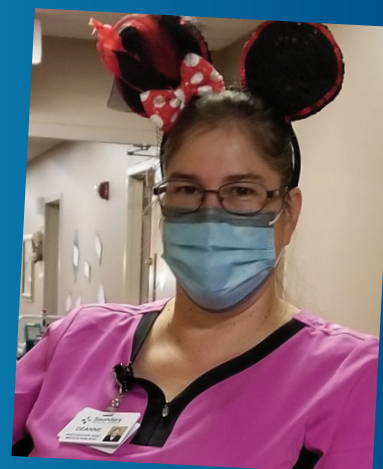
Residents of long term care facilities have rights to ensure quality of care and quality of life. One of these rights pertains to Planning and Implementing Your Care. This includes:

- Attending Care Plan Meetings;
- Being informed, in advance, of changes to your care;
- Being informed of your health status language that you understand;
- Being able to request or refuse a treatment;
- Helping to set goals regarding for your care.

For more information regarding Resident Rights please visit: <http://dhhs.ne.gov/Pages/Aging-Ombudsman.aspx>



**Saunders**  
MEDICAL CENTER  
*Skilled & Long Term Care*



## ***Healthcare Heroes!***





# SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Happy Birthday</b>  <b>Donna B - 18th</b>		1 Magazines/Newspaper Articles 9:00 Exercise with Deanne 2:30 Hallway Bingo	2 Magazines/Newspaper Articles 9:00 Exercise with Deanne 2:30 Rootbeer Floats	3 Magazines/Newspaper Articles 9:00 Exercise with Deanne 2:30 Corn dogs	4 Magazines/Newspaper Articles 9:00 Exercise with Deanne 2:30 Porch Sitters	5 Individual Activities Magazines/Newspaper Articles
6 Magazines/Newspaper Articles 10:30 Mass on Channel 55 7:00 Hee Haw Show	7 Magazines/Newspaper Articles 	8 Magazines/Newspaper Articles 9:00 Exercise with Deanne 10:00 Pretty Nails 2:30 Hallway Bingo	9 Magazines/Newspaper Articles 9:00 Exercise with Deanne 10:30 IN2L Games 2:00 Banana Split Day	10 Magazines/Newspaper Articles 9:00 Exercise with Deanne 2:30 Trivia	11 Magazines/Newspaper Articles 9:00 Exercise with Deanne 2:30 SMC 500	12 Individual Activities Magazines/Newspaper Articles
13 Magazines/Newspaper Articles 10:30 Mass on Channel 55 7:00 Hee Haw Show	14 Magazines/Newspaper Articles 9:00 Exercise with Deanne 10:30 Virtual Mass Channel 100 2:30 Outside Concert With Pam Kragt	15 Magazines/Newspaper Articles 9:00 Exercise with Deanne 10:30 IN2L Games 2:30 Hallway Bingo	16 Walking Wednesday Magazines/Newspaper Articles 9:00 Exercise with Deanne 2:30 Root Beer Floats	17 Magazines/Newspaper Articles 9:00 Exercise with Deanne 2:30 Porch Sitters	18 <b>National Cheeseburger Day</b> Magazines/Newspaper Articles 9:00 Exercise with Deanne Grilled Cheeseburgers for Lunch 1:30 Small Group Movie	19 Individual Activities Magazines/Newspaper Articles
20 Magazines/Newspaper Articles 10:30 Mass on Channel 55 7:00 Hee Haw Show	21 Magazines/Newspaper Articles 9:00 Exercise with Deanne 10:30 Virtual Mass Channel 100 2:30 Trivia	22 Magazines/Newspaper Articles 9:00 Exercise with Deanne 11:00 Resident's Council 2:00 Ice Cream Cones on the Porch	23 Walking Wednesday Magazines/Newspaper Articles 9:00 Exercise with Deanne 10:30 In Room Crafts 2:30 Hallway Bingo	24 Magazines/Newspaper Articles 9:00 Exercise with Deanne 10:30 Merry Makers Presents Rockin Woody Outdoor Concert	25 Magazines/Newspaper Articles 9:00 Exercise with Deanne 10:30 Pretty Nails 2:00 Pretty Nails	26 Individual Activities Magazines/Newspaper Articles
27 Magazines/Newspaper Articles 7:00 Hee Haw Show 10:30 Mass on Channel 55	28 Magazines/Newspaper Articles 9:00 Exercise with Deanne 10:30 Virtual Mass Channel 100 2:30 Ice Cream Delivered to Rooms	29 Magazines/Newspaper Articles 9:00 Exercise with Deanne 2:30 Flavored Coffee or Blended Coffee	30 Walking Wednesday Magazines/Newspaper Articles 9:00 Exercise with Deanne 2:30 Hallway Bingo			
						Due to Covid precautions, activities are subject to change at any time. One to One visits and individual activities are offered daily.



**For Regular Activities Updates & Videos**  
 Go to Saunders Medical Center on  
 Facebook for videos of our residents!



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