FEBRUARY 2024 | NEWSLETTER

# the Best Care for Mom Et Dad





One activity that has grown in interest lately is Card Sharks! So much so that it has been added to the calendar on three different occasions. We like to play Kings in the Corner on Mondays; Pitch is on Wednesdays and another round of choice card games on Saturday! We have gained new friends, learned new games and laughed along the way!

# SPRINTIE KINDNESS

### Random Acts of Kindness Day, February 17th

Practicing kindness reduces stress and anxiety. It also increases our energy, happiness, and sense of well-being. The best thing is that kindness is contagious! We encourage you to sprinkle kindness throughout the month and see the ripple effects!

Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment or the smallest act of caring, all of which have the potential to turn a life around.

—LEO BUSCAGLIA





# Making The Difference

**CHLOE LEEDOM** 

## **HOMETOWN**Downey, California

#### **JOB OVERVIEW**

I am a CNA on the evening and night shift. I help residents get ready for bed and with anything they need throughout the night.

#### **FAVORITE ACTIVITY**

Spending time visiting with residents. It shows that we care about what happens in their day.

#### **FAMILY**

My husband Jack and I have been married 5 years. We live in Ceresco with our Children Calvin (4 yrs.) and Charlotte (11 mo.). We have two cats and a dog.

#### **GOAL**

I'd like to become a Registered Nurse.

#### **HOBBIES**

I love to cook! I like trying new recipes and having my loved ones try them.

## SOMETHING NOT EVERYONE MAY KNOW

Even though I'm terrified of the ocean, I know how to surf!

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Saturday	Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk	Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk	Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk	Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk	BIRTHDAN Ruth K 3rd S. Joan F 4th Ann Y 6th Barbara S 6th Doris B 18th
Friday	9:15 Morning Movers with 2 Deanne 10:00 Busy Bakers 11:45 Daily Perk 12:15 Food Committee 1:30 Pretty Nails	9:15 Morning Movers with 9 Deanne 10:00 Donut Debate 11:45 Daily Perk 2:00 Super Bowl Tailgate Party	9:15 Morning Movers with 16 Deanne 10:00 Busy Bakers 11:45 Daily Perk 1:30 Pretty Nails	9:15 Morning Movers with 23 Deanne 10:00 Donut Debate 11:45 Daily Perk 1:30 Pretty Nails	
Thursday	9:15 Morning Movers with 1 Deanne 10:00 IN2L Games 11:45 Daily Perk 2:00 Scrabble	9:15 Moming Movers with 8 Deanne 10:00 IN2L Games 11:45 Daily Perk 2:00 Card Sharks	9:15 Morning Movers with 15 Deanne 10:00 IN2L Games 11:45 Daily Perk 2:00 What's Poppin' in the Main Dining Room	9:15 Morning Movers with 22 Deanne 10:00 IN2L Games 11:45 Daily Perk 2:00 Crazy Crafters	9:15 Morning Movers with 29 Deanne 10:00 IN2L Games 11:45 Daily Perk 1:15 Music Entertainment with James Hintz
Wednesday	T MY nursing HOME	9:15 Morning Movers with 7 Deanne 10:15 Board Games 11:45 Daily Perk 11:30 Resident Council 2:00 Crazy Crafters 6:45 10-Point Pitch	9:15 Morning Movers with 14 Deanne 11:45 Daily Perk 2:30 Valentine Social 6:45 10-Point Pitch HAPPY Calentine	9:15 Morning Movers with 21 Deanne 10:15 Scrabble 11:45 Daily Perk 2:00 What's Poppin' in the Main Dining Room 6:45 10-Point Pitch	9:15 Morning Movers with 28 Deanne 10:15 Board Games 11:45 Daily Perk 2:00 "Wine & Cheese" Please 6:45 10-Point Pitch
Tuesday	Activities and start times are subject to change without notice. Please see the markerboard in the main entrance for updated changes.	9:15 Morning Movers with 6 Deanne 10:00 Trivia 11:45 Daily Perk 2:30 Bingo	9:15 Morning Movers with 13 Deanne 10:00 Trivia 11:45 Daily Perk 2:30 Bingo 3:30 King Cake Social	9:15 Morning Movers with 20 Deanne 10:00 Trivia 11:45 Daily Perk 2:00 Card Sharks	26 9:15 Morning Movers with 27 Deanne 11:45 Daily Perk 2:00 Card Sharks 3:30 National Strawberry Day Treat
Monday	MARKE 1891	9:00 Catholic Mass 5 9:30 Morning Movers with Deanne 11:45 Daily Perk 2:00 Merrymakers presents: Mike McKracken	9:00 Catholic Mass 12 9:30 Morning Movers with Deanne 11:45 Daily Perk 2:00 Card Sharks	9:00 Catholic Mass 19 9:30 Morning Movers with Deanne 11:45 Daily Perk 1:00 Scatter Joy Acres Animal Visits 2:30 Bingo	9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 2:30 Bingo
Sunday	FFEL	Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship	Magazine/ Newspaper 11 Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship 6:30 Super Bowl on CBS	Magazine/ Newspaper 18 Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship	Magazine/ Newspaper 25 Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship



**Covid-19 Note—**Covid-19 continues to spread throughout the community. Please consider and discuss the new Covid vaccine with your physician. Please protect our residents by not visiting if you have ANY symptoms of Covid or have tested positive for Covid recently.