

the Best Care for Mom & Dad



Residents enjoyed an afternoon of entertainment provided by the Dancing Grannies. "The Omaha Dancing Grannies is a group of mature tap dancers who perform to brighten the lives of seniors and others who appreciate the 'seasoning' of age." The group dances to music that is familiar to everyone. Family members also joined in the fun. It was a great afternoon filled with smiles and laughter.

Dementia Therapy Care Options

Namaste Care™ is a program designed to improve the quality of life for people with advanced dementia. In October, we invited Joyce Simard, international speaker and developer of Namaste Care™, to speak with staff and families. She shared how to provide ***meaningful activities and bring pleasure to people with advanced dementia on a daily basis.*** Some of the activities include sensory experiences, nourishment, and beverages. Ask us about how we are using these techniques. We're always striving to improve the quality of life of our residents!

EDUCATION CORNER



Making The Difference!

♥ AMANDA BARTEK

HOME TOWN
Mead, Nebraska

WORK HISTORY

Amanda has worked at Saunders Medical Center-LTC for 3 years as a CNA and 2 years as an LPN. She passes medications, provides treatments, and cares for the residents.

THE BEST PART OF MY JOB

Being able to spend time with residents 1-on-1 and make them smile. She has always been one to want to help others. Working in healthcare allows Amanda to do that.

MY FAMILY AND INTERESTS

Amanda has two daughters: Ayana, 5 and Brielle, 1. She has been married to her high school sweetheart, Bryant, for 5 years.

Amanda is currently working on her RN degree and will be done in February! Way to go!

Amanda is pictured above with resident Anita Dahl.

SAUNDERS
MEDICAL CENTER
Long Term Care

November 2017

Activities are subject to change without notice.

1	Happy Birthday Mary Ann Schense	2	3	4
11:10	Bible Study	10:00 Ladies Coffee	10:00 Busy Bakers	11:30 Walk To Dine
11:30	Walk To Dine	11:30 Walk To Dine	11:30 Walk To Dine	Family Visits
2:30	The Links /Merry Makers	Exercise with Dylan	Karaoke with	Self Directed Activity
5:00	Walk to Dine	3:00 Shopping trip to Dylan	Beer, Chips & Dip	Walk to Dine
5:30	Mollie B Polka Show	Family Dollar	Social Hour	Reno's Old Time Music
	One to One with Sue	Walk To Dine	Walk to Dine	Show Ch 22
				NEBRASKA VS NORTHWESTERN

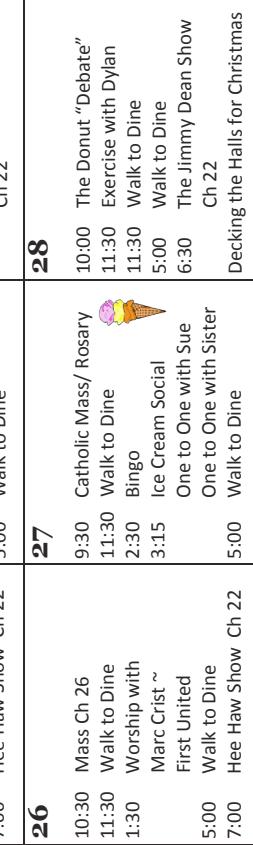
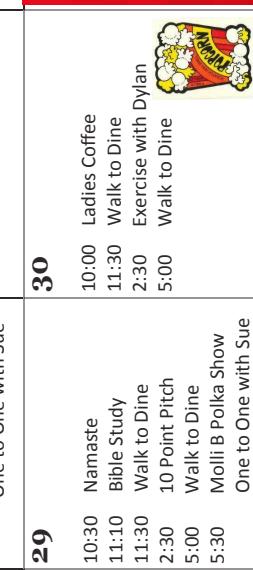
5	9:30 Catholic Mass Followed by Rosary	6	7	8
10:30	Mass Ch 26	10:00 The Donut "Debate"	10:30 Namaste	10:00 Busy Bakers
11:30	Walk to Dine	11:30 Exercise with Dylan	11:30 Walk to Dine	11:30 Walk to Dine
1:30	Worship with Brian Kottas ~	11:30 Walk to Dine	Exercise with Dylan	Karaoke with
	Ceresco United Methodist Church	2:00 Library Talk with Denise	2:30 IN2L Computer Games	Beer, Chips & Dip
2:30	Walk to Dine	5:00 Walk to Dine	5:00 Walk to Dine	Social Hour
3:15	Ice Cream Social	6:30 The Jimmy Dean Show	5:30 Mollie B Polka Show	Walk to Dine
	One to One with Sue	Ch 22	One to One with Sue	
5:00	One to One with Sister			
5:00	Walk to Dine			
7:00	Hee Haw Show Ch 22			

9	10	11	12	13
10:00 Ladies Coffee	10:00 Ladies Coffee	10:00 Ladies Coffee	10:00 Ladies Coffee	10:00 Ladies Coffee
11:30 Walk To Dine	11:30 Walk To Dine	11:30 Walk to Dine	11:30 Walk to Dine	11:30 Walk to Dine
2:30 Exercise with Dylan	2:30 Exercise with Dylan	2:30 Exercise with Dylan	2:30 Exercise with Dylan	2:30 Exercise with Dylan
3:00 Shopping trip to Dylan	3:00 IN2L Computer Games	3:00 Kings in the Corner	3:00 Gilly and the	3:00 Popcorn &
5:00 Family Dollar	5:00 Walk to Dine	5:00 Walk to Dine	5:00 Walk to Dine	5:00 Social Hour
5:30 Walk To Dine	5:30 Mollie B Polka Show	5:30 Mollie B Polka Show	5:30 Mollie B Polka Show	5:00 Walk to Dine
	One to One with Sue			

14	15	16	17	18
10:00 The Donut "Debate"	10:30 Namaste	10:00 Ladies Coffee	10:00 Busy Bakers	10:00 Busy Bakers
11:30 Exercise with Dylan	11:10 Bible Study	11:30 Walk to Dine	10:30 Namaste	11:30 Walk to Dine
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2:25 St. Wenceslaus Readers	2:30 Walk to Dine	2:30 Exercise with Dylan	2:30 Marcene Havelka	2:30 Accordion Jam Hour
2:30 Bingo	5:00 Walk to Dine	5:00 Out to Eat at Acapulco	3:00 Beer, Chips & Dip	3:00 Social Hour
3:15 Ice Cream Social	6:30 The Jimmy Dean Show	5:00 Walk to Dine	5:00 Walk to Dine	5:00 Walk to Dine
	Ch 22	5:30 Mollie B Polka Show		
One to One with Sue		One to One with Sue		
One to One with Sister				
5:00 Walk to Dine				
5:00 Walk to Dine				
7:00 Hee Haw Show Ch 22				

19	20	21	22	23
10:00 The Donut "Debate"	10:30 Namaste	10:00 Ladies Coffee	9:30 First Presbyterian	9:30 First Presbyterian
11:30 Exercise with Dylan	11:10 Bible Study	11:30 Walk to Dine	Service and Fellowship	Service and Fellowship
11:30 Walk to Dine	11:30 Walk to Dine	11:30 Walk to Dine	Ladies Coffee	Ladies Coffee
2:30 Bingo	2:00 Cute Crafts	2:30 Walk to Dine	10:00 Walk to Dine	10:00 Walk to Dine
3:15 Ice Cream Social	5:00 Walk to Dine	3:00 Walk to Dine	11:30 Exercise with Dylan	11:30 Exercise with Dylan
	6:30 The Jimmy Dean Show	5:30 Mollie B Polka Show	5:00 Walk to Dine	5:00 Walk to Dine
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SAUNDERS
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Long Term Care

I **LOVE** **MY** **HOME**
Nursing Home

TOURS DAILY!
443-4685

If you would like to tour our facility or be on our mailing list to receive our newsletter & calendar, please call Karen at 402 443-4685 or email LTC@smcne.com.