



Be Well.

A photograph of a family walking on a gravel path that runs along a body of water. In the foreground, a young girl with blonde hair, wearing a maroon dress and brown boots, is running towards the camera with a joyful expression. Behind her, a man in a grey shirt and a woman in a black top are walking. The woman is holding a baby. The path is bordered by rocks on the left and grass on the right. The water is calm, and the sky is clear. The overall mood is peaceful and healthy.

Taking Care of Families as if Our Own.

Living a healthy lifestyle and taking care of family is the mission of Amanda Bartek, LPN. She and her family: husband Bryant, Ayana and baby Brielle, join her at Lake Wanahoo. She has taken care of her residents—her extended family—at Saunders Medical Center's Long Term Care for over 5 years.



OUR MISSION

*To improve the health of the people
of Saunders County & beyond
by providing convenient and timely access
to high quality comprehensive care
with exceptional service
& compassion.*

From housekeeping to nursing care to our medical team, we truly "Take Care of Families as if Our Own." We do this with great pride. **As the largest employer in Saunders County, Saunders Medical Center has a team of 240 of your neighbors who take pride on a daily basis to provide superb care to help you Be Well.**

Continued growth, expansion and changing technologies in the healthcare industry allow us to provide the best care possible. Here are a few examples:

- **Multiple Sclerosis Clinic** — Serving individuals from Colorado to Iowa and Kansas to Nebraska, Mary Filipi, PhD, MS, APRN has worked for over 20 years specifically with MS patients and their families. She is a leader in MS research.

Melissa Fulton, APRN-C has joined the team at the MS Clinic to provide additional care. Her experience has been primarily with urology—including neurogenic bladder.

- **When it's an emergency,** it is best to not have to battle the elements of Nebraska's weather. The Saunders Health Services Foundation worked with the community to raise the funds to create an enclosed ambulance bay. It was completed in November, 2016. We say, "Thank you!"

- **Our Clinical Health Coaches** have advised and changed the lives of hundreds of patients. This is a **free service** to our community. Coaching keeps patients on the path to wellness, and helps avoid emergency care. If you have a new diagnosis you are learning to deal with such as diabetes, or if you seek to lose weight to prevent further health issues, they will work with you to meet your health goals through education and coaching.

- **Need a new knee or shoulder replacement?** Superb physicians come from the top orthopaedic offices to serve you. No need to do the driving....just come here for your education, surgery and rehabilitation.

Saunders Medical Center looks forward to serving you in the years to come. If you have a need or a concern, never hesitate to contact me or anyone on our Leadership Team.

Be Well.

Tyler Toline
CEO, SAUNDERS MEDICAL CENTER

Seeking a provider that truly cares about you?

*Look no further. These top providers chose small town care over the large city. They enjoy being a part of our community, schools and organizations. But most of all, they seek to help you to *Be Well*.*

YOUR FAMILY CARE TEAM



Tyler Hauswald, PA-C
WAHOO CLINIC



Leo Meduna, M.D.
WAHOO CLINIC



Nate Kotera, PA-C
WAHOO CLINIC



Greg Nabity, PA-C
WAHOO CLINIC



Mary Filipi, PhD, APRN-C
WAHOO CLINIC - MS



Greg Precht, M.D.
ASHLAND CLINIC



Melissa Fulton, APRN-C
WAHOO CLINIC - MS



Abby Chase, DNP, APRN-C
ER/WAHO CLINIC

SAUNDERS
MEDICAL CENTER

Be Well.

Dedication. Expertise. Superb Care.
Our family physicians and physician assistants have been regularly described as having these qualities! Truly, our providers go above and beyond when taking care of their patients. **They treat their patients as if family.**

Saunders Medical Center recruits top quality providers who seek the benefits of small town living. See our list of providers to the right and go online to learn more about them!

<http://saundersmedicalcenter.com/clinic/providers>

(Right) Patient Hannah Thulin with her provider, Dr. Leo Meduna, who has served the community for over 25 years.

An important investment



\$757,355

Community Benefits Provided
Over the Past 10 Years



Top Quality Care. So we both needed knee surgery....and we sure didn't want to do all that driving. Plus, they treated us like family.

Saunders Medical Center recruits top quality surgeons who travel to our facility on a regular basis for pre- and post-care...in addition to the surgery. See our list of providers online to learn more!

(Above) Patient Donna Novotny had a double knee replacement right here in Wahoo. She worked with Dr. Koch to schedule it before her trip to Honduras with her grandchildren. She was thankful to be able to truly enjoy her vacation—she felt like new!

Happy Knees = A Happy Life for Donna Novotny!

I am just in my 60's and gradually it was getting harder and harder to walk. My knees were wore out. The doctor encouraged me to wait as long as I could. It was about eight months that I had difficulty walking. One day after shopping with my grandchildren and taking too much medication, in my opinion, I called Dr. Koch again.

After further review we decided it was time. I could hardly walk anymore. I attended an informational joint class meeting that answered all my questions. This was calming. They provide you with a book that directed me through the whole process. From two weeks prior to the surgery to when I started my exercise. All my questions were answered! I was ready!

I had my first knee replaced in September and the next in November.... just in time for our trip.

It was a wonderful, wonderful experience! They treated me like a queen! Everyone at SMC, Dr. Koch to the physical therapy team were wonderful to work with. I tell all who are hurting, don't put it off—you will feel like new again!

Now I can do anything! We can go! I highly recommend Saunders Medical Center for anyone needing a joint replacement.

—Donna Novotny

DOUBLE KNEE REPLACEMENT

Saunders Medical Center Orthopaedic Patient

Let the doctors do the driving!



Dr. Douglas Koch
ORTHOPAEDIC SURGEON



Seriously, they come to you. Dr. Douglas Koch meets with patients pre- and post-op in addition to completing knee-hip-shoulder surgeries right here. He has performed over 18,000 surgeries in his career.

Before any joint replacement, SMC holds an informational session that answers all your questions—from how long will it take to recover, what to do each week prior and after surgery, and so much more. If you are interested in learning more about our joint replacement options, talk to your Primary Care Doctor at the clinic or call 402 443-4191.

**Total Joint Replacements | Shoulder and Knee Scopes
Rotator Cuff Repair | Carpal Tunnel Repair
Sports Medicine**



Healthcare is constantly evolving.

With roots stretching back to 1951, Saunders Medical Center continues to change in response to your changing healthcare needs. A staff of over 240 provides care from infant to end of life, and every stage in between.

But most of all, we always seek to help you
Be Well.

LAST YEAR *by the numbers*

333
Hospital
Admissions

395
Surgeries
Performed

2,212
Emergency
Room Visits

20,045
Provider
Visits



DR. PAUL KAMPFE
General Surgery



DR. DOUG KOCH
Orthopaedic Surgery
Total Joint
Replacements



DR. DAVID SJULIN
Ear, Nose, Throat
(ENT)



DR. GREGORY HEIDRICK
Gynecological
Surgery



DR. REBECCA A. EHLERS
Gastrointestinal
Procedures
Colonoscopies



DR. BENJAMIN
BIXENMANN
Neurosurgery



DR. CHAD EICHER
Pain Management,
Radiology &
Biopsies



DR. MICHAEL LANKHORST
Pain Management



DR. LANCE WIEBUSCH
Bladder Scopes
Urology Surgeries



STEVEN MEINHOLD, DPM
Foot Care

create a LIFE PLAN TO manage your MS



With access to MRI's, lab, pharmacy, infusion and physical therapy services—an appointment with our MS Clinic is convenient and comprehensive.

Multiple Sclerosis Certified Specialist, Dr. Filipi welcomes Melissa Fulton to our expanding MS Clinic! She specializes in urology. Call 402 443-4191 to schedule an appointment with our MS Clinic.



Mary Filipi, PhD, APRN-C



Melissa Fulton, APRN-C

From Cardiology to Dermatology, Pulmonology to Oncology... we have you covered!

See even more specialists at
SaundersMedicalCenter.com

OUR PASSION FOR HEALING IS WHAT SETS US APART.




Healthcare can be complicated.

We make it simple. Saunders Medical Center brings everyone together—patients, families, doctors, nurses, dieticians, clinical health coaches, long term care, physical therapists, and more!


But most of all, we always work together to help you—*Be Well.*

LAST YEAR


by the numbers




360
Clinical Health Coaching Sessions




1,164
Influenza Vaccinations



8,235
X-Rays, CTs, MRIs & Mammograms



10,791
Therapy Services



201
Community Wellness & Sports Endurance Participants

STATEMENT OF OPERATIONS	
For the Year Ended 6/30/16	
We received revenue from—	
Inpatient revenue	2,807,537
Long term care revenue	4,120,745
Outpatient revenue	18,109,630
Clinic revenue	3,902,532
Other operating revenue	2,698,046
TOTAL Gross Revenue	\$31,638,490
What we did not collect—	
Billing agreements with government and commercial insurance (contractual adjustments)	6,238,146
Patients failed to pay (bad debt)	604,832
Patients were unable to pay (community benefit adjustments)	71,475
TOTAL Uncollected	\$6,914,453
Net Operating Revenue	\$24,724,037
We had operating expenses for—	
Salaries, wages, and temporary staffing	11,519,337
Employee benefits	3,219,040
Supplies, services and other	7,953,020
Depreciation	1,369,804
Interest	417,984
TOTAL Expenses	\$24,479,185
Operating Income	\$244,852
Other Income—	
Investment income	15,681
Contributions	59,777
TOTAL Other Income	\$75,458
Amount retained for improvement of services and facilities	\$320,310

INVESTMENTS



Cash & Cash Equivalents	\$4,895,574
Cash & Investments Held by County for Debt Service	\$3,278,890
Certificates of Deposit	\$221,013

REVENUE BY PAYER



Medicare	41%
Medicaid	15%
Insurance	30%
Self Pay	6%
Other	8%

Serving all of Saunders County & beyond!
Ashland | Prague | Yutan | Ceresco | Valparaiso | Weston
Cedar Bluffs | Morse Bluff | Memphis | Colon | Ithaca
Wahoo | Mead | Malmo | Leshara

Be Well.



CLINIC | HOSPITAL | LONG TERM CARE

1760 County Road J Wahoo, NE 68066

402 443-4191

SaundersMedicalCenter.com



Simple procedures that can save your life: Colonoscopies and Mammograms.

Colon cancer is easily detected and most commonly cured. Colonoscopies are typically recommended to start at age 50 and then every 10 years.

Call to inquire about our new GI specialist. We perform gastrointestinal procedures, colonoscopies and EDGs.

Mammograms are generally recommended annually after age 40. If you have a family history talk to your primary care physician today to create an individualized screening plan!

Cancer Prevention & Early Detection.

*It's important to take time for your health. Whether it is time for a colonoscopy or a mammogram, Saunders Medical Center has the **highest quality equipment in the industry** and top healthcare providers to get the information you need.*

Early detection and healthy lifestyles assist in the best possible outcomes. We only seek for our community, our family to

Be Well.